## 2022 Behavioral Health Workshop





### What can your Rep do for you

- Insurance billing education
- CAP mailing
- Policy Memos
- Medical Policies
- Documentation
- Coding
- Office Visits



### Availity

- Registration (www.Availity.com)
- Password Issues
- TIN / NPI Changes
- Name / Address Changes
- Questions Regarding other Payers
- 1-800-Availity





### **Availity/Blue Access - BCBSKS**

- Eligibility and Benefits
- Claim Status
- Search Patient by Name / Digital ID Card
- Update / Maintain Provider Information: 90 Day Attestation
- BAA Updates / Changes
- View / Print Remits
- QBRP Earned Report
- Resources





### **Electronic Funds Transfer (EFT)**

- Quicker Payment
- Less Paperwork
- Located on Availity, BCBSKS Provider Secure Section (Blue Access), Forms, Electronic Fund Transfer (EFT)
- BCBSKS is urging providers to set up
- Upon enrollment with BCBSKS network providers will be required to sign up for EFT payment.



### **Quality Based Reimbursement Program**

- Allows the Provider the opportunity for increased revenue
- Three Prerequisites (Claims, Remits, Newsletters)
- Group A
- Qualifying Periods for Each Measure Quarterly/Semi Annual
- QBRP Letter(s)
- HEDIS Measures
- Availity Eligibility/Claim Status Only



### **Provider Attestation**

Complete Attestation Quickly and Easily Using Blue Access!

#### **GETTING STARTED**

- 1. Login to Availity
- 2. Select Payer Spaces
- 3. Select Blue Cross Blue Shield of Kansas
- 4. Select BCBSKS Provider Secure Section (Blue Access)
- 5. Select **Organization** from drop-down menu
- 6. Select Submit
- 7. Select NPI/Organization from drop-down menu, if needed
- 8. Select Submit, if needed

ient Registration ~	Claims & Payments ~	My Providers ~	Reporting	2 Payer Spaces ~	Mo
Notification Cent	er			3 Success	
			You I		



### **Provider Attestation**

Applications Resources

News and Announcements

#### OBCBSKS Provider Page

Access Provider Directory, Medical Policies, Publications, e-News, Education/Workshops, Secure Email Message Center, ICD10 and More.

♡ BCBSKS Provider Secure Section (Blue Access) 4



Access Remittance Advice, BCBSKS Patient Identification Search, Provider Identification Search, Pre-Service Review, Provider Information, Dental...





### **Provider Attestation**





### Provider Attestation

#### Provider Information Form - Group

This form allows providers to update the information Blue Cross and Blue Shield of Kansas has on file.

Please only fill out the text fields to the right when there is information to update. The fields should be left blank if there are no changes.

To avoid being timed out, please complete this form in one sitting.

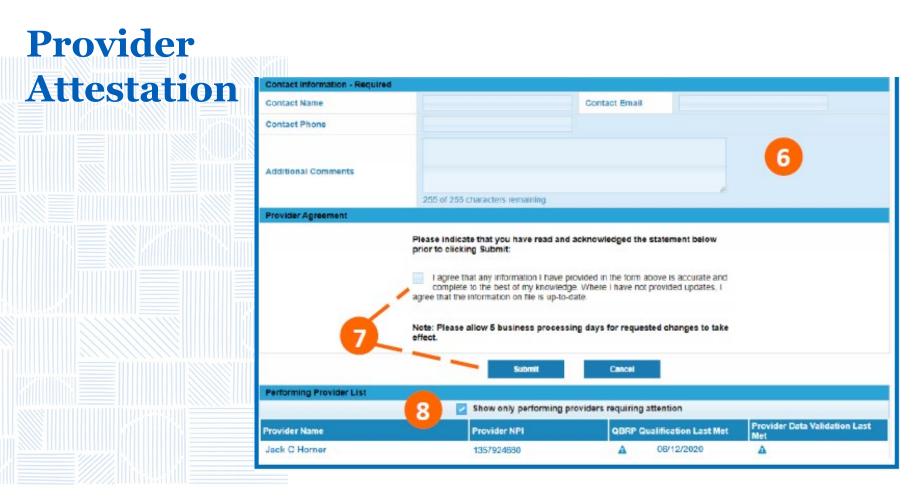
Submission of this form will count toward the following:

Provider Data Validation (Contractual Requirement) Submission deadline of September 30, 2021.



