



Title: Assays of Genetic Expression in Tumor Tissue as a Technique to Determine Prognosis in Patients with Breast Cancer

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Populations	Interventions	Comparators	Outcomes
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	 Gene expression 	 Clinical risk 	Disease-specific
cancer considering adjuvant	profiling with	prediction	survival
chemotherapy	Oncotype DX (21-	algorithms	Change in disease
	gene signature)		status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	 Gene expression 	 Clinical risk 	Disease-specific
cancer considering adjuvant	profiling with	prediction	survival
chemotherapy	EndoPredict	algorithms	Change in disease
			status

Populations	Interventions	Comparators	Outcomes
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	 Gene expression 	Clinical risk	Disease-specific
cancer considering adjuvant	profiling with the	prediction	survival
chemotherapy	Breast Cancer	algorithms	Change in disease
,	Index	3	status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical risk	Disease-specific
cancer considering adjuvant	profiling with	prediction	survival
chemotherapy	MammaPrint (70-	algorithms	Change in disease
μ,	gene signature)		status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical risk	Disease-specific
cancer considering adjuvant	profiling with	prediction	survival
chemotherapy	BluePrint (80-gene	algorithms	Change in disease
one means up y	expression assay) in	u.gou	status
	conjunction with		
	MammaPrint or		
	alone		
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical risk	Disease-specific
cancer considering adjuvant	profiling with	prediction	survival
chemotherapy	Prosigna	algorithms	Change in disease
,	3		status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
positive (1 to 3 nodes)	Gene expression	Clinical risk	Disease-specific
invasive breast cancer	profiling with	prediction	survival
considering adjuvant	Oncotype DX (21-	algorithms	Change in disease
chemotherapy	gene signature)		status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
positive (1 to 3 nodes)	 Gene expression 	 Clinical risk 	Disease-specific
invasive breast cancer	profiling with	prediction	survival
considering adjuvant	EndoPredict	algorithms	Change in disease
chemotherapy			status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
positive (1 to 3 nodes)	 Gene expression 	 Clinical risk 	Disease-specific
invasive breast cancer	profiling with	prediction	survival
considering adjuvant	MammaPrint (70-	algorithms	Change in disease
chemotherapy	gene signature)		status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
positive (1 to 3 nodes)	Gene expression	 Clinical risk 	 Disease-specific
invasive breast cancer	profiling with	prediction	survival
considering adjuvant	Prosigna	algorithms	Change in disease
chemotherapy			status

Populations	Interventions	Comparators	Outcomes
Individuals:	Interventions of	Comparators of	Relevant outcomes
With ductal carcinoma in	interest are:	interest are:	include:
situ considering	 Gene expression 	 Clinical risk 	Change in disease
radiotherapy	profiling with the	prediction	status
	Oncotype DX Breast	algorithms	
	DCIS Score		
Individuals:	Interventions of	Comparators of	Relevant outcomes
With ductal carcinoma in	interest are:	interest are:	include:
situ considering	 Gene expression 	Clinical risk	Disease-specific
radiotherapy	profiling with the	prediction	survival
	DCISionRT assay	algorithms	Change in disease
Individuals:	Tutam continue of	Communitario	status
	Interventions of interest are:	Comparators of interest are:	Relevant outcomes include:
With early-stage node- negative invasive breast	Gene expression	Clinical and	Disease-specific
cancer, recurrence-free at 5	profiling with	pathological	survival
years, considering extended	Oncotype DX (21-	features	Change in disease
endocrine therapy	gene signature)	reatures	status
chadefine therapy	gene signature)		Status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical and	Disease-specific
cancer, recurrence-free at 5	profiling with	pathological	survival
years, considering extended	EndoPredict	features	Change in disease
endocrine therapy			status
T 1: -1 1	T		
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical and pathological	Disease-specific
cancer, recurrence-free at 5	profiling with the Breast Cancer	pathological	survival
years, considering extended endocrine therapy	Index	features	Change in disease status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical and	Disease-specific
cancer, recurrence-free at 5	profiling with	pathological	survival
years, considering extended	MammaPrint (70-	features	Change in disease
endocrine therapy	gene signature)		status
Individuals:	, ,	Comparators of	Relevant outcomes
With early-stage node-	Interventions of	Comparators of	include:
negative invasive breast	interest are:	interest are: • Clinical and	Disease-specific
cancer, recurrence-free at 5	Gene expression profiling with		survival
years, considering extended	profiling with Prosigna	pathological features	Change in disease
endocrine therapy			status
Individuals:	Interventions of	Comparators of	Relevant outcomes
With early-stage node-	interest are:	interest are:	include:
negative invasive breast	Gene expression	Clinical and	Disease-specific
cancer, recurrence-free at 5	profiling with the	pathological	survival
years, considering extended	Breast Cancer	features	Change in disease
endocrine therapy	Index		status

Populations	Interventions	Comparators	Outcomes
Individuals: • With triple-negative (estrogen receptor, progesterone receptor, human epidermal growth factor receptor 2) breast cancer, considering neoadjuvant chemotherapy	Interventions of interest are: • Gene expression profiling with Insight TNBC type	Comparators of interest are: • Clinical and pathological features	Relevant outcomes include: • Disease-specific survival • Change in disease status
Individuals: •With breast cancer	Interventions of interest are: • Multiple (repeat) assays of genetic expression in tumor tissue performed on the same individual to determine prognosis	Comparators of interest are: • Gene expression profiling with a single assay	Relevant outcomes include: • Disease-specific survival • Change in disease status
Individuals: • With male breast cancer	Interventions of interest are: • Gene expression profiling with Oncotype DX (21-gene signature)	Comparators of interest are: Clinical risk prediction algorithms	Relevant outcomes include: • Disease-specific survival • Change in disease status

DESCRIPTION

Laboratory tests have been developed to detect the expression, via messenger RNA, of different genes in breast tumor tissue and combine the results to determine prognosis in patients with breast cancer. Test results may help providers and patients decide whether to include adjuvant chemotherapy in the postsurgical management of breast cancer, to alter treatment in patients with ductal carcinoma in situ or triple-negative breast cancer (TNBC) (estrogen receptor, progesterone receptor, human epidermal growth factor receptor 2), or to recommend extended endocrine therapy in patients who are recurrence-free at 5 years. This report summarizes the evidence for 6 tests and is organized by indication.

For all tests and all indications, relevant outcomes include disease-specific survival and changes in disease status.

OBJECTIVE

The objective of this evidence review is to determine whether Oncotype DX, EndoPredict, Breast Cancer Index, MammaPrint, Prosigna, and Insight TNBCtype testing improve the net health outcome among women making decisions about breast cancer treatment.

BACKGROUND

Newly Diagnosed Breast Cancer

Per the Centers for Disease Control, breast cancer is a disease in which cells in the breast grow out of control, and can be found in the lobules, ducts, and connective tissue. Breast cancer affects individuals of all races and ethnicities and sexes. New cases are highest among White women (137.9 per 100,000) followed by Black women (131.3 per 100,000). Rates of death from breast cancer, however, are highest among Black women (26.8 per 100,000) followed by Native Hawaiian or Other Pacific Islander women (20.5 per 100,000), and White women (19.4 per 100,000).

Breast cancer in men is rare, accounting for less than 1% of all breast cancer cases in the US. Still, 2,790 men will be diagnosed with breast cancer and 530 men will die from the disease in 2024. Black men have the highest breast cancer incidence (1.9 per 100,000) and mortality (0.5 per 100,000) of all racial and ethnic groups. Compared to women, men are more likely to be diagnosed with advanced (regional- or distant-stage) disease (48% vs. 31%), reflecting the absence of screening, as well as delays in diagnosis due to lack of awareness. The 5-year relative breast cancer survival rate is lower in men than women overall (84% vs. 91%, respectively) and for every stage of diagnosis.²,

Female Breast Cancer

The most common breast cancers are invasive ductal carcinoma and invasive lobular carcinoma. Less common types of breast cancer include Paget's disease, medullary, mucinous, and inflammatory. In ductal carcinoma in situ (DCIS), the cancer cells are only in the lining of the ducts and have not spread to other tissues; DCIS may lead to invasive breast cancer. Most breast cancer diagnoses are female breast cancer diagnosed at a localized stage (confined to the primary site), with less diagnoses being regional (spread beyond the primary site or to regional lymph nodes) or distant (spread to other organs or remote lymph nodes). The Nottingham score is a histological scoring system reflecting the grade of breast cancers. It is a total of scores based on microscopic determination of tubule formation, nuclear pleomorphism, and mitotic activity with each given a score of 1 to 3. Thus, the lowest Nottingham score is 3 and the highest is 9, with higher values thought to predict more aggressiveness. Nottingham score of 3-5 is assigned Grade II, 6-7 assigned Grade II, and 8-9 assigned Grade III.

Most women with newly diagnosed breast cancer in the U.S. present with the early-stage or locally advanced (i.e., nonmetastatic) disease. However, almost a third of women who are disease-free after initial local and regional treatment develop distant recurrences during follow-up.³, Current breast cancer treatment regimens involve systemic adjuvant chemotherapy, hormonal therapy, biologic therapy, or a combination, depending on patients' baseline levels of recurrence risk, hormonal markers, and risk tolerance.

Women whose tumors are positive for human epidermal growth factor receptor 2 (*HER2*) should receive adjuvant therapy with a *HER2*-directed therapy (trastuzumab with or without pertuzumab). Decision-making about adjuvant biologic therapy for women with *HER2*-positive cancer is not discussed here. This review focuses on 4 decision points:

1. The decision to pursue adjuvant chemotherapy following locoregional therapy, with or without neoadjuvant chemotherapy, based on the predicted risk of recurrence, for women who are hormone receptor-positive but HER2-

- **negative.** The use of adjuvant chemotherapy reduces the risk of breast cancer recurrence but carries risks of systemic toxicity. The risk: benefit ratio must be considered for each patient, with a higher likelihood of net health benefits for patients with a greater baseline predicted risk of recurrence. Some of the individual considerations are discussed below. *HER2* expression independently confers an unfavorable prognosis, but assessing the independent effects of *HER2* is complicated in the presence of targeted therapy; therefore, BCBSA focuses specifically on patients without *HER2* expression.
- 2. The decision to pursue extended adjuvant endocrine therapy from 5 to 10 years for women who are hormone receptor-positive but HER2-negative and who have survived without a recurrence for 5 years. For patients with hormone receptor-positive tumors, the use of adjuvant endocrine therapy (tamoxifen and/or an aromatase inhibitor [AI], with or without ovarian suppression) for 5 to 10 years after an initial diagnosis has support in clinical practice. Support for extended endocrine therapy beyond the initial 5 years is inconsistent across various guidelines. The guidelines from the National Comprehensive Cancer Network (v4.2024) include various recommendations and considerations, based on menopausal status at diagnosis and after 5 years of therapy, and on prior therapy history (see Supplemental Information section). The guidelines also note that the optimal duration of AIs is uncertain.^{4,} The American Society for Clinical Oncology's updated guidelines (2018) vary based on recurrence risk and nodal status (see Supplemental Information section).^{5,}
- 3. The decision to pursue adjuvant radiotherapy in women with ductal carcinoma in situ. Adjuvant radiotherapy reduces the risk of local recurrences but has not been shown to change the risk of distant recurrence or mortality. There may be a group of patients for whom the reduction in risk for local recurrence may not be large enough to justify the risks of radiotherapy.
- 4. The decision to pursue neoadjuvant chemotherapy in women with Triple-Negative Breast Cancer (TNBC). In women with TNBC, pathological complete response has been found to be heterogenous in the neoadjuvant setting and has been associated with prolonged overall survival (OS). For example, although TNBC tends to be more aggressive than other breast cancer types and confers a less favorable prognosis, previous research has suggested that the 20% to 40% of women with TNBC who achieve pathological complete response may achieve a similar long-term survival prognosis as patients with non-TNBC breast cancers. ^{6,} This heterogeneity suggests that there may be subtypes of women with TNBC that significantly differ in their likelihood of response to neoadjuvant chemotherapy and differ in their risk: benefit treatment considerations.

Selection of Adjuvant Chemotherapy Based on Risk of Recurrence

An important part of treatment planning for women with breast cancer involves determining which patients could benefit from adjuvant cytotoxic chemotherapy. For example, for women with early-stage invasive breast cancer (i.e., cancer extending beyond the basement membrane of the mammary ducts into adjacent tissue), adjuvant cytotoxic chemotherapy consistently provides approximately a 30% relative risk reduction in 10-year breast cancer mortality regardless of patients' baseline prognosis. However, the absolute benefit of chemotherapy depends on the underlying or baseline risk of recurrence. Women with the best prognosis have tumors that are small, early-stage, estrogen receptor-positive, and lymph node-negative (Table 1 shows recurrence risk for estrogen receptor-positive cancers for patients followed in the International Breast Cancer Study Group).^{3,} Patients may have received no adjuvant treatment, or adjuvant tamoxifen and/or adjuvant chemotherapy. These women have an approximately

15%, 10-year risk of recurrence with tamoxifen alone, which means that approximately 85% of these patients could avoid the toxicity of adjuvant cytotoxic chemotherapy if they could be accurately identified. Conventional risk classifiers (e.g., Adjuvant! Online) estimate recurrence risk by considering criteria such as tumor size, type, grade, and histologic characteristics; hormone receptor status; and the number of affected lymph nodes. Consensus guidelines for defining receptor status exist^{7,8,}; however, no single classifier is considered a criterion standard. As a result, a substantial number of patients are treated with chemotherapy who fail to benefit. Better predictors of recurrence risk could help women's decision-making, some of whom may prefer to avoid chemotherapy if assured their risk is low.

Table 1. Effect of Nodal Involvement, Tumor Size, and Grade on Annual Recurrence Hazard in Estrogen Receptor-Positive Breast Cancers

Nodes	Recurrence,	Recurrence, Hazard ^a (SE),%				
	Years					
	0-5	5-10	10-15	15-20	20-25	
0	5.8 (0.5)	3.3 (0.4)	2.0 (0.4)	2.1 (0.4)	1.1 (0.4)	
1 to 3	9.5 (0.6)	5.8 (0.6)	3.0 (0.5)	3.5 (0.7)	1.5 (0.6)	
≥4	17.2 (0.9)	10.9 (1.2)	5.9 (1.2)	3.8 (1.2)	1.3 (0.9)	
Size						
≤2 cm	7.0 (0.4)	4.8 (0.4)	2.9 (0.4)	2.7 (0.5)	1.5 (0.5)	
>2 cm	12.9 (0.6)	6.1 (0.6)	2.9 (0.5)	2.7 (0.5)	1.1 (0.5)	
Grade						
1	5.8 (0.6)	4.9 (0.7)	3.6 (0.7)	4.0 (0.9)	0.7 (0.5)	
2	9.6 (0.5)	6.3 (0.5)	2.8 (0.4)	2.7 (0.5)	1.8 (0.5)	
3	14.1 (0.8)	4.1 (0.6)	2.5 (0.6)	2.4 (0.7)	0.4 (0.4)	

Adapted from Colleoni et al (2016).3,

Selection of Extended Endocrine Therapy

Randomized controlled trials (RCTs) have established that 5 years of tamoxifen improves mortality in women with hormone receptor-positive breast cancer. A 2011 individual patient data meta-analysis by the Early Breast Cancer Trialists' Collaborative Group, including 20 trials (total N=21457 patients), found that 5 years of tamoxifen in estrogen receptor-positive disease reduced the relative risk of recurrences by almost 50% over 10 years; breast cancer mortality was decreased by 29% through 15 years.^{9,}

Early RCTs of extended tamoxifen treatment: (Tormey et al [1996]; total N=194 patients), ¹⁰, the National Surgical Adjuvant Breast and Bowel Project (Fisher et al [2001]; total N=1172 patients), ¹¹, and the Scottish Cancer Trials Breast Group (Stewart et al [2001]; total N=342 patients) ¹², had mixed findings. However, more recent available trial evidence suggests that 10

SE: standard error.

