

**Meal Benefit Applies to:**

Blue Medicare Advantage Comprehensive PPO

**Meal Benefits by Nutrisystem®**

Meal Benefit is a supplemental benefit that includes personalized healthy food choices offered immediately following surgery or an inpatient hospital stay, and for a temporary duration, typically a four-week period following discharge. Meals are ordered by the member or their representative during or after hospitalization. Trivity Health will also coordinate outreach to the member to inform of the meal benefit. After the benefit period has ended, providers are able to refer the enrollee to community and or social services for further meal assistance if needed.

**Original Medicare**

Original Medicare does not cover meal benefits.

**Blue Cross and Blue Shield of Kansas Medicare Advantage (PPO) Enhanced Benefit**

Blue Cross and Blue Shield of Kansas (BCBSKS) Medicare Advantage PPO is a Medicare Advantage plan that provides at least the same level of benefit coverage as Original Medicare (Part A and Part B) and may provide enhanced benefits beyond the scope of Original Medicare within a single health care plan. This flexibility allows BCBSKS to offer enriched plans by using Original Medicare as the base program and adding desired benefit options such as Meal benefit that is administered by Nutrisystem®.

Coverage for the Meal benefit program is provided to members under BCBSKS Comprehensive Medicare Advantage PPO plans. Because Original Medicare does not cover meal benefits, the scope of the benefit, reimbursement methodology, maximum allowed per day, and member cost sharing are determined by BCBSKS Medicare Advantage individual coverage.

Benefit applies:

- After an Inpatient discharge
- Home Delivered meals
- Up to 7 Days
- Up to 14 Precooked meals
- Meals provided by Nutrisystem®

Eligible members will receive the Meal Benefit which includes medically appropriate meals ordered and fulfilled by Nutrisystem®. Members must be enrolled in the BCBSKS Medicare Advantage Comprehensive PPO plans to eligible for this benefit.

**Conditions for Benefit**

Meal Benefit is a specialized program designed specifically for members who have been discharged from an inpatient hospital stay. Members who choose to utilize meal benefit must contact Nutrisystem®.

**Member Cost-Sharing**

- Meal benefit is provided to eligible members at no additional cost.
- The member is fully liable for cost associated with meal benefit that require additional charges.
- If the member elects to receive additional days of meal benefit, he or she is responsible for the entire charge associated with the additional meals.
- To request participation in this benefit, contact Nutrisystem® at 833-211-3714 to speak with a nutrition counselor who will provide additional information about the meals and assist with ordering.

**Contact Information**

For benefit information, please contact BCBSKS Medicare Advantage PPO Plans at 800-222-7645 (TTY: 711)

**Revision History**

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