Meal benefit

Blue Medicare Advantage (PPO)
Blue Medicare Advantage Comprehensive (PPO)
Blue Medicare Advantage Choice (PPO)

Meal benefit by Mom's Meals®

Meal Benefit is a supplemental benefit that includes personalized healthy food choices offered immediately following an inpatient hospital stay, and for a temporary duration, typically a 7-day period following discharge. Meals are ordered through referral from Care Management after hospitalization. Mom's Meals will also coordinate outreach to the member to inform of the meal benefit and healthy, refrigerator ready, meals will be delivered within 1-3 business days. After the benefit period has ended, providers are able to refer the enrollee to community and or social services for further meal assistance if needed.

Original Medicare

Original Medicare does not cover meal benefits.

Blue Cross and Blue Shield of Kansas Medicare Advantage (PPO) benefit

Blue Cross and Blue Shield of Kansas (BCBSKS) Medicare Advantage PPO is a Medicare Advantage plan that provides at least the same level of benefit coverage as Original Medicare (Part A and Part B) and may provide enhanced benefits beyond the scope of Original Medicare within a single health care plan. This flexibility allows BCBSKS to offer enriched plans by using Original Medicare as the base program and adding desired benefit options such as Meal benefit that is administered by Mom's Meals.

Coverage for the Meal benefit program is provided to members under all Blue Medicare Advantage PPO plans. Because Original Medicare does not cover meal benefits, the scope of the benefit, reimbursement methodology, maximum allowed per day, and member cost sharing are determined by BCBSKS Medicare Advantage individual coverage.

Benefit applies:

- · After an Inpatient discharge
- Home Delivered meals
- Up to 7 Days
- Up to 14 Precooked meals
- Meals provided by Mom's Meals

Eligible members will receive the Meal Benefit which includes medically appropriate meals ordered and fulfilled by Mom's Meals.

Conditions for benefit

Meal Benefit is a specialized program designed specifically for members who have been discharged from an inpatient hospital stay. Members who choose to utilize meal benefit must contact Mom's Meals or be referred by Care Management.



Member cost-sharing

- · Meal benefit is provided to eligible members at no additional cost.
- The member is fully liable for cost associated with meal benefit that require additional charges.
- If the member elects to receive additional days of meal benefit, he or she is responsible for the entire charge associated with the additional meals.
- To request participation in this benefit, contact Care Management at 800-325-6201, or Mom's Meals® at 866-204-6111 to speak with customer care who will provide additional information about the meals and assist with ordering.

Contact information

For benefit information, please contact Provider Services at 800-240-0577.

Revisions

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01/01/2020	Policy effective
03/01/2023	Updated to reflect 2023 benefits and plan offerings