Tax ID	999999999	Billing NPI	1234567890
Group Name	ABCXYZ Internal Medicine Group	Legal Name as Reported to IRS	ABCXYZ Internal Medicine Group
Provider Type	Medical Doctor	Taxonomy Code	2085B0100X
Provider Speciality	Radiology		
Electronic Fund Transfer	No	Auto Deduct	Yes
Directory Print Indicator	Yes	Provider Representative	Peter Piper
Network Agreements	Competitive Allowance Program (CAP), Macicare Advantage		et to change based on Kansas License ract termination as outlined in Professiona tracting provider agreement
Correspondence Address			
Street Line 1	PO BOX 9999		
Street Line 2			
City	Wichita		
State	KS		
State ZIP Code	KS 67208		

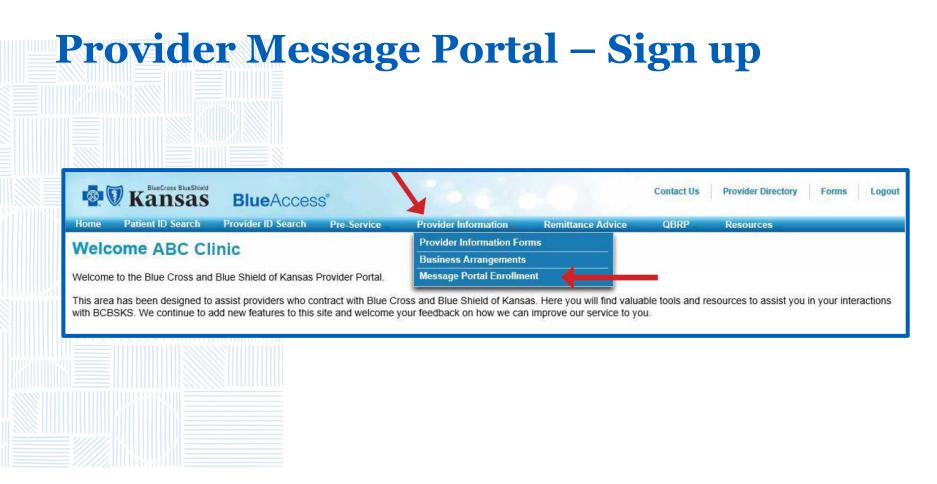
3





### **Electronic Provider Message Portal**

- Ability to upload records when requested via group email
- Replaces receiving a letter record request
- Registration beginning April 1, 2022
- Implementation May 1, 2022
- May 1 date of service driven incentive
- 1% QBRP Incentive
- Located in Blue Access
- Response required within 15 days of email

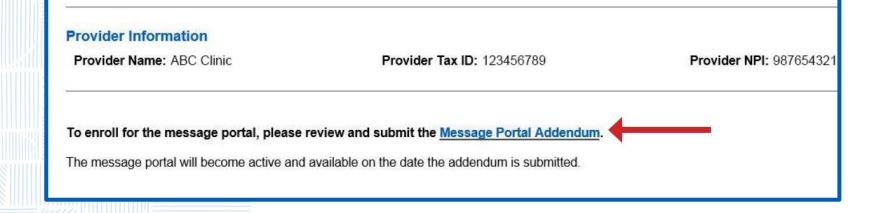




# **Provider Message Portal – Sign up**

Experience the Message Portal.

Please contact your provider relations representative with any questions you may have.





### **Provider Message Portal – Sign up**

#### SECTION V. PROVIDER SIGNATURE

#### **Message Portal Contact Information**

Provider Group Email Address (this will be used for any Message Portal notification emails)

#### **Submitter Information**

Name and Title

Phone Number

Email Address

By checking this box, you are agreeing to all of the Message Portal Terms and Conditions outlined above. Furthermore, checking this box also indicates that you have the complete authority to act on behalf of the company identified in SECTION I of this agreement and that the submitter information provided above is yours and can be treated as your digital signature.

BACK





### Telemedicine

- Patient requested not provider driven
- POS 02 or 10
- GT Modifier
- Provider must be licensed in the state the patient is located at time of service
- Telemedicine is service with audio, visual or audio/visual Does not include emails, faxes, or texts



### **Uniform Charging**

What constitutes a provider's usual charge?