^a Number of events occurring within a time interval divided by the total years of follow-up during the interval accrued by patients at risk during the interval. Patients may have received no adjuvant treatment or have been treated with adjuvant tamoxifen and/or adjuvant chemotherapy.

years of tamoxifen in pre- or postmenopausal women can be linked with improved survival (see Table 2).

These RCTs have shown that extended endocrine therapy decreases the risk of recurrence. The Adjuvant Tamoxifen: Longer Against Shorter (ATLAS) trial, which compared 5 and 10 years of tamoxifen, and the subsequent Long-term Effects of Continuing Adjuvant Tamoxifen to 10 Years versus Stopping at 5 Years (aTTom) trial (reported in abstract form)^{14,} included women who were hormone receptor-positive who had completed 5 years of tamoxifen. Five years of extended tamoxifen was associated with improvements in breast cancer-specific mortality in both ATLAS and aTTom; however, only ATLAS showed improvements in OS (see Table 2).

Several trials have compared survival outcomes in women using extended AIs versus placebo following several years of tamoxifen, ^{15,16,17,18,} and 2 trials compared the use of extended AIs for different durations (3 years vs. 6 years ^{19,} and 2.5 years versus 5 years ^{20,21,}) (see Table 2). No differences in OS were detected between the AI groups and the placebo groups. Differences in breast cancer-specific survival were inconsistent. Differences in disease-specific survival and OS were not detected among patients receiving AIs for different lengths of time.

Adverse Events From Extended Endocrine Therapy

Adverse events from extended tamoxifen include increased risk of thromboembolic disease (deep vein thrombosis, pulmonary embolism) and endometrial cancer. The ATLAS trial reported relative risks of 1.9 (95% CI, 1.1 to 3.1) for pulmonary embolus and 1.7 (95% CI, 1.3 to 2.3) for endometrial cancer. Adverse events from extended AIs include musculoskeletal side effects (e.g., carpal tunnel syndrome, bone pain, bone fractures). In meta-analyses comparing tamoxifen and AIs, results showed an increased risk in cardiovascular events with AIs relative to tamoxifen.^{22,23,} Women treated with AIs have also experienced higher fracture rates compared with women treated with tamoxifen.^{24,}

Table 2. Randomized Trials Evaluating Adjuvant Extended Endocrine Therapies for Hormone Receptor-Positive Breast Cancer

Study	Populatio n	Comparator s	Breast Cancer-Specific Mortality Overall Mortality			
			Event RR (95% CI)	p	Event RR (95% CI)	p
Extended tamoxifen						
ATLAS (2013) ^{13,}	6,846 women with ER- positive, early breast cancer, after 5 y of TAM	Continue TAM to 10 y (n=3428) vs. stop TAM at 5 y (n=3418)	to 0.96) (331/3428	.01	 0.87 (0.78 to 0.97) 722 (639/3428 vs. 722/3418) 	.01
aTTom (2013) ^{14,}	6,953 women with ER-	Continue TAM to 10 y (n=3468) vs.	• 392/3468	.05	10 years • 849/3468 interventio	.10

Study	Populatio n	Comparator s	Breast Cancer-Sp Mortality	ecific	Overall Mortality	
			Event RR (95% CI)	p	Event RR (95% CI)	p
	positive or untested breast cancer, after 5 y of TAM	stop TAM at 5 y (n=3485)	n vs. 442/3485 control Years 5-9 • 1.03 (0.84 to 1.27) After year 9 • 0.77 (0.64 to 0.92)		n vs. 910/3485 control Years 5-9 • 1.05 (0.90 to 1.22) After year 9 • 0.86 (0.75 to 0.97)	
Extended aromatase inhibitor						
ABCSG (2007) ^{15,}	856 post- menopausa I women with ER- and/or PR- positive breast cancer, after 5 y of TAM	Anastrozole for 3 y (n=386) vs. no further therapy (n=466)			5 years • 10.3% anastrozol e vs. 11.7% control Event HR (95% CI) • 0.89 (0.59 to 1.34)	.57
IDEAL (2018) ^{20,}	1,824 post- menopausa I women with ER- and/or PR- positive early breast cancer, after 5 y endocrine therapy	Letrozole for 2.5 y (n=909) or 5 y (n=915)	Median 6.6 Years • 2.5 and: 82.0% • 5 and: 83.3%	.50	Median 6.6 Years • 2.5 and: 89.4% • 5 and: 88.6%	NS
DATA (2017) ^{19,25,}	1,912 post- menopausa I women with ER- and/or PR- positive early breast cancer, after 2-3 y TAM	Anastrozole for 3 y (n=955) or 6 y (n=957)	5 Years	5 years:.0 6 10 years:.0 7	5 Years • 3 and: 90.4% • 6 and: 90.8% 10 Years • 3 and: 79.2% • 6 and: 80.9%	5 years:.6 0 10 years:.5

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Study	Populatio n	Comparator s	Breast Cancer-Sp Mortality	Breast Cancer-Specific Mortality		
			Event RR (95% CI)	p	Event RR (95% CI)	p
NSABP (2008) ^{18,}	1,598 post- menopausa I women with ER- and/or PR- positive early breast cancer, after 5 y of TAM	Planned comparison: 5 y exemestane vs. 5 y placebo. Accrual stopped (N=1598 randomized), and crossover allowed after results of NCIC CTG available: Exemestane: 783 randomized, 560 continued after unblinding Placebo: 779 randomized, 334 crossed over to exemestane after unblinding	48 Months • ITT: 91% exemestan e vs. 89% placebo	.07		
NCIC CTG MA.17 trial (2003, 2005) ^{16,17,}	5,187 post- menopausa I women with ER- and/or PR- positive early breast cancer, after 5 y TAM	Continue letrozole to 10 y (n=2593) vs. stop TAM at 5 y (n=2594)	48 Months • 94.4% letrozole vs. 89.8% placebo Event HR • 0.58 (0.45 to 0.76)	<.001	4 8 Months • 95.4% letrozole vs. 95% placebo Event HR • 0.82 (0.57 to 1.19)	.30
SALSA NCT0029562 0 Gnant et al (2021) ^{21,}	3,470 post- menopausa I women with hormone- receptor- positive early stage	Aromatase inhibitor for an additional 2 years (total 7 years) vs. an additional 5 years (total 10 years)	Disease recurrence or death 10 years: 73.6% vs. 73.9% HR 0.99 (95% CI 0.85 to 1.15)	.90	10 years: 87.5% vs. 87.3% HR 1.02 (0.83 to 1.25)	NS

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Study	Populatio n	Comparator s	Breast Cancer-Sp Mortality	ecific	Overall Mortality	
			Event RR (95% CI)	p	Event RR (95% CI)	p
	breast cancer who had received 5 years of adjuvant endocrine therapy					

ABCSG: Austrian Breast and Colorectal Cancer Study Group; CI: confidence interval; DATA: Different Durations of Adjuvant Anastrozole Therapy; ER: estrogen receptor; HR: hazard ratio; IDEAL: Investigation on the Duration of Extended Adjuvant Letrozole; ITT: intention to treat; NCIC CTG: National Cancer Institute Clinical Trials Group; NS: not significant; NSABP: National Surgical Adjuvant Breast and Bowel Project; PR: progesterone receptor; RR: rate ratio; SALSA: Secondary Adjuvant Long-Term Study with Arimidex [anastrozole]; TAM: tamoxifen

Male Breast Cancer

The current NCCN guidelines on the management of breast cancer provide specific considerations for male patients.⁴ (see Table 3)

Table 3. Special Considerations for Breast Cancer In Males (Sex Assigned At Birth)

Genetics	The NCCN Panel recommends consideration of genetic testing for all males with breast cancer. ^a		
Breast surgery Historically, males with breast cancer have undergone mastectomy more or than BCS. However, breast-conservation therapy is increasingly being perform in males and evolving data indicate that breast conservation in males is associated with equivalent outcomes to mastectomy and that it is safe and feasible. Decisions about breast conservation versus mastectomy in males are be made according to similar criteria as for females.			
Axillary lymph node surgery	As in females, SLNB should be performed in the setting of male breast cancer with a clinically node-negative axilla.		
Radiotherapy	Indications for radiation after breast surgery in males with breast cancer are the same as for females with breast cancer.		
Chemotherapy with/without HER2-targeted therapy should be recommales with breast cancer according to guidelines for females with breast cancer according to guidelines for females with breast cancer tamoxifen for 5-10 years or, if tamoxifen is contraindicated, a GnRH an aromatase inhibitor. In males, single agent adjuvant treatment waromatase inhibitor has been associated with inferior outcomes comtamoxifen alone, likely due to inadequate estradiol suppression, and recommended.			
Follow-up after treatment for early- stage disease	There are only limited data to support screening for breast cancer in males. The NCCN Panel recommends that bone density be assessed at baseline and every 2 years in males with breast cancer who receive adjuvant GnRH analog therapy. Low bone density should be managed according to standard guidelines.		

Systemic therapy for advanced disease

Management of advanced breast cancer in males is similar to that in females; however, it is preferred that when an aromatase inhibitor is used, a GnRH analog should be given concurrently. Available data suggest single-agent fulvestrant has similar efficacy in males as in females. Newer agents such as CDK4/6 inhibitors in combination with an aromatase inhibitor or fulvestrant, mTOR inhibitors, and PIK3CA inhibitors have not been systematically evaluated in clinical trials in males with breast cancer. However, available real-world data suggest comparable efficacy and safety profiles and it is reasonable to recommend these agents to males based on extrapolation of data from studies comprised largely of female participants with advanced breast cancer. Indications for and recommendations regarding chemotherapy, HER2-targeted therapy, immunotherapy, and PARP inhibitors for advanced breast cancer in males are similar to those for advanced breast cancer in females.

Source: [National Comprehensive Cancer Network]

a- See NCCN Guidelines for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic.^{26,} BCS: breast-conserving surgery; CDK4/6: cyclin-dependent kinases 4 and 6; GnRH: gonadotropin-releasing hormone; mTOR: mammalian target of rapamycin; PARP: poly (ADP-ribose) polymerase; PIK3CA: phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha; SLNB: sentinel lymph node biopsy

DECISION FRAMEWORK FOR EVALUATING BREAST CANCER BIOMARKERS

Simon et al Framework

Many studies have investigated individual biomarkers or combinations of biomarkers associated with breast cancer outcomes. Determining which studies constitute sufficient evidence that the test or biomarker is likely to be clinically useful depends on attributes of the test such as its performance and the quality of the study generating the results. Simon et al (2009) have described a framework to evaluate prognostic biomarker evidence.^{27,} Study designs, such as prospective clinical trials or previously conducted clinical trials with archived tumor samples, constitute stronger evidence than studies with less planned and systematic patient recruitment and data collection. Randomized trials allow the determination of treatment-biomarker interactions that may be clinically important. In some clinical scenarios, demonstration of a treatment-biomarker interaction is not critical, because the decision to withhold chemotherapy in a low-risk group (to avoid chemotherapy-related morbidity) does not require the presence of a biomarker-treatment interaction. The study must generate an absolute estimate of outcomes in the patient group of interest that would result in a change in management (e.g., withholding of chemotherapy), and the study must have sufficient precision (narrow confidence intervals). Results of the same test across studies should show the consistency of results and more than 1 study demonstrating the desired result should be available. Simon et al (2009) have proposed that at least 2 Simon et al (2009) category B studies showing results consistent with clinical utility are necessary to demonstrate adequate evidence of a biomarker.²⁷, Simon et al (2009) also proposed that while "further confirmation in a separate trial of the results gained from a category A prospective trial is always welcome, compelling results from such a trial would be considered definitive and no other validating trial would be required."27,

REGULATORY STATUS

Clinical laboratories may develop and validate tests in-house and market them as a laboratory service; laboratory-developed tests must meet the general regulatory standards of the Clinical Laboratory Improvement Amendments. Oncotype DX and other tests listed herein are available under the auspices of the Clinical Laboratory Improvement Amendments. Laboratories that offer

laboratory-developed tests must be licensed by the Clinical Laboratory Improvement Amendments for high-complexity testing. To date, the U.S. Food and Drug Administration (FDA) has chosen not to require any regulatory review of this test.

In 2007, MammaPrint (Agendia) was cleared for marketing by the FDA through the 510(k) process for the prediction of breast cancer metastasis. In 2015, MammaPrint was cleared for marketing by the FDA through the 510(k) process for use in fresh-frozen, paraffin-embedded breast cancer tissue.

In 2013, Prosigna was cleared for marketing by the FDA through the 510(k) process. Moreover, the FDA determined that Prosigna was substantially equivalent to MammaPrint.

FDA product code: NYI.

Currently, the Breast Cancer Index (Biotheranostics), EndoPredict (distributed by Myriad), Insight TNBCtype (Insight Genetics), and DCISionRT (PreludeDX) are not FDA cleared or approved.

POLICY

- A. The use of the 21-gene reverse transcriptase-polymerase chain reaction (RT-PCR) assay (i.e., Oncotype DX), EndoPredict, the Breast Cancer Index, MammaPrint, or Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in women with primary, invasive, node-negative breast cancer meeting ALL of the following characteristics:
 - 1. unilateral tumor (see Policy Guidelines); AND
 - 2. hormone receptor-positive (i.e., estrogen-receptor positive or progesterone receptor positive); **AND**
 - 3. human epidermal growth factor receptor 2 negative; **AND**
 - 4. tumor size 0.6 to 1 cm with moderate or poor differentiation or unfavorable features OR tumor size larger than 1 cm; **AND**
 - 5. node negative (lymph nodes with micrometastases [less than or equal to 2 mm in size] are considered node negative for this policy statement); **AND**
 - 6. who will be treated with adjuvant endocrine therapy, (e.g., tamoxifen aromatase inhibitors); **AND**
 - 7. when the test result aids the individual in deciding on chemotherapy (i.e., when chemotherapy is a therapeutic option); **AND**
 - 8. when ordered within 6 months following diagnosis, because the value of the test for making decisions regarding delayed chemotherapy is unknown.
- B. The use of the MammaPrint assay to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered **medically necessary** in women with primary, invasive, node positive breast cancer meeting **ALL** of the following characteristics:
 - 1. unilateral tumor; **AND**
 - 2. hormone receptor-positive (i.e., estrogen receptor-positive or progesterone receptor-positive); **AND**
 - 3. human epidermal growth factor receptor 2-negative; AND
 - 4. stage T1 or T2 or operable T3 at high clinical risk (see Policy Guidelines); AND
 - 5. one to three positive nodes (N1); **AND**
 - 6. no distant metastases; **AND**
 - 7. who will be treated with adjuvant endocrine therapy (e.g., tamoxifen, aromatase inhibitors); **AND**
 - 8. eligible for a chemotherapy regimen containing a taxane, an anthracycline, or both;
 - 9. when the test result aids the individual in deciding on chemotherapy (i.e., when chemotherapy is a therapeutic option); **AND**
 - 10. when ordered within 6 months after diagnosis, because the value of the test for making decisions regarding delayed chemotherapy is unknown.

