Kansas State Employee Health Plan: Plan J

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage for: Individual/Family Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the State Employee Health Plan Summary Plan Description that contains the complete terms of this plan. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other bolded terms please call 1-800-332-0307.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	<u>Network</u> : \$500 Individual / \$1,000 Family. <u>Non Network</u> : \$1,000 Individual / \$2,000 Family. Doesn't apply to preventive care.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes, preventive care with network providers.	You will have to meet the <u>deductible</u> before the plan pays for any services. This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical and Pharmacy combined <u>Out of</u> <u>Pocket</u> : <u>Network</u> :\$7,350 Ind. / \$14,700 Family <u>Non Network</u> : \$10,000 Ind. / \$20,000 Family <u>Network</u> and <u>Non-Network</u> accumulators apply separately	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of preferred providers, see <u>www.bcbsks.com</u> or call 1-800-332-0307.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

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Important Questions	Answers	Why this Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

0		What You Will Pay		Limitations Frequetions 9 Other Iron artest	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
lf you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
	<u>Specialist</u> visit	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
	Preventive care/screening/immunization	\$0 copayment	Deductible plus 50% coinsurance	Mammograms and Pap Smears - Not limited to once per year / in <u>Network</u> 100% regardless of diagnosis. Immunizations with <u>Non Network</u> providers covered in full up to age 6 only.	
If you have a test	Diagnostic test (x-ray, blood work)	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	After <u>deductible</u> , lab services paid at 100% when using preferred labs (Quest, Stormont Vail, and The University of Kansas Hospital System).	
	Imaging (CT/PET scans, MRIs)	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
	Generic drugs	Deductible plus 20% coinsurance (retail or mail order)	Deductible plus 20% coinsurance on the plans allowed charge	First fill is a 30 day supply at retail and mail. A 90 day supply is allowed at retail and mail for subsequent refills.	
If you need drugs to treat your illness or condition	Preferred brand drugs	Deductible plus 35% coinsurance (retail or mail order)	Deductible plus 35% coinsurance on the plans allowed charge	<u>Deductible</u> : \$500 Individual / \$1,000 Family. <u>Out-of-Pocket Maximum:</u> \$7,350 Individual / \$14,700 Family	
More information about prescription drug coverage is available at <u>www.caremark.com</u>	Non-preferred brand drugs	Deductible plus 60% coinsurance (retail or mail order)	Deductible plus 60% coinsurance on the plans allowed charge	Contraceptives : Covered with 0% member coinsurance. Non Preferred Contraceptives : Covered subject to 60% member coinsurance. Compound Medications covered only at a Network Pharmacy.	
	Specialty drugs	Deductible plus 40% coinsurance per 30 day supply.	none	All fills must be filled through CVS Caremark Specialty (1-800-237-2767).	

[* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsks.com</u>.] **Questions:** Call **1-800-332-0307** or visit us at <u>www.bcbsks.com</u>. If you aren't clear about any of the **bolded** terms used in this form, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call **1-800-326-2088** to request a copy.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
	Physician/surgeon fees	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
	Emergency room care	Deductible plus 25% coinsurance	Deductible plus 25% coinsurance	Must meet emergency criteria.	
If you need immediate medical attention	Emergency medical transportation	Deductible plus 25% coinsurance	Deductible plus 25% coinsurance	Must meet emergency criteria.	
	<u>Urgent care</u>	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
If you have a hospital stay	Facility fee (e.g., hospital room)	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
n you have a hospital stay	Physician/surgeon fees	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
lf you need mental health, behavioral health, or substance abuse services	Outpatient services	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
	Inpatient services	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required for inpatient services. For help call New Directions at 1-800-952-5906.	
lf you are pregnant	Office visits	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Medical necessity is required for stays longer than 48/96 hours.	
	Childbirth/delivery professional services	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Medical necessity is required for stays longer than 48/96 hours.	
	Childbirth/delivery facility services	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Medical necessity is required for stays longer than 48/96 hours.	

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C ommon	Services You May Need	What Yo	u Will Pay	Limitations, Exceptions, & Other Important	
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior authorization may be required.	
	Rehabilitation services	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior authorization required.	
If you need help recovering	Habilitation services	Not covered	Not covered	Unless under Autism rider of the policy.	
or have other special health needs	Skilled nursing care	Not covered	Not covered		
	Durable medical equipment	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior Authorization required.	
	Hospice services	Deductible plus 25% coinsurance	Deductible plus 50% coinsurance	Prior Authorization may be required. Inpatient Hospice care limited to 6 months.	
If your child needs dental or eye care	Children's eye exam	\$0 copayment for first annual visit, then deductible plus 25% coinsurance	Deductible plus 50% coinsurance		
	Children's glasses	Not Covered	Not Covered		
	Children's dental check-up	Not covered under Medical Plan	Not covered under Medical Plan		

Excluded Services & Other Covered Services:

Acupuncture	Cosmetic surgery	Dental care (Adult)
Hearing aids	Long-term care	Private-duty nursing
Routine foot care	Weight loss programs	
her Covered Services (Limitation n	nay apply to these services. This isn't a complete list.	Please see your <u>plan</u> document.)
her Covered Services (Limitation n Bariatric surgery	 nay apply to these services. This isn't a complete list. Infertility treatment 	 Please see your plan document.) Non-emergency care when traveling outside the U.S. See <u>www.bcbs.com/already-a-</u> member/coverage-home-and-away.html

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: TASC at 1-844-285-9985. You may also contact your state insurance department. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: TThere are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Customer Service at 1-800-432-3990 or you can visit <u>www.bcbsks.com/blueaccess</u>,

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax returns unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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Language Access Se	rvices:	
Spanish (Español):	Para obtener asistencia en Español, llame al	1-800-432-3990
Tagalog (Tagalog):	Kung kailangan ninyo ang tulong sa Tagalog tumawag sa	1-800-432-3990
Chinese (中文):	如果需要中文的帮助,请拨打这个号码	1-800-432-3990
Navajo (Dine):	Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne'	1-800-432-3990
	To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section	

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well- controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
The plan's overall deductible	\$500	The plan's overall deductible	\$500	The plan's overall deductible	\$500	
Specialist_coinsurance	25%	Specialist coinsurance	25%	Specialist coinsurance	25%	
Hospital (facility) <u>coinsurance</u>	25%	Hospital (facility) <u>coinsurance</u>	25%	Hospital (facility) coinsurance	25%	
Other coinsurance	25%	■ Other <u>coinsurance</u>	25%	Other <u>coinsurance</u>	25%	
This EXAMPLE event includes serv	This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		This EXAMPLE event includes services like:	
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical		
Childbirth/Delivery Professional Service	ces	disease education)		supplies)		
Childbirth/Delivery Facility Services		Diagnostic tests (blood work)		Diagnostic test (x-ray)		
Diagnostic tests (ultrasounds and blood work)		Prescription drugs		Durable medical equipment (crutches)		
<u>Specialist</u> visit		Durable medical equipment (glucose meter)		Rehabilitation services (physical therapy)		
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
<u>Deductibles</u>	\$500	Deductibles	\$500	Deductibles	\$500	
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	Copayments	\$0	
Coinsurance	\$3,000	Coinsurance	\$400	Coinsurance	\$600	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$70	Limits or exclusions	\$3,500	Limits or exclusions	\$10	
The total Peg would pay is	\$3,570	The total Joe would pay is	\$4,400	The total Mia would pay is	\$1,110	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

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