

Premier Blue*

June 28, 1999

PB-4-99

TO: Premier Blue Family Practice &
OB-GYN Physicians

FROM: Premier Blue Medical Management Committee

SUBJECT: Premier Blue Reference Guide For The Periodic
Health Examination of Pregnant Women

As you already know, prenatal care, early detection and intervention during pregnancy have become well established among health care providers as an avenue for reducing the risk of birth defects, pre-maturity, and the delivery of low birth weight babies.

The attached Premier Blue Reference Guide for the Periodic Health Examination for Pregnant Woman was developed by Premier Blue staff and contracting health care providers, including family practice and OB-GYN physicians, to improve prenatal care while reducing the need for expensive newborn intensive care, and improve birth outcomes.

These prenatal recommendations were developed using current national guidelines provided by the U.S. Preventive Services Task Force, American Academy of Pediatrics, American College of Obstetricians and Gynecologists, and the Center For Disease Control and Prevention to ensure a sound scientific foundation. These guidelines will be evaluated annually and updated as appropriate to ensure new data and information is incorporated. Updated guidelines will be distributed to family practice and OB-GYN physicians annually.

We encourage you to take a few minutes to review and familiarize yourself with the Reference Guide and to keep it readily available as you provide the best prenatal care to our Premier Blue members. If you have any suggestions, we would appreciate your input.

Thank you.

QUESTIONS:

Contact your Professional Relations Representative, or the Professional Relations Hotline at **1.800.432.3587**, or in the Topeka area, **785.291.7060**.

OUR WEB ADDRESS:

<http://www.bcbsks.com>

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