- C. The use of Oncotype Dx to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered **medically necessary** in women with primary, invasive, node positive breast cancer meeting **ALL** of the following characteristics:
 - 1. postmenopausal (defined as previous bilateral oophorectomy or more than 12 months since the last menstrual period and no previous hysterectomy);
 - 2. unilateral tumor; AND
 - 3. hormone receptor-positive (i.e., estrogen receptor-positive or progesterone receptor-positive); AND
 - 4. human epidermal growth factor receptor 2-negative; AND
 - 5. stage T1 or T2 or operable T3 at high clinical risk (see Policy Guidelines); AND
 - 6. 1 to 3 positive nodes (N1); AND
 - 7. no distant metastases; AND
 - 8. who will be treated with adjuvant endocrine therapy (e.g., tamoxifen, aromatase inhibitors); AND
 - 9. eligible for a chemotherapy regimen containing a taxane, an anthracycline, or both; AND
 - 10. when the test result aids the individual in deciding on chemotherapy (i.e., when chemotherapy is a therapeutic option); AND
 - 11. when ordered within 6 months after diagnosis, because the value of the test for making decisions regarding delayed chemotherapy is unknown.
- D. The use of Oncotype Dx to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy in premenopausal women (defined as less than 6 months since the last menstrual period) with primary, invasive, node positive breast cancer is considered **experimental / investigational** (see Policy Guidelines).
- E. The use of EndoPredict, the Breast Cancer Index, and Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy in individuals with primary, invasive, node positive breast cancer is considered **experimental / investigational**.
- F. The Oncotype DX, EndoPredict, the Breast Cancer Index, MammaPrint, and Prosigna assays should only be ordered on a tissue specimen obtained during surgical removal of the tumor and after subsequent pathology examination of the tumor has been completed and determined to meet the above criteria (i.e., the test should not be ordered on a preliminary core biopsy). The test should be ordered in the context of a physician-individual discussion regarding risk preferences when the test result will aid in making decisions regarding chemotherapy.
- G. For individuals who otherwise meet the above characteristics but who have multiple ipsilateral primary tumors, a specimen from the tumor with the most aggressive histological characteristics should be submitted for testing. It is not necessary to test each tumor; treatment is based on the most aggressive lesion (see Policy Guidelines).
- H. All other indications for 21-gene RT-PCR assay (i.e., Oncotype DX), EndoPredict, the Breast Cancer Index, MammaPrint, and Prosigna, including to consider the length of treatment with endocrine therapy, repeat testing with same test, or combination testing with various tests, are considered **experimental / investigational**.

- I. Use of a subset of genes from the 21-gene RT-PCR assay for predicting recurrence risk in individuals with noninvasive ductal carcinoma in situ (i.e., Oncotype DX Breast DCIS Score) to inform treatment planning after excisional surgery is considered **experimental / investigational**.
- J. Use of the DCISion RT assay for predicting recurrence risk in individuals with noninvasive ductal carcinoma in situ to inform treatment planning after excisional surgery is considered **experimental / investigational**.
- K. The use of BluePrint in conjunction with MammaPrint or alone is considered **experimental** / investigational.
- L. The use of Insight TNBCtype to aid in making decisions regarding chemotherapy in women with triple-negative breast cancer is considered **experimental / investigational**.
- M. Use of gene expression assays in men with breast cancer is considered **experimental /** investigational.

POLICY GUIDELINES

Unfavorable features that may prompt testing in tumors from 0.6 cm to 1 cm in size include the following: angiolymphatic invasion, high histologic grade, or high nuclear grade.

The 21-gene reverse transcriptase-polymerase chain reaction assay (Oncotype DX) should not be ordered as a substitute for standard estrogen receptor, progesterone receptor, or human epidermal growth factor receptor 2 (*HER2*) testing.

Current American Society of Clinical Oncology and College of American Pathologists joint guidelines on *HER2* testing in breast cancer (Wolff et al [2013]) have defined positive, negative, and equivocal *HER2* test results.

A. Unilateral Bilateral Premenopausal

Most breast cancer is unilateral, occurring in one breast. Bilateral breast cancer, breast cancer in both breasts, can be synchronous or metachronous. Synchronous is generally defined as occurring within 6 months, but other intervals are used (3 months or even 12 months), and overall, inconsistency in the use of the term "bilateral breast cancer" occurs. It is difficult to clearly know if a second breast cancer appearing within months of the first is metastatic spread or a new primary. There are no professional guidelines on use of gene expression assays in bilateral breast cancers, although small studies show Oncotype Dx score discordancy in synchronous bilateral ER-positive HER2-negative breast cancer with associated chemotherapy recommendation changes of 50% to 57%. No health outcomes were reported from the change in chemotherapy recommendations. As such, the position relates only to unilateral breast cancer although at the local level consideration could be given to genetic expression assay in a second cancer in the contralateral breast.

B. Premenopausal

The position on premenopausal women with node positive breast cancer differs from the NCCN guidelines (https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf). The NCCN guidelines have a 2A recommendation for OncotypeDx testing of premenopausal women with 1-3 positive lymph nodes based on the RxPONDER trial (Kalinsky et. al., 2021; PMID 34914339). Based on this test, the NCCN guidelines have a recommendation to "consider chemotherapy followed by endocrine therapy or alternatively, ovarian function suppression combined with either tamoxifen or an Aromatase inhibitor." Note that RxPONDER was not designed to test whether chemotherapy can be replaced by ovarian suppression, and that among premenopausal women, invasive disease—free survival at 5 years was 89.0% with endocrine-only therapy and 93.9% with chemoendocrine therapy (hazard ratio, 0.60; 95% CI, 0.43 to 0.83; P = 0.002), with a similar increase in distant relapse—free survival (hazard ratio, 0.58; 95% CI, 0.39 to 0.87; P = 0.009) indicating benefit of chemoendocrine therapy. While the evidence then is insufficient to support Oncotype DX testing as perhaps all premenopausal women benefit from chemoendocrine therapy regardless of Oncotype DX recurrence score, with the NCCN 2A recommendation for using Oncotype Dx testing for premenopausal women a local decision might need to be made.

C. Clinical Risk

In the MINDACT trial (Cardoso et. al., 2016; PMID: 27557300), low versus high clinical risk was determined using the Adjuvant! Online tool (version 8.0 with HER2 status, www.adjuvantonline.com). The Adjuvant tool includes factors for age, comorbidities, ER status, tumor grade and size and number of positive nodes. In MINDACT, ER-positive, HER2-negative, node-positive individuals were classified as high clinical risk if they met any of the following additional criteria:

- 1. Grade: well differentiated; tumor size: 2.1 to 5 cm
- 2. Grade: moderately differentiated; tumor size: any size
- 3. Grade: poorly differentiated or undifferentiated; tumor size: any size

D. Multiple Ipsilateral Tumors

Gene expression assay testing on multiple ipsilateral primary tumors could start with assessing the most histologically aggressive, as concordance of Oncotype Dx score with Nottingham score is strong. However, a low Oncotype Dx score indicating no need for adjuvant chemotherapy from the most aggressive appearing tumor might not negate the need for Oncotype Dx testing of other primary tumors. The literature base for this strategy is slim; but, for ipsilateral multiple tumors, Toole, et al. show that 22% (4 out of 18) had Oncotype Dx score differences that led to changes in management. Additionally though, Toole, et al. found that in a small number of cases the histology and grade were the same on ipsilateral lesions yet had significantly different Oncotype Dx scores altering chemotherapy recommendations. Larger, prospective studies are needed including clinical outcomes from management changes. Consideration at the local level could be given to histologically distinct tumors meeting the other criteria for gene expression assay testing, or serial testing. There is no literature assessing the use of one gene expression assay on one tumor and a different gene expression assay on another ipsilateral tumor.

E. Male Breast Cancer

For the purposes of this evidence review, the terms males and females are used to denote sex assigned at birth. Due to the limited participation of males in breast cancer clinical trials, the recommendations for managing breast cancer in males are predominantly based on extrapolations from data obtained from female breast cancer trials. While there are some biological and clinical differences between breast cancer in males and females, the management of breast cancer in males generally mirrors that of females, with specific considerations for male patients. According to the current NCCN guidelines on breast cancer, there is a scarcity of data on the use of molecular assays for predicting prognosis and chemotherapy benefits in male breast cancer patients. Nonetheless, the NCCN highlights that existing data indicate the 21-gene assay recurrence score (Oncotype DX) offers valuable prognostic insights for males with breast cancer.(https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf).

Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

RATIONALE

This evidence review has been updated regularly with searches using the PubMed database. The most recent literature update was performed through October 18, 2024.

Evidence reviews assess whether a medical test is clinically useful. A useful test provides information to make a clinical management decision that improves the net health outcome. That is, the balance of benefits and harms is better when the test is used to manage the condition than when another test or no test is used to manage the condition.

The first step in assessing a medical test is to formulate the clinical context and purpose of the test. The test must be technically reliable, clinically valid, and clinically useful for that purpose. Evidence reviews assess the evidence on whether a test is clinically valid and clinically useful. Technical reliability is outside the scope of these reviews, and credible information on technical reliability is available from other sources.

Promotion of greater diversity and inclusion in clinical research of historically marginalized groups (e.g., People of Color [African-American, Asian, Black, Latino and Native American]; LGBTQIA (Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual); Women; and People with Disabilities [Physical and Invisible]) allows policy populations to be more reflective of and findings more applicable to our diverse members. While we also strive to use inclusive language related to these groups in our policies, use of gender-specific nouns (e.g., women, men, sisters, etc.) will continue when reflective of language used in publications describing study populations."

ASSAYS OF GENETIC EXPRESSION IN TUMOR TISSUE

Clinical Context and Test Purpose

The purpose of assays of genetic expression in tumor tissue in patients with early-stage nodenegative or node-positive invasive breast cancer considering adjuvant chemotherapy; in patients with ductal carcinoma in situ (DCIS) considering radiotherapy; in patients with early-stage nodenegative invasive breast cancer, recurrence-free at 5 years considering extended endocrine therapy; and in patients with TNBC considering neoadjuvant chemotherapy, is to determine the risk of recurrence, which informs decisions about potential breast cancer treatment. A discussion of the various clinical scenarios was provided in the Background.

The following PICO was used to select literature to inform this review.

Populations

The populations of interest include:

- Women with early-stage node-negative or node-positive, hormone receptor-positive but HER2-negative, invasive breast cancer considering adjuvant chemotherapy;
- Women with DCIS considering radiotherapy; and
- Women with early-stage node-negative, hormone receptor-positive but HER2-negative, invasive breast cancer, recurrence-free at 5 years considering extended endocrine therapy; and
- Women with TNBC considering neoadjuvant chemotherapy

Interventions

The interventions of interest are assays of genetic expression in tumor tissue (Oncotype DX, EndoPredict, Breast Cancer Index [BCI], MammaPrint, Blueprint, Prosigna, Insight TNBCtype).

- For patients with early-stage invasive breast cancer, the assays would be performed following the diagnoses of early-stage node-negative or node-positive invasive breast cancer, when patients are considering adjuvant chemotherapy.
- For patients with DCIS, the assays would be performed following the diagnosis of DCIS, when patients are considering radiotherapy.
- For patients with early-stage invasive node-negative breast cancer who are recurrencefree for 5 years, the assays would be performed when patients are considering extended endocrine therapy. However, the assays are derived from analysis of the primary tumor only which was collected before endocrine therapy.
- For patients with TNBC, the assays would be performed following the diagnosis of TNBC, when patients are considering neoadjuvant chemotherapy.

In clinical scenarios involving breast cancer, accurate assessment of prognosis may affect the decision to offer certain treatments. Recently, several groups have identified panels of gene expression markers ("signatures") that appear to predict the baseline risk of invasive breast cancer recurrence after surgery, radiotherapy, and endocrine therapy (for hormone receptor-positive tumors). Several gene expression tests commercially available in the U.S. are listed in Table 3. If these panels are more accurate risk predictors than current clinical classifiers, they could be used to aid decision-making on adjuvant treatments without greatly affecting disease-free survival and OS. This review focuses on gene expression profiling panels that have the prognostic or predictive ability in individuals with early-stage, invasive breast cancer with known estrogen receptor and progesterone receptor and human epidermal growth factor receptor 2 (*HER2*) status. The proposed clinical utility of these tests varies by the clinical context; these specific indications are discussed in this review:

 Prognosis and/or prediction of treatment response in patients with node-negative, earlystage, hormone receptor-positive, *HER2*-negative invasive breast cancer who will receive adjuvant hormonal therapy for the purpose of determining whether patients can avoid adjuvant cytotoxic chemotherapy.

- Prognosis and/or prediction of treatment response in patients with node-positive (1-3 nodes), hormone-receptor-positive, early-stage, HER2-negative invasive breast cancer who will receive adjuvant hormonal therapy for the purpose of determining whether patients can avoid adjuvant cytotoxic chemotherapy.
- Prognosis and/or prediction of treatment response in patients with ductal carcinoma in situ for the purpose of determining whether patients can avoid radiotherapy.
- Prognosis and/or prediction of treatment response in patients with node-negative, early-stage, hormone receptor-positive, HER2-negative invasive breast cancer, receiving adjuvant hormonal therapy, who have survived without progression to 5 years postdiagnosis, for the purpose of determining whether patients will continue adjuvant hormonal therapy.
- Prognosis and/or prediction of treatment response in patients with TNBC considering neoadjuvant chemotherapy for the purpose of determining whether patients can avoid neoadjuvant chemotherapy.

For each of these indications, clinical trials have shown that there is some clinical benefit to receiving the additional therapy under consideration. However, each additional treatment has potential adverse events. If a patient subgroup can be defined that has an extremely low-risk of distant recurrence, or a subgroup can be defined that does not respond to the treatment, then the additional treatment can be forgone with little effect on cancer outcome due to the low-risk of poor outcome or lack of response to treatment.

Table 4. Gene Expression Tests Reporting Recurrence Risk for Breast Cancer Considered Herein

Test	Manufacturer	Description
Oncotype DX®	Genomic Health	21-gene RT-PCR; identifies 3 groups as low, intermediate, and high-risk for distant recurrence
EndoPredict®	Sividon Diagnostics (acquired by Myriad in 2016)	12-gene real-time RT-PCR; gene expression molecular score alone (EP) or EP is combined with the clinical parameters of tumor size and number positive lymph nodes (EPclin), resulting in classifications of EP low, EP high, EPclin low, or EPclin high-risk for distant recurrence
Breast Cancer Index SM Prognostic	Biotheranostics	Combines MGI and the HOXB13: IL17BR Index measured using RT-PCR; identifies 2 groups as low or high-risk for distant recurrence
MammaPrint®	Agendia	70-gene DNA microarray; identifies 2 groups as low or high-risk for distant recurrence
BluePrint®	Agendia	80-gene expression assay that classifies breast cancer into basal, luminal, and HER2 molecular subtypes. The test is marketed as an additional stratifier into a molecular subtype after risk assessment with MammaPrint®
Prosigna®	NanoString Technologies	Gene expression profile is assessed by the nCounter digital platform system to determine similarity with prototypic profiles of PAM50 genes for breast cancer;

Test	Manufacturer	Description				
		identifies 3 categorical ROR groups (ROR-low, ROR-intermediate, ROR-high)				
Insight TNBCtype™	Insight Genetics	Uses next-generation sequencing of 101 genes to generate 5 molecular subtypes, as well as a complementary immunomodulatory classifier to help predict response to immuno-oncology therapies. This may include directing selection and combination of chemotherapies, as well as to support development o novel TNBC targeted therapeutics and diagnostics				
DCISionRT	PreludeDx	Combines 7 monoclonal protein markers (COX-2, FOXA1, HER2, Ki-67, p16/INK4A, PR, and SIAH2) assessed in tumor tissue with 4 clinicopathologic factors (age at diagnosis, tumor size, palpability, and surgical margin status) to produce a score that stratifies individuals with DCIS into 3 risk groups: low risk, elevated risk with good response, and elevated risk with poor response. The purpose of the test is to predict radiation benefit in individuals with DCIS following breast conserving surgery.				