• A discount to every patient without health insurance would be considered the "usual charge," and you must bill BCBSKS the same amount.

Concierge/Club Services are not to be offered to BCBSKS members

Are discounts acceptable?

- Yes, if they are based upon an individual patient's situation
- Community mental health centers and county health departments are allowed to use a sliding scale due to agency regulations
- Only collect deductible, co-payment, co-insurance, or non-covered services at the time of service



### **Limited Patient Waiver**

THE WAIVIER FORM MUST BE:

- 1. Signed before receipt of service.
- 2. Patient, service, and reason specific.
- 3. Date of service and dollar amount specific
- 4. Retained in the patient's file at the provider's place of business.
- 5. Presented on an individual basis to the patients. It may not be a blanket statement signed by all patients.
- 6. Acknowledged by patient that he or she will be personally responsible for the amount of the charge, to include an approximate amount of the charge at issue.

Note: If the waiver is not signed before the service being rendered, the service is considered a contractual provider write-off, unless there are extenuating circumstances.

### Limited Patient Waiver

Limited Patient Waiver					
Section 1 – Patient Information					
First Name	MI	Provider Name			
Last Name	Suffix	Provider Address			
Identification Number		City			
Provider NPI		State ZIP Code +4	-		
The provider must document in the patient record the d	liscussion	n with the patient regarding the following	ng service(s):		
Section 2 – Notice of Personal Financial Ob	ligation	(Please read before signing)			
I have been informed and do understand that the	charge(	s) for	bliance		
		ered because Blue Cross and Blue			
Not medically necessary	Patient-requested services				
Deluxe features (applicable to deluxe orthoped prosthetic appliances as specified in the memb contract) – the allowance for standard item(s) v applied to the deluxe item(s)	er	Utilization denials Experimental or investigationa	I		
It is my wish to have this service(s) performed eve	en thouc	th it will not be paid by BCBSKS.			
I understand that I will be held personally resp approximation only, based on the service(s) sched			This amount is an		
Options: Check only one box. We cannot choose	se for y	DU.			
Option 1: I want the service listed above. I al provided so that a determination of coverage			or the service		
Option 2: I want the service listed above, but I am responsible for the charge and have no					
Acknowledgment of personal financial obligation a by this or another provider(s).	applies t	o charge(s) for service(s) specified	above when performed		
further understand any additional service(s) coul	d affect	the amount of my financial respon	sibility.		
Your signature required Patient (Signature of parent/gua	rdian if of	her than natient)	Date Signed		
r avent (orginatore of parenogua		in one patients	Sare orgined		
I,	(wit	ness name), did personally observ	e and do certify the		
I, person who signed above did read this notice and			e and do certify the		
I,			e and do certify the		

**1** 

### **Documentation**

Records must:

Be legible in both readability and content.

Contain only those terms and abbreviations easily comprehended by peers of similar licensure.

Contain personal/biographical information in a consistent location including the following:

- Name (first and last), and DOB (date of birth) should be reflected on every page
- Home address, telephone number, place of employment, and marital status
- Medication allergies with reactions
- Appropriate consent forms, and Emergency Contact Information



### **Documentation**

Contain pertinent and significant information concerning the patient's presenting condition.

This should include:

- Documentation of at least on mental health status evaluation (e.g. patient's affect, speech, mood, etc.)
- · Past and present use of tobacco, alcohol and prescribed, and drugs, including frequency and quantity
- Psychiatric history
- Medication management including medication prescribed: quantity or documentation of no medication: and over the counter medication.

Indicate the initial diagnosis and the patient's initial reason for seeking the provider's care.

Document the treatment provided. This would include the start and stop times or total time on all timed codes per CPT nomenclature.



### **Documentation**

Treatment plan, including measurable goals, established time frames, and documentation of the patient's strengths and limitations in achieving the goals. Must be individualized for each patient. Document progress and how it related to the plan of care and diagnosis. Continuity and coordination of care, along with referrals to community outreach service or higher levels of care should be documented.

Medical records of minor patients should contain prenatal and parental events, developmental histories and evidence of family involvement. They must also contain informed parental consent for all prescribed medications.

