

Healthy Habits for Life

Grant Application



BlueCross BlueShield of Kansas Foundation

An Independent Licensee of the Blue Cross and Blue Shield Association.

The Healthy Habits for Life grant program, created by the Blue Cross and Blue Shield of Kansas Foundation, is offering a total of \$25,000 in grants to assist school nurses in promoting healthy lifestyle choices to their students. The foundation will work with representatives from the Kansas School Nurse Organization in selecting worthy recipients and will announce recipients in October 2007. Grant funds will be distributed in October and can be used for programs administered during the 2007-2008 academic year.

Section I

Name _____ Title _____

School District No. _____ School _____

Tax ID No. _____ County _____

School Street Address _____ City _____ State ____ ZIP Code _____

Work Phone (____) _____ Home Phone (____) _____






E-mail Address _____

Principal's Name _____ Principal's Telephone (____) _____

Section II

Application Process

Grant applications are limited to this application form plus a **maximum** of four additional pages (double-spaced) for a written proposal addressing each of the following areas:

-  An overview of a program that encourages a healthy lifestyle that would address at least one of the following:
 - Reduce cardiovascular risk factors
 - Promote physical activity
 - Encourage healthy eating habits
-  An outline of well-defined goals to a specific target population with appropriate activity
-  An illustration that the program is appropriate within the scope of the school nurse's work responsibilities
-  An explanation indicating how the effectiveness of the program will be measured
-  A detailed budget showing how the requested funds will be spent

Section III

Completed applications must be postmarked no later than **Sept. 10, 2007**, and mailed to:

Marlou Wegener
Grant Coordinator
Blue Cross and Blue Shield of Kansas Foundation
Mailstop 529B4
1133 SW Topeka Blvd.
Topeka, KS 66629-0001