



BlueCross BlueShield Kansas
Foundation

Grant Application

Act now! Grant applications due by Oct. 21, 2022!

The **Healthy Habits for Life** grant program is offered by the Blue Cross and Blue Shield of Kansas Foundation to help schools address physical and mental health. The Foundation is offering up to \$200,000 in grants to assist schools in implementing programs that promote healthy lifestyle choices to their K-12 students (pre-K programs associated with a school district may also apply). These programs must address at least one of four criteria: reduce cardiovascular risk, promote physical activity, encourage healthy eating habits or reinforce positive mental health among students. School nurses, physical education teachers, principals, health or family and consumer science teachers, or other administrators are encouraged to apply.

Funds will be distributed by Dec. 16, 2022, and can be used for programs administered during the 2023 calendar year.

Amount Requested \$ _____ (maximum \$2,000)

Section 1

Name _____ Title _____

School District No. _____ School _____

School Street Address _____

City _____ State _____ ZIP Code _____

Email Address _____ County _____

Work Phone (_____) _____ Home or Cell Phone (_____) _____

How did you learn about this grant program? Website Social media Email

Has your school received a Healthy Habits for Life grant in the past? Yes No Not sure

Principal's Name _____ Principal's Telephone (_____) _____

Principal's Signature (required) _____ Date ____/____/____

**Grant applications are limited to this completed application. Do NOT attach additional pages.
A fillable PDF version of this application is available at bcbsks.com/hhfl.**

Questions? Email Marlou Wegener at marlou.wegener@bcbsks.com

bcbsks.com/HHFL

Section 2

Important information:

1. Schools must be located in the Blue Cross and Blue Shield of Kansas Foundation service area, which includes all Kansas counties except Johnson and Wyandotte.
2. The maximum grant amount is \$2,000. Grants are limited to one per school but multiple schools within a single district may apply. All funds must directly benefit the needs of the program; funds cannot be used for salary or wages of any person.
3. Past grant recipients are eligible to apply again but must adequately explain how an additional grant would allow them to either expand their existing program or create a new one.
4. **Grant applications must be signed by the school's principal. Applications must be postmarked or received by Oct. 21, 2022.**

Section 3

Which healthy lifestyle will your program address? (Check all that apply):

- Reduce cardiovascular risk factors
- Promote physical activity
- Encourage healthy eating habits
- Reinforce positive mental health

Provide an overview of the program.

Section 4

Provide an outline of well-defined goals for a specific target population of students (sorry, not staff) with appropriate activity.

Section 5

Explain how the program is appropriate within the scope of the applicant's work responsibilities and how the applicant will manage this additional project.