Signature requirements: Must be legible, each entry must be authenticated by the author, and reflect who performed the service. The signature must also meet the criteria for handwritten, electronically signed, and digital signatures.

Rubber Stamp signatures are NOT permissible

NOTE: refer to the Behavioral Health and/or Substance Abuse manuals for full documentation requirements.



### **Documentation Errors**

Start and stop times or duration not documented

Not indicating changes to the treatment plan goals or if the goals remain the same

Not Indicating when the next follow up visit is and, as appropriate, any discharge planning

Failure to document the patient's presentation in each face-to-face encounter note. This should contain objective and subjective documentation of the patient's presentation.

Not being precise and updating the record as appropriate

Documentation must match the requirements of the CPT code. Please refer to the most current CPT code book for specific requirements. Refer to www.ndbh.com provider tab, for documentation on how to determine what codes are most appropriate.



- Online mental health provider directory
- Filtered by patient's specific needs/preference
- In-person or Telemed
- https://bcbsks.miresource.com





All the mental health care you'll ever need, someone good and available for you.

#### Providers Search All

ocation	Setting	Specialty
dd your city, zip, or address	Remote or in-person	All special

All specialties

### Not sure what you're looking for?

That's okay — most people don't. Answer a few questions, and we'll help you get started.





Q SEARCH



### Welcome to MiResource, an invitation-only referral database!

Our mission is to create better access to mental health care. We are passionate about connecting people to the right mental health care for their unique needs.

#### Perks of joining our community:



services

Exposure to clients/patients who meet your practice strengths

Free marketing for your

A referral tool to help you find additional care for your clients/patients

Access to an exclusive community of resources

services when your

Reduced requests for practice is full

Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Blue Cross and Blue Shield of Kansas contracts with MiResource to provide mental health resources to members, and is otherwise unaffiliated with Blue Cross and Blue Shield of Kansas.



#### Join in just three steps:

- 1 Create an account
- 2 Complete your profile
- 3 Start matching with clients!

#### CREATE ACCOUNT

I HAVE AN ACCOUNT

#### Have guestions?

Get them answered here. Watch our 3 min video on how to create a MiResource profile. Contact us at info@miresource.com



Tells us a little bit more about your expertise

 $\checkmark$ 

This helps us match you with clients in your areas of expertise.

#### **Provider types**



#### I prescribe medication

O Yes O No

#### Areas of expertise

You can keep adding more later.

Please select all that apply

#### Age groups you treat

Please select at least one.

Children (unde	er 10) Preteens (10-12)	Teens (13-17)	Young aduts (18-30)	Aduts (31-64)	Seniors (65+)
Ok 🗲	← Press Enter				



#### 

#### Licensed Clinical Social Worker (LCSW)

Helping families transition during life changes and trauma. Certified Anger Management Educator. Certified Child and Adolescent Grief Counselor. Fellow Of the American Academy of Grief. Trained to provide supports to communities by helping families process life producing emotionally healthy individuals who productively give back to their families, schools, and workforce.

Creating therapeutic relationships that fosters personal drive and growth through partnership.

Cisgender Woman, LGBTQIA+

Remote only | Speaks English | 13 years in practice

#### Practice hours (America/Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Closed	8:00 am - 1:00 pm	8:00 am - 3:00 pm	8:00 am - 3:00 pm	8:00 am - 3:00 pm	Closed	Closed

#### Areas of focus



#### Send email Call provider In-network insurance Out-of-pocket Insurance Aetna - Kansas Blue Cross Blue Shield (BCBS) -Kansas Cenpatico - Kansas KanCare - Kansas Multiplan - Kansas Hide all



#### **Treatment specialties**

#### Therapeutic modalities

- · Assessment/Evaluation
- Individual Therapy

#### Treatments

- Attachment-Based Therapies
- Anger Management
- Brief Psychotherapy
- Brief Psychodynamic Psychotherapy
- Behavior Therapy
- Cognitive Behavioral Therapy (CBT)
- Cognitive Restructuring
- Erikson/Psychosocial Development
- Family Systems Therapy
- Person-Centered Therapy
- Relational Psychotherapy
- Solution-Focused Therapy
- Social Skills Training

#### **Groups & communities**

Age groups

#### Special groups



# Thank you for being a BCBSKS contracting provider