

Strive Rewards Program

Comparison guide

Plan activity	Starter	Advanced	Premier	All-Star
Biometric screening	✓	✓	✓	✓
Online health assessment completion	✓	✓	✓	✓
Annual preventative exam	✓	✓	✓	✓
Additional annual preventive exam			✓	✓
Wellness activity	✓			
Educational activity	✓	✓	✓	✓ ✓
Strive Daily Habits Goal met		✓	✓	✓
Activity challenge (Wellness challenge)		✓	✓	✓
Tobacco free or completed cessation program		✓	✓	✓
Health coaching (not including tobacco cessation)		✓	✓	✓
Community fitness or other wellness event			✓	✓
Community service				✓

Each activity is worth 10 points except tobacco free/cessation, which is worth 20 points under the All-Star program.

✓ Required activity ✓ Optional activity

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