Statin Therapy for Patients
with Cardiovascular Disease (SPC)

Effectiveness of Care HEDIS® Measure

HEDIS Measure Definition

This measure examines the percentage of males 21-75 years of age and females 40-75 years of age who are identified as having clinical atherosclerotic cardiovascular disease (ASCVD) and who were dispensed at least one high-intensity or moderate-intensity statin medication during the measurement year.

Exclusions from the HEDIS Measure

Patients are excluded if they:

- Are in hospice care or living in a long-term institutional setting any time in the measurement year.
- Have a diagnosis of pregnancy, dispensed clomiphene or underwent in vitro fertilization in the measurement year or the year prior.
- Have end-stage renal disease (ESRD) during the measurement year or the year prior.
- Have cirrhosis during the measurement year or the year prior.
- Have myalgia, myositis, myopathy or rhabdomyolysis during the measurement year.
- Have an advanced illness and frailty – Medicare members 66 years of age and older with advanced illness in the measurement year or the year prior AND frailty in the measurement year are excluded when claims are received with advanced illness (includes dispensed dementia medication) and frailty codes.

General Tips

- Prescribe at least one high-intensity or moderate-intensity statin medication during the measurement year for patients diagnosed with ASCVD.

Generic Statin Therapy	
High-intensity statin therapy	• Atorvastatin 40 mg-80 mg • Rosuvastatin 20 mg-40 mg
Moderate-intensity statin threapy	• Atorvastatin 10 mg-20 mg • Lovastatin 40 mg • Pravastatin 40 mg-80 mg • Rosuvastatin 5 mg-10 mg • Simavastatin 20 mg-40 mg

- If medication samples are given to the patient instead of a prescription, a pharmacy claim will not be generated and may result in inaccurate HEDIS measurement scores.
- When patients are not able to tolerate statin medications, they are excluded from the measure. Document their condition in the medical record and submit a claim using the appropriate code listed in the table on the next page.

Condition	ICD-10 Code	Description
Myalgia	• M79.1 • M79.11 • M79.12 • M79.18	• Myalgia, unspecified site • Myalgia of mastication muscle • Myalgia of auxiliary muscles, head and neck • Myalgia, other site
Myositis	• M60.80 • M60.81 • M60.811 • M60.812 • M60.819 • M60.82 • M60.821 • M60.822 • M60.829 • M60.83 • M60.831 • M60.832 • M60.839 • M60.84 • M60.841 • M60.842 • M60.849 • M60.85 • M60.851 • M60.852 • M60.859 • M60.86 • M60.861 • M60.862 • M60.869 • M60.87 • M60.871 • M60.872 • M60.879 • M60.88 • M60.89 • M60.9	• Other myositis, unspecified site • Other myositis shoulder • Other myositis, right shoulder • Other myositis, left shoulder • Other myositis, unspecified shoulder • Other myositis, upper arm • Other myositis, right upper arm • Other myositis, left upper arm • Other myositis, unspecified upper arm • Other myositis, forearm • Other myositis, right forearm • Other myositis, left forearm • Other myositis, unspecified forearm • Other myositis, hand • Other myositis, right hand • Other myositis, left hand • Other myositis, unspecified hand • Other myositis, thigh • Other myositis, right thigh • Other myositis, left thigh • Other myositis, unspecified thigh • Other myositis, lower leg • Other myositis, right lower leg • Other myositis, left lower leg • Other myositis, unspecified lower leg • Other myositis, ankle and foot • Other myositis, right ankle and foot • Other myositis, left ankle and foot • Other myositis, unspecified ankle and foot • Other myositis, other site • Other myositis, multiple sites • Myositis, unspecified
Myopathy	• G72.0 • G72.2 • G72.9	• Drug-induced myopathy • Myopathy due to other toxic agents • Myopathy, unspecified
Rhabdomyolysis	• M62.82	• Rhabdomyolysis

Tips for Patient Education
- Educate your patients on the importance of statin medication adherence.
- Encourage them to obtain 90-day supplies at their pharmacy once they demonstrate they tolerate statin therapy.
- Remind them to contact you if they think they are experiencing adverse effects.