DCIS: ductal carcinoma in situ; MGI: Molecular Grade Index; PAM50: prediction analysis of microarray 50-gene set; ROR: risk of relapse; RT-PCR: reverse transcriptase-polymerase chain reaction; EP: expression profile.

Additional commercially available tests may provide prognostic or predictive information for breast cancer. Tests intended to assess estrogen receptor, progesterone receptor, and *HER2* status, such as TargetPrint (Agendia; via quantitative microarray), are outside the scope of this review. In addition, tests that do not provide a specific recurrence risk are outside the scope of this review.

Comparators

The comparators of interest for all assays are clinical risk prediction algorithms.

For adjuvant chemotherapy, a conventional risk classifier (e.g., Adjuvant! Online) estimates recurrence risk by considering criteria such as tumor size, type, grade, and histologic characteristics; hormone receptor status; and lymph node status. No single classifier is considered a criterion standard. Several common criteria have qualitative or subjective components that add variability to risk estimates.

A risk classifier tool to guide the use of extended therapy has been developed and validated in 2018 (Clinical Treatment Score post-5 years [CTS5]) but was not available at the time the studies providing evidence in this review were conducted.

Outcomes

Outcomes of interest for all assays are disease-specific survival and change in disease status.

- If patients with early-stage invasive breast cancer are classified as low-risk for distant recurrence, they may be able to forgo adjuvant chemotherapy safely.
- If patients with DCIS are classified as low-risk for distant recurrence, they may be able to safely forgo radiotherapy.
- If patients with invasive breast cancer who are recurrence-free for 5 years are classified as low-risk for distant recurrence, they may be able to safely forgo extended endocrine therapy.
- In patients with TNBC, molecular subtype classifications based on likelihood of response to neoadjuvant chemotherapy may inform risk: benefit considerations and aid in shared decision making about whether to undergo or forgo treatment.

Breast Cancer-Specific Outcomes

The main outcome of interest for this review is distant recurrence-free survival. Distant recurrence is a hallmark of advanced breast cancer and thus more informative of OS than disease-free survival. Disease-free survival also includes local recurrence, which has a much better treatment prognosis than the distant disease.

Historically, 10 year distant recurrence has been the outcome of interest for assessing prognostic tests used to select women with early-stage breast cancer who can avoid treatment with adjuvant chemotherapy.^{28,} The Early Breast Cancer Trialists' Collaborative Group (2012) conducted a patient data meta-analysis of 123 trials (n>100000 women) that compared various chemotherapy regimens with no chemotherapy for early-stage breast cancer.^{29,} The pooled results showed that women receiving chemotherapy experienced significantly lower rates of distant recurrence compared with women not receiving chemotherapy for up to 5 years; however, during the 5- to 10-year follow-up period, recurrence rates were similar between the 2 groups. This would suggest that any benefit of chemotherapy can be observed with 5 years of follow-up. As a result, BCBSA has revised the requirement for the duration of follow-up from 10 to 5 years when assessing prognosis in women considering adjuvant chemotherapy.

Decisions to undergo or forgo adjuvant therapy (chemotherapy or endocrine) depend on how a woman values the potential benefit of lower recurrence risk relative to the harms of treatment. The balance of benefits and harms determines the thresholds that inform decisions. 30,31, Most women will accept substantial adverse events for even modest benefit. For example, Simes et al (2001) interviewed 104 Australian women with breast cancer treated with cytotoxic chemotherapy and elicited preferences to undergo chemotherapy according to probable gain in survival.³², With an expected survival of 5 years without chemotherapy, 73% said they would accept chemotherapy for increased survival of 6 months or less; with an expected survival of 15 years, 39% would accept treatment for a gain of 6 months. Duric et al (2005) found 64% to 84% of 97 women expressing a willingness to undergo chemotherapy for a 1-year improvement in life expectancy or a 3% increase in survival rates. 33, About half felt a single day would justify adjuvant chemotherapy. A major difference between the 2 studies was that the chemotherapy regimen in the Duric et al (2005) study was less toxic. Thewes et al (2005) adopted the same approach for adjuvant endocrine therapy preferences in 102 premenopausal women with earlystage breast cancers.^{34,} Among women having a baseline life expectancy of 5 years, 61% said they would accept endocrine therapy for a 6-month increase in life expectancy and 79% for 1

year; rates were similar if the baseline life expectancy was 15 years. These proportions are close to those for adjuvant chemotherapy found by Duric et al (2005).

How these estimates correspond to the distant recurrence rates reported in prognostic studies is imprecise, but Henderson (2015) has suggested that below a recurrence threshold of 10% many patients will not elect adjuvant chemotherapy owing to the small absolute benefit.^{35,} He also noted that a majority of those patients are older with small node-negative tumors. That interpretation is consistent with a recent study of 81 women by Hamelinck et al (2016) who found that 78% of women ages 40 to 49 years, 88% ages 50 to 59, 59% ages 60 to 69, and 40% age 70 or older would accept adjuvant chemotherapy for a 0% to 10% absolute decrease in recurrence risk (see Table 4).^{36,} There is no such consensus on a specific recurrence threshold that is acceptable for avoiding extended adjuvant endocrine therapy.

There was a wide range of minimally required absolute benefits, with most accepting chemotherapy for an absolute benefit of 1% to 5%. At a given age range, fewer women expressed a willingness to accept adjuvant endocrine therapy than chemotherapy for a given mortality benefit.

Table 5. Patient Preferences for Undergoing Adjuvant Therapy for <10% Reduction in Recurrence Risk

Age Range, y	Proportion That Would	Accept 1% to 10% Benefit
	Chemotherapy, %	Endocrine, %
40-49	78	78
50-59	88	44
60-69	59	63
≥70	40	46

Adapted from Hamelinck et al (2016).36,

STUDY SELECTION CRITERIA BY SPECIFIC INDICATIONS

Early-Stage Node-Negative Invasive Breast Cancer: Adjuvant Chemotherapy Decisions

BCBSA required that distant disease recurrence be presented in node-negative, estrogen receptor-positive patients untreated with adjuvant chemotherapy. Results including only human epidermal growth factor receptor 2 (*HER2*)-negative patients were preferred, but many studies included small proportions of *HER2*-positive patients, which should not severely affect the findings. Exceptions to these selection criteria are noted. BCBSA selected studies presenting a minimum of 5-year distant disease recurrence rates. BCBSA additionally selected recently published prospective studies specifically designed to evaluate the clinical utility of genetic expression profiles.

BCBSA excluded studies in which the gene expression algorithm was being developed ("training sets"), studies using convenience samples of patients, and observational studies based on registry data.²⁷, BCBSA also excluded studies in different populations and for different outcomes that may contribute to the body of evidence for the capability of the tests to improve the prediction of prognosis.

Early-Stage Node-Positive Invasive Breast Cancer: Adjuvant Chemotherapy Decisions

For studies evaluating prognosis, BCBSA requires that a minimum of 5-year outcomes (distant disease recurrence, disease-free survival, or OS) be presented in node-positive, estrogen receptor-positive patients untreated with adjuvant chemotherapy. In addition, any studies specifically prospectively designed to evaluate the clinical utility of genetic expression profiles with reported 5-year outcomes were included. BCBSA excluded studies in which the gene expression algorithm was being developed ("training sets"), studies using convenience samples of patients, and observational studies based on registry data.²⁷,

Ductal Carcinoma In Situ: Radiotherapy Decisions

For studies evaluating prognosis, BCBSA requires that a minimum of 5-year outcomes (distant disease recurrence, disease-free survival, or OS) be presented in DCIS patients considering radiotherapy decisions. In addition, any studies specifically prospectively designed to evaluate the clinical utility of genetic expression profiles with reported 5-year outcomes were included. BCBSA excluded studies in which the gene expression algorithm was being developed ("training sets"), studies using convenience samples of patients, and observational studies based on registry data.²⁷,

Extended Endocrine Therapy Decisions

For studies evaluating prognosis, BCBSA required that late (ten years or beyond) recurrences (distant disease recurrence, disease-free survival, or OS) be presented in estrogen receptor-positive patients. BCBSA excluded studies in which the gene expression algorithm was being developed ("training sets") studies using convenience samples of patients, and observational studies based on registry data.^{27,}

Triple-Negative Breast Cancer: Neoadjuvant Chemotherapy Decisions

For studies evaluating prognosis, BCBSA requires that a minimum of 5-year outcomes (distant disease recurrence, disease-free survival, or OS) be presented in triple-negative breast cancer patients following neoadjuvant chemotherapy. In addition, any studies specifically prospectively designed to evaluate the clinical utility of genetic expression profiles with reported 5-year outcomes were included. BCBSA excluded studies in which the gene expression algorithm was being developed ("training sets"), studies using convenience samples of patients, and observational studies based on registry data.²⁷,

REVIEW OF EVIDENCE

EARLY-STAGE NODE-NEGATIVE INVASIVE BREAST CANCER CONSIDERING ADJUVANT CHEMOTHERAPY

ONCOTYPE DX (21-GENE ASSAY)

Low-Risk Threshold (Recurrence Scores ≤10)

BCBSA identified 4 studies with 10 year outcomes meeting selection criteria for the low-risk category. ^{37,38,39,40}, The studies derive from 3 completed randomized trials and thus are all Simon et al (2009) category B studies. The study by Paik et al (2006) evaluated patients from a trial in which the subjects were part of the training set used to develop the Oncotype algorithm, so its

results might be biased.^{39,} The study by Tang et al (2011)^{40,} represents the same results as Paik et al (2004),^{38,} but categorized by the Adjuvant! Online clinical risk stratifier (see Table 5).

Across all 3 studies in which patients were solely classified by Recurrence Score (RS), the 10 year risk of distant recurrence was low in the RS low category. Ten-year distant recurrence rates were all below the 10% threshold suggested by Henderson (2015),^{35,} and the upper limit of the 95% confidence intervals (CIs) were also below 10%. In the study by Tang et al (2011), which categorized patients by both clinical risk and RS category, the RS provided further risk stratification within clinical risk categories. The recurrence rates for each clinical risk and RS group, although they showed that each characteristic provides some predictive capability, are somewhat arbitrary because the cutoffs used to categorize clinical risk were simply based on creating classes similar in size to RS categories. Different cutoffs for the clinical risk categories would render different recurrence rates.

A prospective trial of Oncotype DX evaluating prognosis was published by Sparano et al (2015).^{41,} The trial evaluated outcomes at 5 years. It is among the few Simon et al (2009) category A studies available. In it, women with node-negative, estrogen receptor-positive, HER2positive breast cancer were evaluated with Oncotype DX. Depending on the RS, women were assigned to endocrine therapy (ET) alone (low RS), randomized to adjuvant chemotherapy or no chemotherapy (middle category RS), or assigned to adjuvant chemotherapy (high RS). The published trial only reported the findings of the group at low-risk of recurrence assigned to ET. Of 10,253 subjects, 1629 patients had a RS of 0 to 10 and did not receive adjuvant chemotherapy (it should be noted that the cutoff score of 10 is lower than that for other studies evaluating Oncotype DX and thus evaluates a group at lower predicted risk of distant recurrence than other Oncotype DX studies, which typically used a cutoff of 18). Consequently, only 15.9% of the study population was judged low-risk, which is much lower than in other studies. At 5 years, the distant recurrence rate was 0.7% (95% CI, 0.4% to 1.3%). Other outcomes at 5 years were rate of invasive disease-free survival (93.8%; 95% CI, 92.4% to 94.9%), rate of freedom from recurrence (98.7%; 95% CI, 97.9% to 99.2%), and OS (98%; 95% CI, 97.1% to 98.6%). Results from the randomized subjects in the trial are not available. The outcomes of these subjects, who were at higher predicted risk of recurrence, would demonstrate the risk of outcomes of subjects with higher scores and perhaps determine the magnitude of benefit of chemotherapy in these subjects.

Evidence for clinical validity has shown that patients within the low-risk threshold for Oncotype DX may consider safely forgoing adjuvant chemotherapy with tight precision, and thereby avoid negative effects of the therapy (Table 6).

Table 6. Ten-Year Distant Recurrence by Oncotype DX Risk Score Group

Study (Source of Patients)	N	Risk Score Group by % Patients in Risk Group			10-Year Distant Recurrence (95% Confidence Interval), %			
		Low	Int	High	Low	Int	High	
Paik et al (2004) ^{38,} (TAM arm of NSABP B-14 trial)	668	51			6.8 (4.0 to 9.6)	14.3 (8.3 to 20.3)	30.5 (23.6 to 37.4)	
Paik et al (2006) ^{39,} (TAM arm of NSABP B-20 trial)	227	59	20	21	3.2 (0.1 to 6.3)	9.1 (0.6 to 17.5)	39.5 (25.2 to 53.8)	
Tang et al (2011) ^{40,} (TAM arm of NSABP B-14 trial)	668	 Clin low/RS low: 32 Clin low/RS inthigh: 21 Clin inthigh/RS low: 18 Clin inthigh/RS inthigh: 29 			 5.6 (2.5 to 9) 12.9 (7 to 19) 8.9 (4 to 14) 30.7 (24 to 38) 			
Buus et al (2016) ^{37,} (ATAC trial)	680	64	27	10	5.3 (3.5 to 8.2)	14.3 (9.8 to 20.6)	25.1 (15.8 to 38.3)	
Sestak et al (2018) ^{42,} (ATAC trial)	591	374	74 156 61		5.9 (3.8 to 9.1)	16.7 (11.5 to 24.0)	27.2 (17.3 to 41.2)	

ATAC: Arimidex, Tamoxifen, Alone or in Combination; Clin: Clinical; Int: intermediate; NSABP: National Surgical Adjuvant Breast and Bowel Project; RS: Recurrence Score; TAM: tamoxifen.

