

# Pathways to a Healthy Kansas

Spring 2019 Impact Report



"Building relationships and a common language ... Pathways is giving us an awesome opportunity to come together as a community."

Laurie Carr, Hutchinson

### Community Well-being Progress

Pathways funding is a successful catalyst for Reno County to improve communication and relationships with community partners to promote health. A collaboration with Heal, the Pathways leadership team, Hutchinson Rec and the City of Hutchinson led to creation of a Parks & Recreation Master Plan using a health equity lens. The collaborative goal is to consider "What about health?" as a cornerstone of many community discussions.

## Heal Reno County

Heal Reno County (Heal) seeks to make our community a healthy place to live, work, learn and play by creating opportunities for healthy choices and building a culture that embraces healthy eating and active living. Together with *Pathways* we're working to help Reno County make changes across seven focus areas to collectively make living healthy on any formiliar and avported part of routin



living healthy an easy, familiar, and expected part of routines and traditions.

13

## Pathways Engagement Highlights

#### 6 **Restaurants Pledged:** Bluebird Books Café, *Bogey's*,

Cara's Café and Pizzeria, *Comfort* and Joy Food Truck, Mustard Seed, The Traveling Bowl

2 Food Retail Stores Pledged: Jackson Meat, Hometown Foods

- 1 Healthcare Provider Pledged: Healthcare Access Taskforce
- Hospital Pledged: Hutchinson Regional Medical Center

Worksites Pledged:

Arconic Aerospace Center, Central Bank & Trust, City of South Hutchinson, Fee Insurance Group, Hutchinson Community Foundation, Hutchinson Recreation Commission, *Reno County*, TECH Inc., *The Summit*, United Way of Reno County, USD 309 Nickerson, *USD 312 Haven*, *USD 313 Buhler* 

#### School Districts Pledged:

USD 308 Hutchinson, *USD 309 Nickerson, USD 310 Fairfield, USD 312 Haven, USD 313 Buhler*, Holy Cross Catholic School

Italicized entities have received grant funds.

A *Pathways* grant assisted Heal with hosting annual "Foodie Fest on the Trail" events to educate the community of the value of eating healthy, locally sourced foods. Heal is working with pledged restaurants, food truck vendors and food retailers on initiatives to add healthier food options to their offerings. And The Summit worksite invested a *Pathways* grant in implementing a healthy food and beverages plan.



Heal helped Reno County area schools to utilize *Pathways* grants for walking paths, water bottle filling stations, physical education equipment and implementation of physical activity plans. Hutchinson Regional Medical Center is updating their walking tunnel with a mural and signage to encourage walking. And Reno County has installed new exercise equipment for employees. Heal, Communities That Care and CDRR efforts collaboratively helped to lead to ordinances being passed for tobacco-free school grounds, hospital grounds and worksites. Tobacco-free ordinances for all parks in Hutchinson and many parks throughout Reno County were passed. The partners worked collaboratively to provide signage and a *Pathways* implementation grant was used for public awareness campaign.

\$280,578

# Round 1: 2016-2019

Achievement/ Implementation Grants	Pathways Funds Available	Pathways Funds Awarded	Match from Community/Grants	
Policy	\$115,000	\$100,000	\$18,000	
Community Well-being Projects	\$86,150	\$50,000	\$1,500	
Food Retail and Restaurants	\$58,000	\$27,078		
Health Care	\$20,000	\$10,000		
Schools	\$50,000	\$40,000		
Worksites	\$70,850	\$34,000		
Totals	\$400,000	\$261,078	\$19,500	
		Total Ber	Total Benefits to Community:	

## **Heal Reno County**

Laurie Carr Reno County Health Department

(620) 259-8463 laurie.carr@renogov.org Facebook: @HealRenoCounty 209 W Second Ave, Hutchinson KS 67501

For more information about Blue Health Initiatives, please contact:

Virginia Barnes Director of Blue Health Initiatives (785) 291-8004 Virginia.Barnes@bcbsks.com



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by BCBSKS.