

Our Wichita County A.I.M.

Coalition's mission is "Inspiring Wichita Countians of all ages and backgrounds to live healthy, active lifestyles." We are accomplishing our mission through the three healthy habits A.I.M. stands for: add fruits and vegetables; increase activity; minimize screen time.

Community Perception

- Findings from the survey of food pantry users indicate:
- 87% of survey respondents who use the food pantry said meat, fresh fruit, and eggs are most important, but lack access to pantry staples like oils and spices when preparing meals.
 - The survey respondents noted that the top three barriers to accessing food distributions are long wait times in line, lack of transportation, and the days and times they're offered.
 - 78% of survey respondents reported that they or a household member are trying to follow a special diet. Of these respondents, half (50%) mentioned trying to follow a diabetic diet.

Wichita County



Healthy Eating



The **Aim Coalition**, as part of the *Pathways to a Healthy Kansas Initiative*, collaborates with the **Wichita County Food Bank** to offer healthier options and partners with the city to create **Safe Routes to Healthy Food**, facilitating access to nutritious meals.

Active Living



The **City of Leoti** received funding from the *Pathways to a Healthy Kansas Initiative* for safer walking and biking. Through efforts of the City of Leoti, **KDOT**, **USD 467 School District**, and *Pathways* team, the **Highway 96 Reconstruction Project** includes new sidewalks.

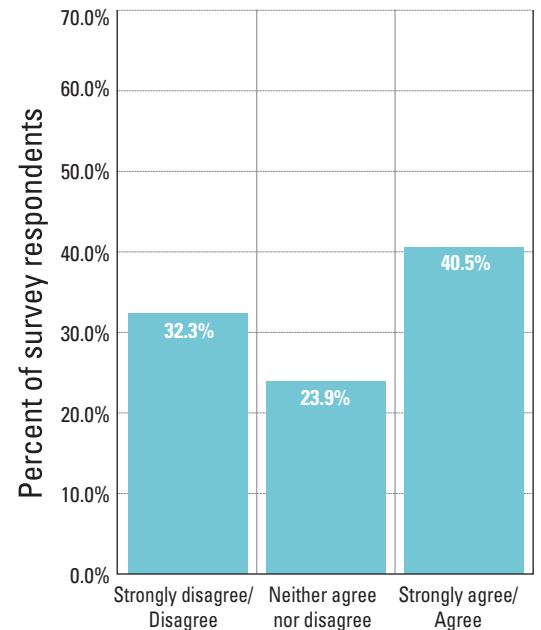


Commercial Tobacco Control



Thanks to the *Pathways* initiative, the **Wichita County Fair Board and Commissioners** proudly present the **Pavilion at the Fairgrounds**. This tobacco-free space promotes clean air and better health, and is accessible by foot, bike, and car. It's an ideal venue for community gatherings.

Initiative Wide: In general, my community has sufficient options for healthy eating.



Key findings:

Nearly one-in-three respondents across the 24 *Pathways* communities said their community does not have sufficient options for healthy eating.

Results are based on data from an initiative-wide survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in each of the 26 counties in which BCBSKS has funded coalitions as part of the *Pathways to a Healthy Kansas Initiative*. N = 3,708. The survey response rate was 5.3 percent. For this question, 3.2 percent of respondents did not provide an answer (blank response).



“Thanks to the *Pathways* grant, our community gained an amazing Pavilion that will get used for many things, and for years to come. It sits on the *Wichita County Fairgrounds*.”
— Russell Lewis
Wichita County Fair Board President



ADD FRUITS & VEGETABLES
INCREASE ACTIVITY • MINIMIZE SCREEN TIME

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6
Projects

\$210,000
Pathways Grant
Funding

\$90,964
In-Kind, Matching, and
Related Grant Funding

Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.
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