

# Growth Hormone Prior Authorization Request



Physician Fax Form

NOTE: Only the prescriber may complete this form.

## Section 1 – Patient Information

The following documentation is **REQUIRED** for prior authorization. Please attach supporting documentation for all information included below. For formulary information, please visit the Blue Cross and Blue Shield of Kansas website at **www.bcbsks.com**. Please include a copy of the front and back of the insurance card, if possible.

____ / ____ / ____ Today's Date	_____ Primary Insurance Carrier
_____ First Name	_____ Subscriber Name
_____ Last Name	_____ Policy Number
_____ Street Address	_____ Employer/Group Number
_____ City	_____ Subscriber ID Number
_____ State	_____ Insurer Phone Number
_____ ZIP Code	_____ Secondary Insurance Carrier
_____ +4	_____ Subscriber Name
_____ Phone Number	_____ Policy Number
_____ Date of Birth	_____ Employer/Group Number
	_____ Subscriber ID Number
	_____ Insurer Phone Number

## Section 2 – Patient Diagnosis Information

- Growth Hormone Deficiency
- GH Insufficiency or Partial GH Deficiency
- Noonan Syndrome
- Prader-Willi Syndrome
- Turner Syndrome
- Panhypopituitarism
- Renal Dialysis with Growth Failure
- Acquire Adult GHD Secondary to Structural Lesions or Trauma
- ESRD with Glomerular Filtration Rate Less than 75ml/min/1.73m<sup>2</sup>
- Other \_\_\_\_\_

Additional Lab Tests (IGF-1, TSH, FSH/LS, ACTC):  
Attach copy of lab results.

_____ Test	_____ Date of Test
_____ Result	_____ Date of Test
_____ Test	_____ Date of Test
_____ Result	_____ Date of Test
_____ Test	_____ Date of Test
_____ Result	_____ Date of Test
_____ Test	_____ Date of Test
_____ Result	_____ Date of Test

Growth Hormone Stim Tests are required for **all patients** (one for adults, two for children). Attach copy of Stim Test results.

_____ Agent 1	_____ Peak
_____ Agent 2	_____ Peak

## Confidentiality Notice

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**Please continue on the next page.**

**Section 3 – Required Information for All Patients**

Please list all reasons for selecting the requested medication over alternative GH products (e.g., adverse reaction to other GH products).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How often will the patient be seen for follow-up?

\_\_\_\_\_  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date Last Seen

When was treatment started?

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date GH Treatment Started

**Section 4 – Required Information for Children**

Please provide relevant chart information (i.e., growth curves, imaging studies).

Does the patient have open epiphyses?  Yes  No

Does the patient have complicating factors (including malnutrition and acidosis)?  Yes  No

If yes, have the complicating factors been treated?  Yes  No

\_\_\_\_\_  
Bone Age

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Patient's Age When Measured

\_\_\_\_\_  
Height (cm) at Diagnosis

\_\_\_\_\_  
Percentile of Normal Height

\_\_\_\_\_  
Mid-Parental Height

\_\_\_\_\_  
Growth Rate (cm/yr) at Diagnosis

\_\_\_\_\_  
Current Growth Rate (renewals only)

**Section 5 – Required Information for Adults**

Please provide relevant chart information (i.e., stim tests, growth charts).

Does the patient's medical history include childhood onset of growth hormone deficiency that was confirmed by testing during childhood?  Yes  No

Has imaging demonstrated hypothalamic disease or injury or pituitary disease or injury?  Yes  No

Renewal:

Has growth hormone therapy resulted in demonstrated clinical improvement since initiation of therapy?  Yes  No

If yes, has improvement continued for or been maintained for one year or longer?  Yes  No

**Section 6 – Rx Order Form**

- Norditropin Flexpro®
  - 5 mg/1.5 mL
  - 10 mg/1.5 mL
  - 15 mg/1.5 mL
  - 30 mg/3 mL

Other Growth Hormone:

NOTE: Approval requires trial and failure of the preferred agent

\_\_\_\_\_  
Form

\_\_\_\_\_  
Strength/Dose

\_\_\_\_\_  
Quantity

\_\_\_\_\_  
Refills

Directions/Frequency

Ancillary supplies needed per injection (i.e., needles, syringes, alcohol wipes)

Does the patient need training?  Yes  No

Pharmacy:  Accredo  
Phone: 833-721-1620  
Fax: 888-302-1028

Other \_\_\_\_\_

\_\_\_\_\_  
Prescriber Name

\_\_\_\_\_  
Specialty

\_\_\_\_\_  
Physician NPI Number

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Contact Name

\_\_\_\_\_  
Clinic Name

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
ZIP Code

(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Phone Number

(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Fax Number

**Please fax or mail this completed form to:**  
Blue Cross and Blue Shield of Kansas  
Attn: Prior Authorization  
1133 SW Topeka Blvd, Topeka, KS 66629-0001  
Fax: 785-290-0711