Intermediate-Risk Threshold (Recurrence Scores 11-25)

Sparano et al (2018) conducted an RCT, Trial Assigning Individualized Options for Treatment (TAILORx) to evaluate the risk of recurrence in women with midrange scores. 43, Women with intermediate-risk scores were randomized to ET (n=3399) or chemoendocrine therapy (n=3312). Women with low-risk scores (\leq 10) received ET (n=1619) and women with high-risk scores (\geq 26) received chemoendocrine therapy (n=1389). Overall disease-free survival estimates showed that adjuvant ET was noninferior to chemoendocrine therapy in women with intermediate-risk scores (see Table 7). However, subgroup analyses by age showed women younger than 50 may benefit from chemotherapy. The TAILORx investigators provided a further update (in conference abstract form) in 2023 which confirmed findings from this primary analysis. With a median follow-up of at least 10.4 years for the overall population and 11 years for the randomized population, the study confirmed the prognostic capability of the Oncotype DX assay using all pre-specified survival endpoints. Differentiation between RS categories in all the endpoints was highly significant (p<0.001). In the intermediate RS 11-25 arms, 12-year DFS analysis identified no advantage of chemoendocrine therapy (77.4 \pm 0.9%) versus ET alone (76.8 \pm 0.9%), confirming noninferiority for the primary endpoint. Non-inferiority for chemoendocrine therapy was maintained for distant recurrence, and OS.44,

To further integrate clinical features, Sparano et al (2021) reported on development of a new tool (RSClin®) designed to integrate the RS result with age, tumor grade, tumor size, and ET

type.^{45,} The tool was derived from a patient-specific meta-analysis in 10,004 women with hormone receptor–positive, HER2-negative, node-negative breast cancer, of whom 9,427 participated in the TAILORx trial. The RSClin tool, subsequently validated in an external cohort from the Clalit Health Services registry (Israel),^{46,} provides estimates for 10-year disease recurrence and absolute chemotherapy benefit in early breast cancer. The RSClin tool does not offer specific treatment recommendations and further prospective studies are needed with external validation sets that includes patients randomly assigned to chemotherapy.

Table 7. Survival and Distant Recurrence Estimates by Oncotype DX RS in TAILORx⁴³,

RS	Therapy	` '		Free Fr	om DR Rate	OS Rate (SD)		
		5 Year	9 Year	5 Year	9 Year	5 Year	9 Year	
Low	Endocrine	94.0 (0.6)	84.0 (1.3)	99.3 (0.2)	96.8 (0.7)	98.0 (0.4)	93.7 (0.8	
Intermediate	Endocrine	92.8 (0.5)	83.3 (0.9)	98.0 (0.3)	94.5 (0.5)	98.0 (0.2)	93.9 (0.5)	
Intermediate	Chemoendocrine	93.1 (0.5)	84.3 (0.8)	98.2 (0.2)	95.0 (0.5)	98.1 (0.2)	93.8 (0.5)	
High	Chemoendocrine	87.6 (1.0)	75.7 (2.2)	93.0 (0.8)	86.8 (1.7)	95.9 (0.6)	89.3 (1.4)	

DFS: disease-free survival; DR: distant recurrence; Int: intermediate; OS: overall survival; RS: Recurrence Score; SD: standard deviation.

Subsection Summary: Oncotype DX (21-Gene Assay)

Archived samples from previous RCTs have consistently shown that a low RS correlates with a low absolute risk of distant recurrence within 10 years, with the upper 95% CI not exceeding 10%. This translates to minimal absolute benefit from adjuvant chemotherapy for patients with low RS. More than half of the patients in these studies were classified as low-risk. One Simon et al. category A study employed a stricter cutoff to define low-risk scores and found very low rates of distant recurrence, aligning with earlier findings.

An RCT that randomized women with intermediate-risk scores to either endocrine therapy alone or chemoendocrine therapy found that endocrine therapy alone was noninferior to chemoendocrine therapy in terms of disease-free survival, distant recurrence, and OS. The non-inferiority of chemoendocrine therapy was maintained for these pre-specified survival endpoints over a median follow-up period of 11 years.

EndoPredict

BCBSA identified 2 studies with 4 sets of findings that met selection criteria (see Table 8). The study by Filipits et al (2011) assessed patients from 2 previously conducted clinical trials.^{47,} BCBSA selected the study even though it included patients with positive nodes (32% of patients) because the expected effect of inclusion of these patients is to increase the recurrence rates and result in a conservative (biased to be high) estimate of distant recurrence. Buus et al (2016) and Sestak et al (2018) studied patients from the ATAC trial, which evaluated the efficacy and safety of anastrozole versus tamoxifen in postmenopausal women with localized breast cancer.^{37,42,} In both studies, risk scores were defined as high and low based on a predefined cut-

point corresponding to a 10% risk of distant recurrence. EndoPredict provides an expression profile (EP) score based solely on the gene expression assay: the EPclin score incorporates the EP score plus clinical data on tumor size and nodal status. Results of the subgroup of nodenegative patients in both studies were only reported in supplemental materials because the main report focused on combined node-positive and node-negative results. Node-negative patients constituted 73% of the subjects included in Buus et al (2016) and 68% in Filipits et al (2011).

All 4 sets of findings showed that a low EP score is associated with a low absolute risk of 10 year distant recurrence. In 1 study the CI exceeded 10% but this was the smallest study (N=378 subjects). When the EP score incorporates tumor size and nodal status, a low EPclin score is also associated with a low absolute risk of 10 year distant recurrence. A higher proportion of subjects were classified as low-risk (55%-73%) using EPclin, but the 10-year distant recurrence rates in the low-risk group were similar to rates in the EP low-risk group. This demonstrated that EPclin discriminates outcomes better than EP; it also suggests that using EPclin would result in fewer patients choosing chemotherapy than using EP alone. Subgroup analyses in Filipits et al (2011) including only patients with node-negative cancers showed an absence of distant recurrence of 95.0% (95% CI, 93.2% to 97.6%) in the EPclin low-risk group and 83.6% (95% CI, 77.2% to 90.0%) in the EPclin high-risk group. Subgroup analyses in Buus et al (2016) reported distant recurrence-free rates of 94.1% in the EPclin low-risk group and 80.0% in the EPclin high-risk group.

Sestak et al (2019) reported results of an analysis of the performance of EndoPredict to predict chemotherapy benefit.^{48,} The analysis included 3746 women; 2630 patients received 5 years of ET alone (from ABCSG-6/8, TransATAC trials) and 1116 patients received ET + C (from GEICAM 2003-02/9906 trial). There was a significant positive interaction between EPclin as a continuous measure and treatment group for the outcome of the 10 year DR rate (interaction p=.022). Although the comparison is indirect, it may suggest that a high EPclin score can predict chemotherapy benefit in women with ER-positive, HER2-negative disease.

Evidence for clinical validity has shown that EndoPredict is able to identify women who can safely forgo adjuvant chemotherapy with tight precision, and thereby avoid negative effects of the therapy.

Table 8. Ten-Year Distance Recurrence by EndoPredict Risk Group

Study (Source of Patients)	N	Risk Score Group by % Patients in Risk Group			10-Year Distant Recurrence (95% Confidence Interval), %				
		EP Low	EP High	EPclin Low	EPclin High	EP Low	EP High	EPclin Low	EPclin High
Filipits et al (2011) ^{47,,a} (ABCSG-6 trial)	378	51	49	55	45	8 (3 to 13)	22 (15 to 29)	4 (1 to 8)	28 (20 to 36)
Filipits et al (2011) ^{47,,a} (ABCSG-8 trial)	1324	48	52	65	35	6 (2 to 9)	15 (11 to 20)	4 (2 to 5)	22 (15 to 29)
Buus et al (2016) ^{37,} (ATAC trial)	680	43	57	73	27	3.0 (2 to 6)	14.6 (11 to 19)	5.9 (4 to 9)	20.0 (15 to 27)

Study (Source of Patients)	N	Risk Score Group by % 10-Year Distant Recurrence (95% Confidence Interval), %							
Sestak et al (2018) ^{42,} (ATAC trial)	591	NR	NR	429	162	NR	NR	7 (4 to 10)	22 (16 to 30)

ABCSG: Austrian Breast and Colorectal Cancer Study Group; ATAC: Arimidex, Tamoxifen, Alone or in Combination; EP: expression profile score; EPclin: EndoPredict score; NR: not reported.

Subsection Summary: EndoPredict

Archived samples from previous RCTs reveal that both low EP and low EPclin scores correlate with a low absolute risk of 10-year distant recurrence, typically with an upper 95% CI bound under 10%, except in one small study. These findings suggest a minimal absolute benefit from adjuvant chemotherapy. Over half of the patients in these studies were classified as low-risk, with the EPclin score classifying a higher proportion of patients as low-risk compared to the EP score.

Breast Cancer Index

BCBSA identified 4 sets of findings using samples from 2 RCTs and a registry for the BCI that met selection criteria (see Table 9).^{49,50,} Some *HER2*-positive patients were included in both studies but the number was not provided. Sgroi et al (2013)^{49,} and Sestak et al (2018)^{42,} analyzed patients receiving anastrozole or tamoxifen in the ATAC trial. This trial constitutes a Simon et al (2009) category B study. Two versions of the BCI score were generated in the study: (1) the BCI-C, based on cubic combinations of the variables, and (2) the BCI-L, based on linear combinations of the variables. The second study, by Zhang et al (2013), reported 2 sets of findings, 1 deriving from a clinical trial and another from patient registries.^{50,} Patients from the registry were only included if tissue samples were available.

In all sets of findings, the BCI classified more than half of the patients as low-risk, and these patients had a low risk of disease recurrence at 10 years. The Sgroi et al (2013) and Sestak et al (2018) studies reported that the patients categorized as low-risk by BCI-C and BCI-L experienced a low-risk of disease recurrence, with the CIs not exceeding 10%. In the Zhang et al (2013) study, patients in BCI low-risk categories also showed a low-risk of distant disease recurrence, with CIs not exceeding 10%.

Table 9. Ten-Year Distance Recurrence by BCI Risk Group

Study (Source of Patients)	N	Risk Score Group by % Patients in Risk Group			10-Year Distant Recurrence (95% Confidence Interval), %			
		BCI Low	BCI Int	BCI High	BCI Low	BCI Int	BCI High	
Zhang et al (2013) ^{50,} (multicenter registry)	358	55	22	23	6.6 (2.9 to 10)	23.3 (12.3 to 33)	35.8 (24.5 to 45.5)	
Zhang et al (2013) ^{50,} (Stockholm trial)	317	64	20 16		4.8 (1.7 to 7.8)	11.7 (3.1 to 19.5)	21.1 (8.5 to 32.0)	
		BCI-C Low	BCI-C Int	BCI-C High	BCI-C Low	BCI-C Int	BCI-C High	

^a ABCSG-6 and ABCSG-8 studies included a combined 32% node-positive patients.

Study (Source of Patients)	N	Risk Score Group by % Patients in Risk Group			10-Year Distant Recurrence (95% Confidence Interval), %			
Sgroi et al (2013) ^{49,} (ATAC trial)	665	58	25	17	6.8 (4.4 to 10)	17.3 (12.0 to 24.7)	22.2 (15.3 to 31.5)	
		59	25	16	4.8 (3.0 to 7.6)	18.3 (12.7 to 25.8)	29.0 (21.1 to 39.1)	
Sestak et al (2018) ^{42,} (ATAC trial)	591	365	143	83	3.9 (2.3 to 6.7)	19.3 (13.3 to 27.6)	27.3 (18.7 to 38.8)	

ATAC: Arimidex, Tamoxifen, Alone or in Combination; BCI-C: Breast Cancer Index using cubic form of variables.

Subsection Summary: Breast Cancer Index

For individuals who have early-stage node-negative invasive breast cancer considering adjuvant chemotherapy who receive gene expression profiling with the Breast Cancer Index, the evidence includes findings from 2 prospective-retrospective studies and a registry-based observational study. The findings from the 2 prospective-retrospective studies showed that a low-risk Breast Cancer Index score is associated with low 10-year distant recurrence rates (average risk at 10 years, 5%-7%; upper bound of the 95% CI, 8% to 10%). The evidence is sufficient to determine that the technology results in an improvement in the net health outcome.

Four sets of findings for the BCI have shown a low-risk of 10 year distant recurrence among patients classified at low-risk. Two sets of findings have been derived from clinical trials and are categorized as Simon et al (2009) category B. The findings from the multicenter registry are Simon et al (2009) category C. Evidence for clinical validity has shown that the BCI is able to identify women who can safely forgo adjuvant chemotherapy with tight precision, and thereby avoid negative effects of the therapy.

MammaPrint (70-Gene Signature)

The Microarray In Node-Negative and 1 to 3 Positive Lymph Node Disease May Avoid Chemotherapy (MINDACT) trial (Cardoso et al [2016]) is a prospectively designed trial evaluating MammaPrint, with additional randomized components (see Table 9).^{51,} Currently, 5 year results are available. In this trial, women with early-stage breast cancer were evaluated with both MammaPrint and a clinical risk estimator. Women at low-risk with both methods did not receive chemotherapy. Women with discordant risks were randomized to chemotherapy or to no chemotherapy. Women at high-risk with both methods received chemotherapy.

Although parts of the study are an RCT, the endpoint for this particular analysis was the distant recurrence rate among patients with high-risk clinical and low-risk genetic profile who did not receive chemotherapy. Investigators prespecified that the upper bound of the 95% CI for distant recurrence was 8%, which they stated would be a sufficiently low-risk that such patients could reasonably avoid chemotherapy. Declaring this to be the main endpoint implies a clinical strategy of using MammaPrint only in patients at high clinical risk, and deferring chemotherapy in those tested patients who have low genetic risk scores. In this strategy, patients at low clinical risk are not tested with MammaPrint.

While trial entry criteria included patients with node-positive, estrogen receptor-negative, or *HER2*-positive breast cancer, these patients constituted a minority of those in the study. The main results included these patients. The authors conducted supplemental analyses of various subgroups, including the subset who were node-negative, estrogen receptor-positive, or *HER2*-negative. To report the results of patients most comparable with the other studies discussed herein, BCBSA staff abstracted the results of these supplemental analyses (see Table 10). The results are qualitatively similar to the published main results.

In the main article, the principal objective of the study was met. The group at high clinical risk and low genomic risk who did not receive chemotherapy had a distant recurrence rate of 5.3% (95% CI, 3.8% to 7.5%). In the node-negative, estrogen receptor-positive, or *HER2*-negative subgroup analysis, this group had a distant recurrence rate of 4.5% (95% CI, 3.8% to 8.4%). Piccart et al reported updated results from MINDACT in $2021.^{52}$, In the updated analysis, with median follow-up of 8.7 years (IQR 7.8 to 9.7), 5-year distant metastasis-free survival rate for individuals with high clinical risk and low genomic risk receiving no chemotherapy (primary test population, n=644) was 95.1% (95% CI 93.1% to 96.6%), supporting the previous analysis.

In the group with clinical low-risk and high genomic risk, who were not considered in the main outcome, in both the main analysis and in the node-negative, estrogen receptor-positive, or *HER2*-negative subgroup, the results would indicate that the risk of distant recurrence is not low enough to avoid chemotherapy (main analysis distant recurrence, 5% [95% CI, 3% to 8.2%]; hazard ratio (HR) subgroup distant recurrence, 6.1% [95% CI, 3.9% to 9.4%]). In the testing strategy implied in this study, by not testing for genomic risk in the low clinical risk group, these patients would not be identified.

The groups randomized to chemotherapy showed no significant difference in 5 year distant recurrence, but the CIs were wide and thus less informative regarding whether chemotherapy is or is not beneficial in these patient groups. In the main study, the HR for chemotherapy in the high clinical risk/low genomic risk was 0.78 (95% CI, 0.5 to 1.21). The HR for chemotherapy in the low clinical risk/high genomic risk group was 1.17 (95% CI, 0.59 to 2.28).

