

Strive Rewards Program

Comparison guide

Plan activity	Starter	Advanced	Premier	All-Star
Biometric screening	✔	✔	✔	✔
Online health assessment completion	✔	✔	✔	✔
Annual preventative exam	✔	✔	✔	✔
Additional annual preventive exam			✔	✔
Wellness activity	✔			
Educational activity	✔	✔	✔	✔ ✔
Strive Daily Habits Goal met		✔	✔	✔
Activity challenge (Wellness challenge)		✔	✔	✔
Tobacco free or completed cessation program		✔	✔	✔
Health coaching (not including tobacco cessation)		✔	✔	✔
Community, fitness or other wellness event			✔	✔
Community service				✔

Each activity is worth 10 points except tobacco free/cessation, which is worth 20 points under the All-Star program and Health Coaching which is worth 30 points.

✔ Required activity ✔ Optional activity

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