State Employee Health Plan: Plan C

Coverage Period: 01/01/2023 to 12/31/2023

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage for: Individual/Family Plan Type: PPO

mmary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. Please read the State Employee Health Plan Summary Plan Description that contains the complete terms of this plan. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other bolded terms please call 1-800-332-0307.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Network and Non Network for Single Policies: Deductible \$2,750. Network and Non Network for other Plans: Individual Deductible: \$3,000 / Family Deductible \$5,500. Doesn't apply to preventive care.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, preventive care with network providers.	You will have to meet the <u>deductible</u> before the plan pays for any services. This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No. There are no other specific <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical and Pharmacy combined Out of Pocket: Network: \$4,500 Ind. / \$9,000 Family Non Network: \$4,500 Ind. / \$9,000 Family Network and Non Network accumulators apply separately.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

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Important Questions	Answers	Why this Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of preferred providers, see www.bcbsks.com or call 1-800-332-0307.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What Yo	ou Will Pay	Limitations Evacutions 9 Other Immentant	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance		
If you visit a health care	Specialist visit	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance		
provider's office or clinic	Preventive care/screening/immunization	\$0 copayment	Deductible plus 50% coinsurance	Mammograms and Pap Smears - Not limited to once per year / in Network 100% regardless of diagnosis. Immunizations with Non Network providers covered in full up to age 6 only.	
If you have a test	Diagnostic test (x-ray, blood work)	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	After deductible, lab services paid at 100% when using preferred labs (Quest, Stormont Vail, and The University of Kansas Hospital System).	
	Imaging (CT/PET scans, MRIs)	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance		
	Generic drugs	Deductible plus 20% coinsurance (retail or mail order)	Deductible plus 20% coinsurance on the plans allowed charge	First fill is a 30 day supply at retail and mail. A 90 day supply is allowed at retail and mail for subsequent refills.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com	Preferred brand drugs	Deductible plus 35% coinsurance (retail or mail order)	Deductible plus 35% coinsurance on the plans allowed charge	Deductible: \$2,750 Individual / \$5,500 Family Out-of-Pocket Maximum: \$4,500 Individual/ \$9,000 Family Contraceptives: Covered with 0% member	
	Non-preferred brand drugs	Deductible plus 60% coinsurance (retail or mail order)	Deductible plus 60% coinsurance on the plans allowed charge	coinsurance. Non Preferred Contraceptives: Covered subject to 60% member coinsurance. Compound medications covered only at a Network Pharmacy.	
	Specialty drugs	Deductible plus 40% coinsurance per 30 day supply.	none	All fills must be filled through CVS Caremark Specialty (1-800-237-2767).	

^{[*} For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsks.com</u>.] **Questions: Call 1-800-332-0307** or visit us at <u>www.bcbsks.com</u>. If you aren't clear about any of the **bolded** terms used in this form, see the Glossary. You can view the Glossary at <u>www.cciio.cms.gov</u> or call **1-800-326-2088** to request a copy.

Common		What You Will Pay		Limitations Evacutions 9 Other Important	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
surgery	Physician/surgeon fees	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
	Emergency room care	Deductible plus 10% coinsurance	Deductible plus 10% coinsurance	Must meet emergency criteria.	
If you need immediate medical attention	Emergency medical transportation	Deductible plus 10% coinsurance	Deductible plus 10% coinsurance	Must meet emergency criteria.	
	Urgent care	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance		
If you have a hospital stay	Facility fee (e.g., hospital room)	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
ii you nave a nospitai stay	Physician/surgeon fees	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required.	
If you need mental health,	Outpatient services	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance		
behavioral health, or substance abuse services	Inpatient services	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization is required for inpatient services. For help call New Directions at 1-800-952-5906.	
	Office visits	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Medical necessity is required for stays longer than 48/96 hours.	
If you are pregnant	Childbirth/delivery professional services	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Medical necessity is required for stays longer than 48/96 hours.	
	Childbirth/delivery facility services	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Medical necessity is required for stays longer than 48/96 hours.	

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Home health care	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization may be required.	
	Rehabilitation services	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior authorization required.	
If you need help recovering or have other special health	Habilitation services	Not covered	Not covered	Unless under Autism rider of the policy.	
needs	Skilled nursing care	Not covered	Not covered		
	Durable medical equipment	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior Authorization required.	
	Hospice services	Deductible plus 10% coinsurance	Deductible plus 50% coinsurance	Prior Authorization may be required. Inpatient Hospice care limited to 6 months.	
If your child needs dental or eye care	Children's eye exam	\$0 copayment for first annual visit, then deductible plus 10% coinsurance	Deductible plus 50% coinsurance		
	Children's glasses	Not Covered	Not Covered		
	Children's dental check-up	Not covered under Medical Plan	Not covered under Medical Plan		

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
 Acupuncture 	Cosmetic surgery	Dental care (Adult)		
 Hearing aids 	Long-term care	 Private-duty nursing 		
Routine foot care	 Weight loss programs 			
Other Covered Services (Limitation n	nay apply to these services. This isn't a complete list.	Please see your plan document.)		
Bariatric surgery	Infertility treatment	 Non-emergency care when traveling outside the U.S. See www.bcbs.com/already-a-member/coverage-home-and-away.html 		
Routine eye care (Adult)	Chiropractic care			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: TASC at 1-844-285-9985. You may also contact your state insurance department. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Customer Service at 1-800-432-3990 or you can visit <u>www.bcbsks.com/blueaccess</u>,

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax returns unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

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Language Access Services:

Spanish (Español):	Para obtener asistencia en Español, llame al	1-800-432-3990
Tagalog (Tagalog):	Kung kailangan ninyo ang tulong sa Tagalog tumawag sa	1-800-432-3990
Chinese (中文):	如果需要中文的帮助,请拨打这个号码	1-800-432-3990
Navajo (Dine):	Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne'	1-800-432-3990

-To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.-

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> Specialist coinsurance 	\$2,750 10%	 The <u>plan's</u> overall <u>deductible</u> Specialist coinsurance 	\$2,750 10%	 The <u>plan's</u> overall <u>deductible</u> Specialist coinsurance 	\$2,750 10%
Hospital (facility) coinsurance	10%	Hospital (facility) coinsurance	10%	■ Hospital (facility) coinsurance	10%
■ Other <u>coinsurance</u>	10%	■ Other <u>coinsurance</u>	10%	■ Other coinsurance	10%
This EXAMPLE event includes services like:		This EXAMPLE event includes services like:		This EXAMPLE event includes services like:	
Specialist office visits (prenatal care)		Primary care physician office visits (including		Emergency room care (including medical	
Childbirth/Delivery Professional Service	ces	disease education)		supplies)	
Childbirth/Delivery Facility Services		<u>Diagnostic tests</u> (blood work)		Diagnostic test (x-ray)	
Diagnostic tests (ultrasounds and block	od work)	Prescription drugs		<u>Durable medical equipment</u> (crutches)	
Specialist visit		<u>Durable medical equipment</u> (glucose meter)		Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$2,750	<u>Deductibles</u>	\$1,900	<u>Deductibles</u>	\$2,750
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$1,000	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions \$70		Limits or exclusions	\$3,500	Limits or exclusions	\$10
The total Peg would pay is	\$3,820	The total Joe would pay is	\$5,400	The total Mia would pay is	\$2,760

The plan would be responsible for the other costs of these EXAMPLE covered services.

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