Table 10. MINDACT Trial 5-Year Distant Recurrence for the Node-Negative, Estrogen Receptor-Positive, or *HER2*-Negative Subgroup

Study (Trial)	N	Risk Score Group by % Patients in Risk Group	5-Year Distant Recurrence (95% Confidence Interval), %
Cardoso et al (2016) ^{51,} (MINDACT trial)	4225	 Clin low/MP low: 58 Clin low/MP high: 11 Clin high/MP low: 17 Clin high/MP high: 14a 	 2.4 (1.8 to 3.1) 6.1 (3.9 to 9.4) 4.5 (2.4 to 8.4) 9.1 (6.8 to 12)

Clin: clinical; *HER2*: human epidermal growth factor receptor 2; MINDACT: Microarray In Node-negative and 1 to 3 positive lymph node Disease may Avoid ChemoTherapy; MP: MammaPrint.

^a All Clin high/MP high subjects received chemotherapy.

Subsection Summary: MammaPrint (70-Gene Signature)

The evidence supporting the use of MammaPrint to determine low-risk women for adjuvant chemotherapy includes a Simon A category study. The study provided five-year distant recurrence outcomes, demonstrating that patients identified as low-risk by MammaPrint (whether clinically low-risk or high-risk) exhibited low distant recurrence rates, remaining within the 10% threshold. This evidence is sufficient, as it is based on a prospective category A trial.

Blueprint

The BluePrint molecular subtyping profile was developed using 200 breast cancer specimens that had concordant estrogen receptor, progesterone receptor, and HER2 protein levels by immunohistochemistry (IHC).53,Using a 3-fold cross-validation procedure, 80 genes thought to best discriminate the 3 molecular subtypes were identified. BluePrint was confirmed on 4 independent validation cohorts (N=784), which included samples from a consecutive series of patients seen at the Netherlands Cancer Institute and treated with adjuvant tamoxifen monotherapy (n=274), a group of patients from a multi-center observational study on Mammaprint (n=100), and 2 publicly available data sets (n=410). Additionally, in 133 patients treated with neoadjuvant chemotherapy, the molecular subtyping profile was tested as a predictor of chemotherapy response. The authors concluded that use of BluePrint classification showed improved distribution of pathological complete response (pCR) among molecular subgroups compared with local pathology: 56% of patients achieved pCR in the basal-type subgroup; 3% in the MammaPrint low-risk, luminal-type subgroup; 11% in the MammaPrint highrisk, luminal-type subgroup; and 50% in the HER2-type subgroup. In a similar study, Whitworth et al (2014) reported reclassification of 94 (22%) of 426 patients with breast cancer who were classified by both IHC/fluorescence in situ hybridization (FISH) and BluePrint and treated with neoadjuvant chemotherapy. 54, Six percent of BluePrint luminal-type patients achieved pCR compared with 10% of IHC/FISH hormone receptor-positive/HER2-negative patients; 53% of BluePrint HER2-positive patients achieved pCR compared with 38% of IHC/FISH HER2-positive patients (the majority of HER2-positive patients by either method received trastuzumab); and 35% of BluePrint basal-type patients achieved pCR compared with 37% of IHC/FISH "triplenegative" patients.

Wuerstlein et al. (2019) conducted a prospective evaluation of how MammaPrint and BluePrint influence clinical therapy decisions in patients with luminal early breast cancer. ⁵⁵, About 72% (309 out of 430) of patients had node-negative disease. Specifically focusing on BluePrint's impact, the investigators found that there was a 65% concordance rate between IHC assessment and BluePrint subtyping for Luminal A or B-like tumors. Notably, BluePrint reclassified two clinically identified Luminal A-like tumors and four Luminal B-like tumors as Basal type. Additionally, BluePrint reclassified 46% (80 out of 173) of Luminal B-like tumors to Luminal A, and 24% (62 out of 256) of Luminal A-like tumors to Luminal B. This led to an overall discordance rate of 34% in subtype classification. The study also highlighted the strong association between chemotherapy recommendations and molecular subtype: 94% (143 out of 152) of patients with molecular Luminal B tumors received a recommendation for chemotherapy, whereas 92% (251 out of 272) of patients with molecular Luminal A tumors were advised to omit chemotherapy.

Subsection Summary: Blueprint

The 80-gene expression assay BluePrint discriminates among 3 breast cancer molecular subtypes. The evidence includes a few observational studies with no direct evidence that BluePrint improves the net health outcome. Clinical utility of BluePrint is unknown, because it is

unclear how this test will add to treatment decision-making using currently available, accepted methods (e.g., clinical and pathologic parameters). This evidence is insufficient, as it did not meet Simon et al (2009) category A or B criteria.

Prosigna

Three studies using samples from 2 RCTs that met selection criteria were identified (studies are classed as Simon et al [2009] category B).^{56,57,42,} However, the distant recurrence rates from the study by Dowsett et al (2013) were not directly reported in the published article. As a result, rates cited in Table 10 are based on visual estimates of the graphic results; CIs are not available).^{56,} All studies reported distant recurrence rates below 5%, with the CIs not exceeding 10%. In the 2 studies reporting the proportion of patients classified as low-risk, more than 47% of patients were classified as low-risk. It is important to recognize the variations in ET regimens between the two trials. The ABCSG-8 trial assessed a sequential treatment method involving either tamoxifen alone or tamoxifen followed by anastrozole. In contrast, the ATAC trial focused on comparing two distinct single-agent treatments: anastrozole versus tamoxifen.

Table 11. Ten-Year Distant Recurrence by Prosigna Recurrence Score Group

Study (Trial)	N	Risk Score Group (% Patients in Risk Group)			10-Year Distant Recurrence (95% Confidence Interval), %			
		Low	Int	High	Low	Int	High	
Gnant et al (2014) ^{57,} (ABCSG-8 trial)	1047	47	32	22	3.4 (2.1 to 5.6)	9.6 (6.7 to 13.7)	15.7 (11.4 to 21.6)	
Dowsett et al (2013) ^{56,} (ATAC trial)	739	59	33	8	4.8 (NR)	13.8 (NR)	30.2 (NR)	
Sestak et al (2018) 42, (ATAC trial)	591	54	30	16	3.0 (1.6 to 5.8)	14.1 (9.4 to 20.8)	32.4 (23.4 to 43.8)	

ABCSG: Austrian Breast and Colorectal Cancer Study Group; ATAC: Arimidex, Tamoxifen, Alone or in Combination; Int: intermediate; NR: not reported.

Subsection Summary: Prosigna

Three category Simon et al (2009) B studies using samples from 2 different populations have shown absolute risks of 10 year distant recurrence that are sufficiently low for consideration of avoiding adjuvant chemotherapy. However, these results should be viewed cautiously because they may be due to variations in the tests used in these different studies.

Section Summary: Early-Stage Node-Negative Invasive Breast Cancer Considering Adjuvant Chemotherapy

Table 12 summarizes the level of evidence for each test in early-stage node-negative breast cancer. Because the evidence includes at least 2 Simon Category Level B studies or 1 Category Level A study, the evidence is sufficient for each.

Table 12. Summary of the Evidence for Early-Stage Node-Negative Invasive Breast

Cancer Considering Adjuvant Chemotherapy

Test	Highest Level of Evidence (citations)	Sufficiency of the Evidence
Oncotype DX	2 Simon Category A	Sufficient
EndoPredict	4 Simon Category B	Sufficient
Breast Cancer Index	2 Simon Category B	Sufficient
MammaPrint	1 Simon Category A	Sufficient
Prosigna	3 Simon Category B	Sufficient

Early-Stage Node-Positive Invasive Breast Cancer Considering Adjuvant Chemotherapy

Table 13 summarizes the clinical validity studies that met selection criteria, which were all prospective-retrospective designs, examining the prognostic value of gene expression profiling tests in patients with early-stage node-positive breast cancer receiving only endocrine therapy (ET). Almost all cancers were estrogen receptor-positive and *HER2*-negative, most patients had 3 or fewer positive lymph nodes, and all women were postmenopausal. Table 14 displays 10-year event rates by risk categories in these studies.

Table 13. Characteristics of Patients Included in Node-Positive Prospective-

Retrospective Studies

_			HE R2						Adjuvant	Trial/Stu
Study	N	ER +	+	Tun	or Si	ze	Node	S	Chemo	dy
				≤2 cm	2-5 cm	>5 cm	1-3	≥4		
Oncotype DX										
Albain (2010) ^{58,,a}	14 8	145 (98)	13 (9)	46 (31)	94 (64)	8 (5)	94 (64)	54 (36)	0 (0)	SWOG- 8814
Albain (2010) ^{58,,b}	21 9	210 (96)	30 (14)	74 (34)	136 (62)	9 (4)	133 (61)	86 (39)	219 (100)	
Dowsett (2010) ^{59,}	30 6	306 (100)	NR for node-positive patients		243 (79)	63 (21)	0 (0)	TransATA C		
Nitz (2017) ^{60,} Nitz (2019) ^{61,}	10 88	NR for node- positive patients	0 (0)			1088	0	NR for node- positive patients	WSG PlanB trial	
Sestak (2018) ^{42,}	18 3	183 (100)	0 (0)	NR			183 (100)	0	0 (0)	TransATA C
EndoPredict										

Study	N	ER +	HE R2 +	Tumor Size	Node	es	Adjuvant Chemo	Trial/Stu dy
Filipits (2011) ^{47,} Filipts (2019)	53 7	537 (100)	0 (0)	NR for node- positive patients	454 (85)	83 (15)	0 (0)	ABCSG-6, ABCSG-8
Buus (2016) ^{37,}	24 8	248 (100)	0 (0)	NR for node- positive patients	198 (80)	50 (20)	0 (0)	TransATA C
Sestak (2018) ^{42,}	18 3	183 (100)	0 (0)	NR	183 (100)	0	0 (0)	TransATA C
Prosigna								
Gnant (2015) ^{62,}	54 3		28 (5)	314 (58)	229 (42)	0 (0)	543 (100)	ABCSG-8
Sestak (2018) ^{42,}	18 3	183 (100)	0 (0)	NR	183 (100)	0	0 (0)	TransATA C
Breast Cancer Index								
Sestak (2018) ^{42,}	18 3	183 (100)	0 (0)	NR	183 (100)	0	0 (0)	TransATA C

All values are n (%) unless otherwise noted.

ABCSG: Austrian Breast and Colorectal Cancer Study Group; ATAC: Arimidex, Tamoxifen, Alone or in Combination; WSG: West German Study Group, chemo: chemotherapy; ER: estrogen receptor; *HER2*: human epidermal growth factor receptor 2; NR: not reported; SWOG: Southwest Oncology Group.

Table 14. Ten-Year Results by Risk Categories in Node-Positive Breast Cancer Studies

Study	Total N	Low-Risk		Int	ermediate-Risk	High-Risk	
Oncotype DX		п	DFS % (95% CI)	n	DFS % (95% CI)	n	DFS % (95% CI)
Albain (2010) ^{58,a}	148	55	60 (NR)	46	49 (NR)	47	43 (NR)
		n	OS % (95% CI)	n	OS % (95% CI)	n	OS % (95% CI)
Albain (2010) ^{58,b}	148	55	77 (NR)	46	68 (NR)	47	51 (NR)
Dowsett (2010) ^{59,}	296	15 0	74 (NR)	94	69 (NR)	52	54 (NR)
		n	DR % (95% CI)	n	DR % (95% CI)	n	DR % (95% CI)
Dowsett (2010) ^{59,a}	296	15 0	17 (12 to 24)	94	28 (20 to 49)	52	49 (35 to 54)
Sestak (2018) ^{42,}	183	10 5	19 (13 to 29)	58	29 (19 to 43)	20	38 (20 to 64)
EndoPredict							

^a Tamoxifen.

^b Cyclophosphamide, doxorubicin, and fluorouracil chemotherapy followed by tamoxifen.

Study	Total N	Low-Risk		Int	ermediate-Risk	High-Risk	
Filipits (2011) ^{47,} (EP)	537	24 0	15 (NR)	NA	NA	29 7	27 (NR)
Filipits (2019) ^{63,} (EPclin)	536	15 9	4.4 (0.9 to 7.8)	NA	NA	37 7	24.2 (19.1 to 29.0)
Buus (2016) ^{37,a} (EP)	248	94	21 (14 to 32)	NA	NA	15 4	36 (29 to 45)
Buus (2016) ^{37,a} (EPclin)	248	47	5 (1 to 19)	NA	NA	20 1	37 (30 to 45)
Sestak (2018) ^{42,} (EPclin)	183	43	5 (1 to 21)	NA	NA	14 0	30 (23 to 39)
Prosigna							
Gnant (2015) ^{62,b} (total)	331	13 2	7 (2 to 13)	10 6	15 (9 to 25)	93	25 (17 to 36)
Gnant (2015) ^{62,b} (≥2 nodes)	212			83 ^c	12 (7 to 23)	12 9	34 (25 to 44)
Sestak (2018) ^{42,}	183	15	0	58	21 (12 to 34)	11 0	31 (22 to 41)
Breast Cancer Index							
Sestak (2018) ⁴² ,	183	95	15 (9 to 25)	60	32 (21 to 47)	28	41 (24 to 64)

CI: confidence interval; DFS: disease-free survival; DR: distant recurrence; EP: expression profile score; EPclin: EndoPredict score; NA: not applicable; NR: not reported; OS: overall survival.

Oncotype DX (21-Gene Assay)

Kalinsky et al (2021) reported results from the RxPONDER RCT (NCT01272037).^{64,} Participants (N=5018 subjects) with hormone-receptor-positive, HER2-negative breast cancer, 1 to 3 positive axillary lymph nodes, and a RS of 25 or lower were randomized to ET only or to chemotherapy plus endocrine (chemoendocrine) therapy. The primary objective was to determine the effect of chemotherapy on invasive disease–free survival and whether the effect was influenced by the RS. Secondary end points included distant relapse–free survival.

Among postmenopausal women, estimates of invasive disease—free survival at 5 years were 91.3% in the chemoendocrine group and 91.9% in the endocrine-only group (hazard ratio for invasive disease recurrence, new primary cancer [breast cancer or another type], or death, 1.02; 95% CI, 0.82 to 1.26; P = 0.89). In premenopausal women, the rate of invasive disease—free survival at 5 years among those in the chemoendocrine group was 93.9%, as compared with 89.0% among those in the ET -only group (absolute difference, 4.9 percentage points), with a significant chemotherapy benefit (hazard ratio for invasive disease recurrence, new primary cancer [breast cancer or another type], or death, 0.60; 95% CI, 0.43 to 0.83; P = 0.002). An updated analysis (presented as a conference abstract) of premenopausal patients by the primary

^a Death from any cause considered a censoring event.

^b Death from breast cancer included as a distant recurrence.

^c Combined low- and intermediate-risk categories.

study group, found that chemoendocrine therapy improved distant relapse–free survival across the entire RS 0-25 range, with an absolute gain of 2.4%.^{65,}

The study authors concluded that "postmenopausal women with 1 to 3 positive axillary lymph nodes and a recurrence score of 0 to 25 were able to safely forgo adjuvant chemotherapy without compromising invasive disease—free survival and distant relapse—free survival. In contrast, premenopausal women with 1 to 3 positive lymph nodes had a significant benefit from chemotherapy, even with a very low recurrence score."⁶⁴,

Subsection Summary: Oncotype DX (21-Gene Assay)

The RxPONDER RCT provided Simon Category A evidence that postmenopausal women with an Oncotype DX RS score of 0 to 25 could safely forego adjuvant chemotherapy without compromising invasive disease—free survival or distant relapse—free survival. In contrast, premenopausal women with 1 to 3 positive lymph nodes had a significant benefit from chemotherapy across the entire RS 0-25 range.

