

Empowering well-being

Strive Rewards Program: Strive Starter

Well-being is personal and it means something different to everyone.

Strive, powered by WebMD ONE, can help you reach your well-being goals and be the best “you.”

Your organization’s rewards program can help you get there. Use this guide to complete activities to earn rewards and achieve your unique health goals.

Strive Starter requires only 30 points to receive a reward.



Rewards Name: Strive Starter

To earn incentive/reward, you must accumulate 30 points. Each event may only be credited once.

Points	Activity
Optional – 10 pts	Biometric screening
Optional – 10 pts	Online health assessment completion
Optional – 10 pts	Annual preventative exam (any) – self-report with documentation in Strive.
Optional – 10 pts	Wellness or educational activity – defined by group.

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