

# Pathways to a Healthy Kansas

Spring 2019 Impact Report



"With the *Pathways* grant we can find real solutions within each pathway to help improve everyone's quality of life."

Tammy Simons, Leoti

# Community Well-being Progress

With *Pathways* funding, technical assistance from PedNet and community survey data, AIM Coalition prepared a Master Bike/Pedestrian plan, including "Safe Routes to Schools," which was approved by Leoti City Council. A bike share program is in place with new bike racks around town. Now that active transportation is safer and easier, more community members of all ages are walking and biking to improve their health.

# AIM Coalition Wichita County

The mission of the AIM Coalition is to inspire Wichita Countians to live healthy, active lifestyles. *Pathways* helped make the Community Perceptions Survey possible, allowing us to listen and learn more from community members than ever



us to listen and learn more from community members than ever before. That information, and our *Pathways* partnership, are helping us make great strides toward making healthy lifestyles the norm instead of the exception.

# Pathways Engagement Highlights

- Restaurants Pledged: Charlie's Mexican Restaurant, Laws Feed Store
- **Food Retail Store Pledged:** Leoti Foods
- 2 Healthcare Providers Pledged: Wichita County Health Center Clinic, Great Plains Family Dentistry
- 1 Hospital Pledged: Wichita County Health Center

#### Worksites Pledged:

USD 467 Wichita County Schools, Wichita County Courthouse, Wichita County Health Center, Wichita County Health Department

# School District Pledged:

USD 467: Wichita County Schools

The monthly "Simply Produce" program through Leoti Foods is making a variety of fresh fruits and veggies more available and affordable. A *Pathways* grant for Laws Feed Store helped them purchase a rotisserie oven to prepare chicken and pork for healthy salads and sandwiches. And plans are underway to install a greenhouse at the high school and purchase classroom kitchen equipment to teach students to grow and prepare healthy foods.



AIM Coalition has utilized Pathways grants for two large playground pieces for Tyler M. Graff Memorial Park. The County Park has a new soccer court, and existing tennis and basketball courts have been improved. Leoti schools have new physical activity plans and monthly Bike to School Days. County Courthouse and school employees are enjoying new standing desks, exercise equipment and health incentives. When local survey results showed 79% of residents support tobaccofree grounds, the USD 467 Board of Education adopted a districtwide policy creating a tobacco-free campus for all students, staff, and visitors. Great Plains Family Dentistry is implementing protocols for a chewing tobacco cessation program and referrals.

**Total Benefits to Community:** 

\$377,036

Achievement/ Implementation Grants	Pathways Funds Available	Pathways Funds Awarded	Match from Community/Grants
Policy	\$115,000	\$115,000	
Community Well-being Projects	\$85,296	\$32,594	\$29,738
Food Retail and Restaurants	\$33,894	\$33,894	
Health Care	\$20,000	\$20,000	
Schools	\$60,000	\$60,000	
Worksites	\$85,810	\$85,810	
Totals	\$400,000	\$347,298	\$29,738

### A.I.M. Coalition

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Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by BCBSKS.