EndoPredict

The prognostic value of EndoPredict among node-positive patients has been evaluated in 1 prospective study^{66,} and 2 prospective-retrospective studies.^{37,47,} As the median follow-up of the prospective study is 41.6 months, it does not meet the BCBSA selection criteria requiring a minimum of 5-year outcomes and its findings will not be discussed herein. Authors of the prospective study noted that longer-term follow-up will be available in the near future.

Buus et al (2016) reported on the prognostic value of EndoPredict among node-positive patients from ATAC in the article supplement (Simon et al [2009] category B).^{37,} Of the 248 node-positive patients, 80% had a single positive node, 94 were classified as EP low-risk, and 154 were classified as EP high-risk; 47 were classified as EPclin low-risk, and 201 were classified as EPclin high-risk. The 10-year distant recurrence-free survival rates for EP low- and high-risk were 21.3% (95% CI, 13.9% to 31.9%) and 36.4% (95% CI, 28.9% to 45.2%), respectively. The 10-year distant recurrence-free rates for EPclin low- and high-risk were 5.0% (95% CI, 1.2% to 18.9%) and 36.9% (95% CI, 30.2% to 44.5%), respectively.

Filipits et al (2011) evaluated the potential prognostic value of the EndoPredict EP and EPclin risk scores among node-positive patients in a combined analysis of ABCSG-6 and ABCSG-6 trial samples (Simon et al [2009] category B).^{47,} Of the 537 node-positive patients, 85% had a single positive node, 240 were classified as EP low-risk, and 297 were classified as EP high-risk. The 10 year absence of distant recurrence for node-positive patients was shown in a Kaplan-Meier curve in the article supplement. The 10-year absence of distance recurrence estimate for node-positive patients appears to be about 85% in EP low-risk and 73% in EP high-risk patients based on visual inspection; CIs were not provided. The 10-year absence of distance recurrence estimates for the EPclin low-risk group and EPclin high-risk group were 94.9% (95% CI, 90.8% to 99.0%) and 72.2% (95% CI, 65.6% to 78.8%), respectively. Filipits et al (2019) reported results of the longer follow-up of the ABCSG-6 and ABCSG-6 trial samples.^{63,} The estimates of DR in the Epclin groups were very similar to those reported in the previous publication of this cohort and are shown in Table 13.

One of the 2 Simon et al (2009) category B studies provided evidence for clinical validity with tight precision, which would allow for the identification of women who can safely forgo adjuvant

chemotherapy. The second study also reported a low point estimate; however, the wide CIs exceeded 10%.

Subsection Summary: EndoPredict

Two Simon et al (2009) category B studies, which met inclusion criteria, were identified. For node-positive, EPclin low-risk patients, the 10-year distant recurrence estimate was 5%. One study had a precise estimate while the other study had wide CIs, and the upper bound for the 95% CI was above the range judged clinically informative in node-negative patients.

Breast Cancer Index

No studies were identified that met inclusion criteria in node-positive study populations for the BCI test.

MammaPrint (70-Gene Signature)

The previously described MINDACT study (Simon et al [2009] category A) initially enrolled only patients with node-negative disease but began including women with 1 to 3 positive nodes in 2009. Subgroup results were reported from the randomized MINDACT comparison of adjuvant chemotherapy with no chemotherapy in node-positive patients who were classified as high-risk based on clinical criteria and low-risk based on genomic risk with MammaPrint.^{51,} Overall, the study included 942 (14.1%) 1 node, 300 (4.5%) 2 nodes, 154 (2.3%) 3 nodes, and 8 (0.1%) 4+ nodes. In the high clinical risk and low genomic risk group, 353 node-positive patients were randomized to chemotherapy, and 356 node-positive patients were randomized to no chemotherapy. The 5-year distant recurrence was 3.7% (95% CI, 1.9% to 6.9%) in the chemotherapy group and 4.4% (95% CI, 2.6% to 7.3%) in the no chemotherapy group (HR=0.88; 95% CI, 0.42 to 1.82; p=.72). Although the study allowed hormone receptor-negative and *HER2*-positive breast cancer, these patients constituted a small minority (<4%) of the population. Therefore, the 5 year distant recurrence in women with node-positive, hormone receptor-positive, HER2-negative breast cancer who did not receive chemotherapy should be similar to the estimate above. This evidence for clinical validity demonstrates that the MammaPrint is able to identify women who can safely forgo adjuvant chemotherapy with tight precision, and thereby avoid negative effects of the therapy.

Section Summary: MammaPrint

One Simon et al. (2009) category A study has investigated the use of MammaPrint for assessing the risk of distant recurrence in women with node-positive breast cancer, who were classified as high clinical risk according to a modified version of the Adjuvant! Online tool. The study found that women classified as low-risk by MammaPrint had similar 5-year distant recurrence rates regardless of whether they received adjuvant chemotherapy. Specifically, MammaPrint identified low-risk patients who exhibited low distant recurrence rates, remaining within the 10% threshold. The evidence from this category A prospective trial is deemed sufficient.

Prosigna

Gnant et al (2015) examined the potential prognostic value of the prediction analysis of microarray 50-gene set (PAM50) ROR score, including clinical predictors, among node-positive patients in a combined analysis of the ABCSG-8 and ATAC trial samples. ^{62,} Samples from 543 patients treated with ET alone were included, and 10-year distant recurrence (the primary endpoint) analyzed. Among patients with a single positive node and a low-risk score, a 10-year distant recurrence occurred in 6.6% (95% CI, 3.3% to 12.8%). In all other risk categories or

with 2 to 3 positive nodes, distant recurrence rates were considerably higher, with upper bounds for the 95% CIs of 25% or more. OS was not included in the report.

Subsection Summary: Prosigna

One Simon et al (2009) category B study meeting inclusion criteria was identified. The 10 year distant recurrence rate in patients with a single positive node and low-risk ROR scores is about two-fold the rate in node-negative patients with low-risk ROR scores. The 10-year distant recurrence estimate for node-positive, low-risk patients had an upper bound for the 95% CI approaching the range judged clinically informative in node-negative patients. Additional studies are needed to confirm the magnitude and precision of the estimates.

Section Summary: Early-Stage Node-Positive Invasive Breast Cancer Considering Adjuvant Chemotherapy

Table 15 summarizes the level of evidence for each test in node-positive breast cancer. Evidence for Oncotype Dx and the BCI includes 1 Simon Category A study and thus the evidence is sufficient. Additional evidence is required for EndoPredict, the BCI, and Prosigna.

Table 15. Summary of the Evidence for Early-Stage Node-Positive Invasive Breast Cancer Considering Adjuvant Chemotherapy

Cancer Considering Adjuvant Chemotherapy										
Test	Highest Level of Evidence (citations)	Sufficiency of the Evidence ¹								
Oncotype DX	1 Simon Category A (Kalinsky 2021) ^{64,}	Sufficient								
EndoPredict	2 Simon Category B (Buus 2016, ^{37,} Filipits 2011) 1 study imprecise estimate (CI exceeded 10% precision threshold)	Insufficient								
Breast Cancer Index	No studies meeting inclusion criteria	Insufficient								
MammaPrint	1 Simon Category A (Cardoso 2016) ^{51,}	Sufficient								
Prosigna	1 Simon Category B (Gnant 2015) ^{62,}	Insufficient								

¹An evidence sufficient determination requires at least 1 Simon Category A study or 2 Simon Category B studies with precise estimates of effect (CI 10% or lower).

Ductal Carcinoma In Situ Considering Radiotherapy

DCIS is breast cancer located in the lining of the mammary ducts that has not yet invaded nearby tissues. It may progress to invasive cancer if untreated. The incidence of DCIS diagnosis in the U.S. has increased in tandem with the widespread use of screening mammography, accounting for about 20% of all newly diagnosed invasive plus noninvasive breast tumors. Recommended treatment is lumpectomy or mastectomy with or without radiotherapy; postsurgical tamoxifen treatment is recommended for estrogen receptor-positive DCIS, especially if excision alone is used. Because the overall rate of ipsilateral tumor recurrence (DCIS or invasive carcinoma) is approximately 25% at 10 years, it is believed many women are overtreated with radiotherapy. Thus, accurate prediction of recurrence risk may identify those women who can safely avoid radiation.

Oncotype DX Breast DCIS Score

The Oncotype DX Breast DCIS Score uses information from 12 of the 21 genes assayed in the standard Oncotype DX test for early breast cancer to predict 10-year risk of local recurrence (DCIS or invasive carcinoma). The stated purpose is to help guide treatment decision-making in women with DCIS treated by local excision, with or without adjuvant tamoxifen therapy.

In a retrospective analysis of data and samples from patients in the prospective Eastern Cooperative Oncology Group E5194 study, Solin et al (2013) compared the Oncotype DX Breast DCIS Score with 10-year local recurrence risk in a subset of DCIS patients treated only with surgery or with tamoxifen (Table 16). This study is Simon et al (2009) category B. The continuous Oncotype DX Breast DCIS Score was significantly associated with developing either a local recurrence or invasive carcinoma (HR=2.31; 95% CI, 1.15 to 4.49; p=.02) whether or not patients were treated with tamoxifen. Ten-year recurrence risks by the DCIS category are listed in Table 17. Whether women are better categorized as to their local recurrence risk by Oncotype DX Breast DCIS Score compared with standard clinical indicators of risk was not addressed.

Based on the Oncotype DX Breast DCIS Score of low-risk for recurrence, it is unclear whether estimated recurrence risks for this group are low enough or estimated with sufficient precision, as most of the point estimates and CIs included the threshold of 10%, except for estimates for 2 subgroups: (1) patients ages 50 and older with tumors 1 cm or less in size and (2) patients with tumors 2.5 cm or less in size.

Table 16. Retrospective Study Evaluating the Oncotype DX DCIS Score-Characteristics

Study	Country	Study Population	Design	N	Median FU, y
Solin et al (2013) ^{67,}	Canada	Patients with DCIS who had breast- conserving surgery without RT, from ECOG E5194 study	Retrospective	327	8.8

DCIS: ductal carcinoma in situ; ECOG: Eastern Oncology Cooperative Group; FU: follow-up; RT: radiotherapy.

Table 17. Ten-Year Local Recurrence by Oncotype DCIS Score Groups

Study	N	Patients by Risk Score Group, % Events			10-Year Recurrence Rates (95% Confidence Interval), %			
		Low	Int	High		Low	Int	High
Solin et al (2013) ^{67,}								
Overall local recurrence ^a	327	70.3	16.2	13.5	46	10.6 (6.9 to 16.2)	26.7 (16.2 to 41.9)	25.9 (14.8 to 43.1)
DCIS recurrence	327	70.3	16.2	13.5	26	7.2 (4.1 to 12.3)	16.1 (8.3 to 29.8)	7.9 (2.6 to 22.6)
Invasive BC recurrence	327	70.3	16.2	13.5	20	3.7 (1.8 to 7.7)	12.3 (5.1 to 27.8)	19.2 (9.5 to 36.4)

BC: breast cancer; DCIS: ductal carcinoma in situ; Int: intermediate.

The study limitations are shown in Tables 18 and 19.

^a Local recurrence of DCIS and invasive carcinoma combined.

Table 18. Study Relevance Limitations

Study	Population ^a	Intervention ^b	Comparator ^c	Outcomesd	Duration of Follow- Up ^e
Solin et al (2013) ^{67,}			3. No comparator (standard of care is clinical risk indicators)		

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

Table 19. Study Design and Conduct Limitations

Study	Selection ^a	Blinding ^b	Selective Reporting ^d	Data Completeness ^e	Statistical
	2. Sample of women from another study	_	_		

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

Subsection Summary: Oncotype DX Breast DCIS Score

One Simon et al (2009) category B study provided evidence for clinical validity which showed an invasive breast cancer recurrence rate under the 10% threshold. Based on the Oncotype DX Breast DCIS Score of low-risk for recurrence (10.6% overall local recurrence; 95% CI 6.9 to 16.2), it is unclear whether estimated recurrence risks for this group are low enough to consider changing management. Additionally most of the point estimates and CIs included the threshold of 10%, except for estimates for 2 subgroups: (1) patients ages 50 and older with tumors 1 cm or less in size and (2) patients with tumors 2.5 cm or less in size. Conclusions are also limited because there are no comparison recurrence estimates for women based on the standard of care (risk predictions based on clinical algorithms).

^a Population key: 1. Intended use population unclear; 2. Clinical context is unclear; 3. Study population is unclear; 4. Study population not representative of intended use.

^b Intervention key: 1. Classification thresholds not defined; 2. Version used unclear; 3. Not intervention of interest.

^c Comparator key: 1. Classification thresholds not defined; 2. Not compared to credible reference standard; 3. Not compared to other tests in use for same purpose.

^d Outcomes key: 1. Study does not directly assess a key health outcome; 2. Evidence chain or decision model not explicated; 3. Key clinical validity outcomes not reported (sensitivity, specificity, and predictive values); 4. Reclassification of diagnostic or risk categories not reported; 5. Adverse events of the test not described (excluding minor discomforts and inconvenience of venipuncture or noninvasive tests).

^e Follow-Up key: 1. Follow-up duration not sufficient with respect to natural history of disease (true-positives, true-negatives, false-positives, false-negatives cannot be determined).

^a Selection key: 1. Selection not described; 2. Selection not random or consecutive (i.e., convenience).

^bBlinding key: 1. Not blinded to results of reference or other comparator tests.

Test Delivery key: 1. Timing of delivery of index or reference test not described; 2. Timing of index and comparator tests not same; 3. Procedure for interpreting tests not described; 4. Expertise of evaluators not described.

^d Selective Reporting key: 1. Not registered; 2. Evidence of selective reporting; 3. Evidence of selective publication.

^e Data Completeness key: 1. Inadequate description of indeterminate and missing samples; 2. High number of samples excluded; 3. High loss to follow-up or missing data.

f Statistical key: 1. Confidence intervals and/or p values not reported; 2. Comparison with other tests not reported.

DCISionRT

The DCISionRT test combines 7 monoclonal protein markers (COX-2, FOXA1, HER2, Ki-67, p16/INK4A, PR, and SIAH2) assessed in tumor tissue with 4 clinicopathologic factors (age at diagnosis, tumor size, palpability, and surgical margin status) to produce a score that stratifies individuals with DCIS into 3 risk groups: low risk, elevated risk with good response, and elevated risk with poor response. The purpose of the test is to predict radiation benefit in individuals with DCIS following breast conserving surgery.

Warnberg et al analyzed the association of DCIS RT score with risk of recurrence in 504 individuals with DCIS enrolled in the SweDCIS randomized trial (Table 20). 68 , This study is Simon Category B. Using a cutoff of DS >3, 52% of participants were categorized as elevated risk and 48% as low risk. In the low risk group, there was no significant difference in risk of recurrence observed with radiotherapy. In contrast, radiotherapy was associated with reduced risk of total and invasive ipsilateral recurrence in the elevated risk group (see Table 21).

Three retrospective studies^{69,70,71,} and one decision impact study without clinical outcomes^{72,} did not meet inclusion criteria for this review.

Table 20. Retrospective Study Evaluating the DCISion RT Score- Characteristics

Study	Country	Study Population	Design	N
Warnberg et al (2021) ^{68,}	Sweden	Women diagnosed with DCIS from 1987 to 2000 who were randomly assigned to whole breast RT or no RT after BCS.	Prospective- retrospective	504

BCS: breast-conserving surgery; DCIS: ductal carcinoma in situ: radiotherapy.

