



6/07

New to ResourceBlue



An Independent Licensee of the Blue Cross and Blue Shield Association.

Health Assessments

Since the inception of Resource Blue, members have been able to take a confidential health assessment to get a better picture of their health. Now, spouses and dependents over age 18 who are covered on a member's plan can participate!

To get started, go to the Health & Wellness section of Resource Blue and click on the health assessment link. Simply complete a quick, comprehensive questionnaire to get a detailed profile portraying a snapshot of your current health and health risks, as well as tips and advice on how you can minimize those risks.

Go to www.bcbsks.com/resourceblue to learn more!



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