

Get Care 24/7 with Telehealth

Access to a doctor – anytime, anywhere.

Virtual care options

Blue Cross members have access to virtual care services through their own network provider or Amwell.

Amwell is convenient, affordable, private and secure.

Telehealth isn't meant to replace your primary care provider (PCP). It is designed to reduce non-emergency and walk-in clinic visits when your PCP isn't available.

Ask your doctor about their virtual visit options. Virtual visits are covered the same as in-office visits under your Blue Cross plan.



Patient benefits

- Less time away from work
- No travel expenses or time
- Easier if you have a child or elder in your care
- Privacy
- No exposure to other potentially contagious patients

When to use Amwell

Visit with a doctor and get prescriptions if you don't have a doctor or when your doctor isn't available, including after hours and weekends. Care is available 24/7.

Telehealth can be used for common conditions including:

- Cold/Flu
- Sinus infection
- Fever
- Pink eye
- Rash
- Ear infection



Register for free:
bcbsks.com/telehealth



bcbsks.com/state

Mental health services

Licensed therapists can provide advice and counseling for depression, anxiety, stress, relationship issues and more. Private and secure appointments are available seven days a week, 6 a.m. to 10 p.m. CT through Amwell.

Can my family use Telehealth?

Yes, if your spouse and/or children are covered under your Blue Cross plan.



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Visit us at bcbsks.com/state



Three ways to register

- 1 Download the Amwell app on any mobile device.
- 2 Visit bcbsks.com/telehealth
- 3 Call toll-free [844-733-3627](tel:844-733-3627)



Consult with a doctor by computer, tablet or phone

- Affordable, easy and convenient – available 24/7/365
- A choice of trusted, U.S. board-certified doctors and therapists
- Prescriptions as needed
- Easy payment: credit, debit or HSA/FSA cards accepted
- Patient records accessible

How much does it cost?

The out-of-pocket cost of an Amwell doctor or therapist visit depends on your plan type. Doctor visits using Amwell are \$10 for Plan A members. For Plan C, J and N members, visits start at \$67* per consultation.

* 2026 rates have not yet been finalized and may be subject to change.



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