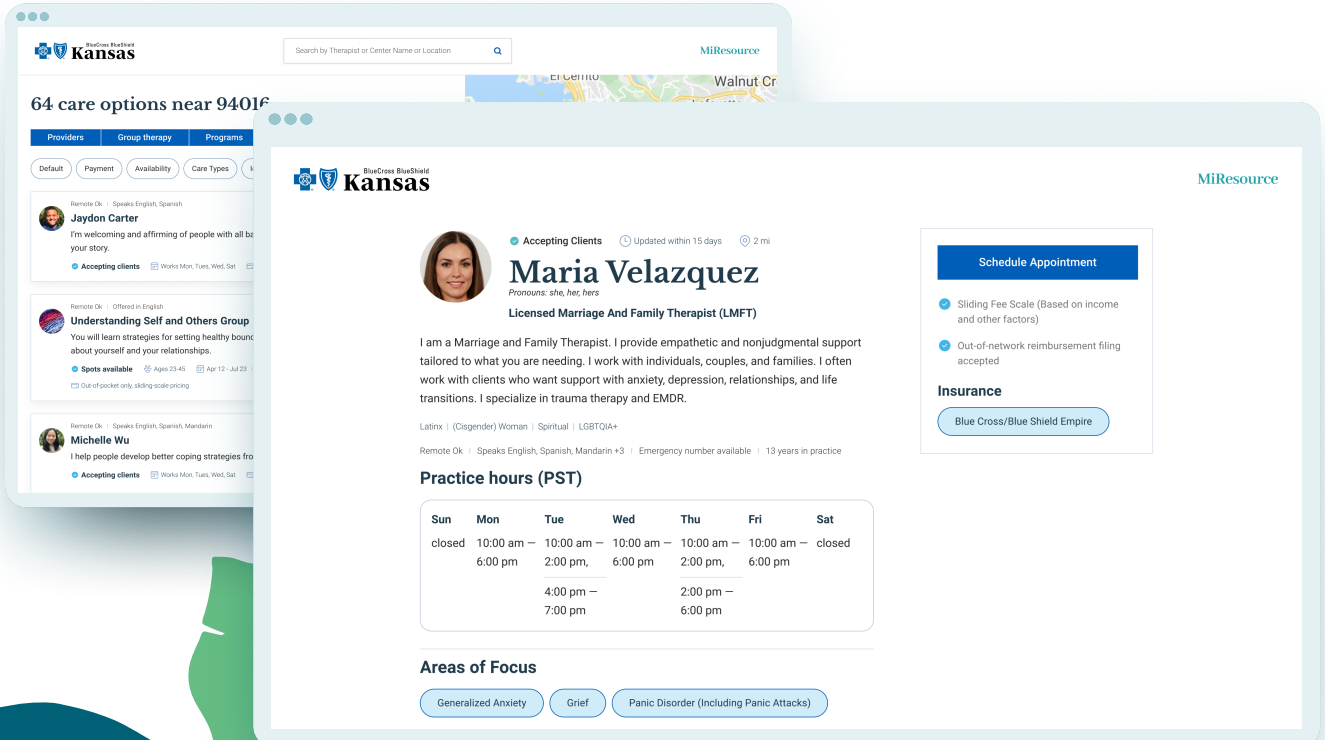


Mental health referrals made efficient and accurate.

To better connect our members with in-network mental health providers, BCBSKS has partnered with MiResource. MiResource helps guide patients through the process of identifying the right mental health care for their unique needs, whether it's their first time seeking care or they are reestablishing treatment.

You can provide your patients with direct access to up-to-date, in-network mental health care from talk therapy to medication management at **bcbsks.miresource.com**.



64 care options near 94016

Providers | Group therapy | Programs

Default | Payment | Availability | Care Types

Jaydon Carter
Remote OK | Speaks English, Spanish
I'm welcoming and affirming of people with all be your story.
Accepting clients | Works Mon, Tues, Wed, Sat

Understanding Self and Others Group
You will learn strategies for setting healthy bound about yourself and your relationships.
Spots available | Ages 23-45 | Apr 12 - Jul 23
Out-of-pocket only, sliding scale pricing

Michelle Wu
Remote OK | Speaks English, Spanish, Mandarin
I help people develop better coping strategies fro
Accepting clients | Works Mon, Tues, Wed, Sat

Maria Velazquez
Pronouns: she, her, hers
Licensed Marriage And Family Therapist (LMFT)
Accepting Clients | Updated within 15 days | 2 mi

I am a Marriage and Family Therapist. I provide empathetic and nonjudgmental support tailored to what you are needing. I work with individuals, couples, and families. I often work with clients who want support with anxiety, depression, relationships, and life transitions. I specialize in trauma therapy and EMDR.

Latinx | (Cisgender) Woman | Spiritual | LGBTQIA+

Remote OK | Speaks English, Spanish, Mandarin +3 | Emergency number available | 13 years in practice

Practice hours (PST)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
closed	10:00 am – 6:00 pm	10:00 am – 2:00 pm, 4:00 pm – 7:00 pm	10:00 am – 6:00 pm	10:00 am – 2:00 pm, 2:00 pm – 6:00 pm	10:00 am – 6:00 pm	closed

Areas of Focus

Generalized Anxiety | Grief | Panic Disorder (Including Panic Attacks)

Schedule Appointment

- Sliding Fee Scale (Based on income and other factors)
- Out-of-network reimbursement filing accepted

Insurance

Blue Cross/Blue Shield Empire

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