

*You may be able to save money* from your current fitness center or health & wellness practitioner simply because you are a member of Blue Cross and Blue Shield of Kansas. Resource Blue is the value-added discount and health & wellness awareness program available absolutely free to BCBSKS members.

With Resource Blue, you can get discounts for a variety of fitness, complementary and alternative medicine services. If you use services ranging from acupuncture to massage or if you belong to a health club, check out the list of fitness centers and practitioners who offer discounts to BCBSKS members at [bcbsks.wholehealthmd.com](http://bcbsks.wholehealthmd.com). If you don't see your practitioner or fitness center on the list, you can nominate the person or facility using an easy online form.



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