Table 21. Ten-Year Local Recurrence by DCISionRT Score Groups

Study		10-Year Recurrence Rates (95% Confidence Interval), %				
Warnberg et al (2021) ^{68,}	Elevated Risk N = 264 (52%)	Low Risk N = 240 (48%)				
Treated with BCS without RT						
Invasive BCE	7.7% (3.9% to 14.9%)	12.4% (7.2 to 20.8)				
Total BCE	12.9% (6.9 to 23.5)	23.8 (14.8 to 36.8)				
Absolute risk difference						
Treated with BCS with RT						
Invasive BCE	3.1% (1.2% to 8.1%)	6.5% (3.2% to 13.2%)				
Total BCE	8.3% (4.5% to 15.3%)	7.2% (3.5% to 14.6%)				
Absolute risk difference: treated with RT vs no RT						
Invasive BCE	9.3% (2.0% to 16.5%)	1.2% (-5.7% to 8.2%)				

Study	10-Year Recurrence Rates (95% Confidence Interval), %				
Total BCE	15.5% (5.9% to 25.0%)	5.7% (-0.8% to 12.2%)			

BC: breast cancer; DCIS: ductal carcinoma in situ

Subsection Summary: DCISion RT Score

One Simon et al (2009) category B study provided evidence for clinical validity which showed no benefit of radiation therapy among a group of participants classified as low risk using the DCIS RT score at a threshold of <3 (absolute risk difference for invasive recurrence 1.2% (-5.7% to 8.2%). However, it is unclear whether the estimated 10-year recurrence risk for this group (12.4%; 95% CI 7.2% to 20.8% for invasive recurrence) is low enough to consider changing management or is estimated with sufficient precision. Conclusions are also limited because there are no comparison recurrence estimates for women based on the standard of care (risk predictions based on clinical algorithms).

EndoPredict, Breast Cancer Index, MammaPrint, BluePrint, and ProsignaBCBSA did not identify studies evaluating the EndoPredict, BCI, MammaPrint, BluePrint, or Prosigna tests for individuals with DCIS.

Section Summary: Ductal Carcinoma In Situ Considering Radiotherapy

Table 22 summarizes the level of evidence for each test in DCIS. Additional evidence from Simon Category A or B studies is required.

Table 22. Summary of the Evidence for Ductal Carcinoma In Situ Considering Radiotherapy

Test	Highest Level of Evidence (citations)	Sufficiency of the Evidence ¹
Oncotype DX Breast DCIS	1 Simon Category B (Solin et al, 2013) ^{67,}	Insufficient
DCISion RT	1 Simon Category B (Warnberg et al, 2021) ^{68,}	Insufficient

¹An evidence sufficient determination requires at least 1 Simon Category A study or 2 Simon Category B studies with precise estimates of effect (CI 10% or lower).

Extended Adjuvant Endocrine Therapy Beyond 5 Years

In the absence of direct evidence that gene expression profiling tests improve outcomes in women considering extended endocrine therapy (ET), the following needs to be considered: (1) the expected absolute benefit and certainty of benefit from extended ET , (2) whether a test accurately discriminates good from poor outcomes (i.e., prognostic value for recurrences) at prespecified thresholds or can predict benefit from therapy, and (3) whether the test provides incremental improvement over clinicopathologic parameters.

Multiple RCTs have demonstrated improvements in overall and BCSS outcomes with 5 to 10 years of tamoxifen for estrogen receptor-positive tumors. Results from trials using aromatase inhibitors (AIs) following 5 years of ET have reported inconsistent benefits in breast cancer-specific survival(BCSS) and the duration of AI use is uncertain (see Table 2). In addition, extended

adjuvant ET may be associated with serious adverse events, including pulmonary embolism, endometrial cancer, osteoporosis, and fractures. Common side effects-hot flashes, sexual dysfunction, and musculoskeletal symptoms-often lead to poor compliance, with as many as 40% of patients discontinuing treatment after 3 years.^{73,} Accurately identifying low-risk patients who might obtain little benefit from extended ET could allow patients to make treatment decisions consistent with how they value the potential benefits and harms.

Currently, physicians and patients use clinicopathologic parameters such as tumor size and nodal status to estimate the risk of breast cancer recurrence while deciding on extended ET. A clinical tool was developed and validated in 2018 (CTS5).^{74,75,} This tool did not exist when the studies providing evidence for extended therapy were conducted. The tool is simple to use and incorporates clinical parameters (tumor size, tumor grade, age, and the number of nodes) that physicians and patients currently use when considering extended ET. The CTS5 identified 42% of women with less than 1% risk of distant recurrence, who may be advised to safely forgo extended ET. Distant recurrence rates using the CTS5 have been added to Table 23, to compare with distant recurrence rates calculated using gene expression profiling tests.

Table 23 summarizes the characteristics of studies that met selection criteria that examined the prognostic value of a gene expression profiling test for late distant recurrences after 10 years of ET. ^{49,50,76,77,78,79,80,42}, All studies were prospective-retrospective designs of patients with early-stage node-negative or node-positive breast cancer receiving up to 10 years of ET. The study by Zhang et al (2013)⁵⁰, examining prognosis and an additional nested case-control study (Sgroi et al [2013])⁸¹, analyzed the potential predictive value of the HOXB13/IL17BR (H/I) index included in the BCI test. All but 1 cohort analyzed in Zhang et al (2013)⁵⁰, included only postmenopausal women. Samples from several studies were used multiple times in analyses for the different molecular assays. Table 24 summarizes distant recurrence rates. Some studies provided results other than distant recurrence rates; those results appear in Tables 25 , 26 and 27.

Table 23. Characteristics of Patients in Extended Endocrine Therapy Studies of

Prognosis or Predicting Treatment Benefit

Study		Tumor (%)	Size, n	Nodes, n (%)		Adjuva nt Chemo, n (%)	Trial	
	N	<i>≤2 cm</i>	>2 cm	None	1-3	≥4		
Oncotype DX								
Sestak (2013) ^{79,}	940			683 (73)	257 (2	7)	0 (0)	TransATAC
Sestak (2018) ^{42,}	689			535 (78)	154 (2	2)	0 (0)	TransATAC
EndoPredict								
Dubsky (2013) ^{76,,a} Filipits (2019) ^{63,}	170 2	1136 (67)	563 (33)	1165 (68)	454 83 (27) (5)		0 (0)	ABCSG-6, ABCSG-8
Sestak (2018) ^{42,}	689			535 (78)	154 (22)		0 (0)	TransATAC

Study		Tumor (%)	Size, n	Nodes,	n (%)		Adjuva nt Chemo, n (%)	Trial
Breast Cancer Index								
Zhang (2013) ^{50,}	285	259 (82)	55 (17)	285 (100)	0 (0)	0 (0)	0 (0)	Stockholm Trial TAM- treated
	358	237 (66)	121 (34)	358 (100)	0 (0)	0 (0)	115 (32)	2-institution cohort
Sgroi (2013) ^{49,}	597	442 (74)	155 (26)	597 (100)	0 (0)	0 (0)	0 (0)	TransATAC
Sgroi (2013) ^{81,}	249	110 (44)	139 (56)	94 (38)	146 (5	9)	148 (59)	Nested case-control in MA.17
Sestak (2018) ^{42,}	689			535 (78)	154 (2	2)	0 (0)	TransATAC
Bartlett et al (2019) ^{82,}	583	T1: 166 T2: 244 T3: 25 (Unknow (8%)	(42%) (4%)	0(0%)	583 (100%)		0 (0%)	Trans-aTTom
Noordhoek et al (2021) ^{83,}	908	T1: 45% T2: 48%		26%	73%		0 (0%)	IDEAL
MammaPrint								
Esserman (2017) ^{80,}	652	499 (77)	145 (22)	652 (100)	0 (0)	0 (0)	0 (0)	Stockholm Trial TAM- treated
Prosigna								
Filipits (2014) ^{77,}	124 6	NR (see	e below)	919 (74)	327 (2	6)	0 (0)	ABCSG-8
Sestak (2013) ^{79,}	940			683 (73)	257 (2	7)	0 (0)	TransATAC
Sestak (2015), ^{78,} all patients	862	587 (68)	275 (32)	647 (75)	180 (21)	35 (4)	0 (0)	TransATAC
Sestak (2015), ^{78,} nodenegative	127 5	938 (74)	337 (26)	933 (73)	307 35 (24) (3)		0 (0)	ABCSG-8
Sestak (2018) ^{42,}	689			535 (78)	154 (22)		0 (0)	TransATAC
CTS5								
Dowsett (2018) ^{74,}	671 1	4378	2333	4090	1944	677	1627 (24.2)	BIG 1-98

ABCSG: Austrian Breast and Colorectal Cancer Study Group; Chemo: chemotherapy; CTS5: Clinical Treatment Score-5 years; NR: not reported; TAM: tamoxifen; TransATAC: translational substudy of theArimidex, Tamoxifen, Alone or in Combination.

^a Sample size and characteristics represent patients at enrollment for Dubsky et al (2013).

Table 24. Distant Recurrence Rates for Extended Endocrine Therapy Studies

Table 24. Distant Recurrence Rates				Low-Risk		termediat	High-Risk	
Study						Risk		-
	N	During Years	n	DR (95% CI),%	п	DR (95% CI),%	n	DR (95% CI),%
Oncotype DX								
Sestak (2013) ^{79,}	94 0	5-10	NR	7.6 (NR)	NR	NR	NR	17.6 (NR)
Sestak (2018) ⁴² ,	53 5	5-10	35 1	4.8 (2.9 to 7.9)	13 4	9.6 (5.6 to 16.3)	50	16.1 (8.0 to 30.8)
EndoPredict								
Dubsky (2013) ^{76,a} (EP)	99 8	5-10	50 3	3.7 (0.9 to 6.5)		NA	49 5	9.0 (NR)
Dubsky (2013) ^{76,a} (EPclin)	99 8	5-10	64 2	1.8 (0.1 to 3.5)		NA	35 6	13.0 (NR)
Filipits (2019) ^{63,} (EPclin); node-negative only Note: Longer follow-up	97 6	5-10	76 4	2.1 (0.9 to 3.3)		NA	21 2	5.9 (2.2 to 9.5)
of cohort from Dubsky (2013)		5-15	76 4	3.1 (1.5 to 4.8)		NA	21 2	15.1 (4.0 to 24.9)
Sestak (2018) ^{42,} (EPclin)	53 5	5-10	39 3	4.3 (2.6 to 7.1)		NA	14 2	14.6 (9.6 to 22.0)
Breast Cancer Index								
Zhang (2013) ^{50,} (Stockholm TAM)	28 5	5-10	18 4	2.8 (0.3 to 5.2)	58	7.2 (0.1 to 13.8)	43	10.1 (0.2 to 19.1)
Zhang (2013) ^{50,} (cohort study)	31 2	5-10	18 1	2.5 (0.0 to 5.0)	70	16.9 (6.5 to 26.2)	61	15.0 (5.5 to 23.6)
Sgroi (2013) ^{49,}	59 7	5-10	36 6	3.5 (2.0 to 6.1)	14 6	13.4 (8.5 to 20.5)	84	13.0 (7.4 to 23.4)
Sestak (2018) ^{42,}	53 5	5-10	34 0	2.6 (1.3 to 5.0)	12 6	14.4 (9.0 to 22.6)	69	15.9 (8.9 to 27.6)
Prosigna								
Filipits (2014) ^{77,}	12 46	5-15	46 0	2.4 (1.1 to 5.3)	41 6	9.1 (5.8 to 14.1)	37 0	17.6 (12.9 to 25.2)
Sestak (2013) ^{79,}	94 0	5-10	NR	4.1 (NR)	NR	NR	NR	NR
Sestak (2015), ^{78,} all patients	21 37	5-10	11 83	2.4 (1.6 to 3.5)	53 8	8.3 (6.1 to 11.2)	41 6	16.8 (13.1 to 20.9)
Sestak (2015), ^{78,} node-negative	15 80	5-10	96 3	2.0 (1.3 to 3.2)	34 4	9.0 (6.3 to 13.0)	12 2	11.5 (6.8 to 19.0)

Study			Lo	w-Risk		termediat Risk	Hig	gh-Risk
Sestak (2018) ^{42,}	53 5	5-10	29 2	1.4 (0.52 to 3.8)	16 5	10.0 (6.0 to 16.5)	78	23.2 (14.9 to 35.2)
Clinical Treatment Score 5	•							
Dowsett (2018) ^{74,}	67 14	5-10	28 61	•		6.9 (5.6 to 8.5)	17 14	17.3 (14.8- 20.1)
MammaPrint			BC.	SS% (95%)	BCSS% (95% CI)			
Esserman (2017) ^{80,}		At years	Loi	w-Risk	High-Risk			
	65 2	10	37 7	90 (87 to 93)	27 5	81 (74 to 86)		
		20	37 7	85 (80 to 89)	27 5	74 (66 to 80)		
			Ult	ralow-Risk	Low Excluding Ultralow			
		10	98	99 (92 to 100)	27 9	88 (83 to 91)		
		20	98	95 (86 to 99)	27 9	82 (76 to 86)		

BCSS: breast cancer-specific survival; CI: confidence interval; DR: distant recurrence; EP: expression profile; EPclin: EndoPredict with clinical factors; NA: not applicable; NR: not reported.

Oncotype DX (21-Gene Assay)

Sestak et al (2013) (previously discussed with the TransATAC study) displayed late distant recurrences for risk categories of Oncotype DX in a Kaplan-Meier curve without CIs.^{79,} The cumulative distant recurrence rate in the low-risk group between 5 and 10 years was estimated at 7.6%, or considerably higher than for any of the other tests considered. That result was consistent with the higher annualized hazard found in those years compared with PAM50 ROR.

Sestak et al (2018) reanalyzed 535 TransATAC samples and reported a distant recurrence rate of 4.8% (95% CI, 2.9% to 7.9%) during years 5 to 10 for those classified as low-risk by Oncotype DX (n=351).⁴²,

While one study provided evidence for clinical validity, no studies comparing genetic test classifications with clinical risk prediction tools were identified. The ability of the test to reclassify patients assessed with a clinical prediction tool was not reported.

EndoPredict

Dubsky et al (2013) analyzed late recurrences from patients in the ABCSG-6 and ABCSG-8 trials (see Table 21) treated with 5 years of ET (tamoxifen for 5 years or tamoxifen for 2 years followed by anastrozole for 3 years). Although 32% of patients were node-positive, none received adjuvant chemotherapy. Of the 1702 enrolled patients with estrogen receptor-positive

^a Sample size and characteristics represent patients at enrollment for Dubsky et al (2013).

HER2-negative cancers, follow-up was analyzed for 998 patients free of recurrence over 5 years and untreated with extended ET. Risk categories were assigned based on the gene EP alone and combined with a score that included the nodal status and tumor size (EPclin). In the EP low-risk group, the cumulative late distant recurrence rate between 5 and 10 years was 3.7% (95% CI, 0.9% to 6.5%) (see Table 21). The distant recurrence rate in the EP high-risk group was 9% (CIs not reported). Adding clinical predictors suggested fewer late distant recurrences in the low-risk group (see Table 21). The risk of late distant recurrence in the node-negative patients (from digitized supplemental figure) was 3.6% or comparable with the overall EP low-risk group (n=503). When the EPclin score was separated into the clinical component and molecular component, the molecular information added significantly to the clinical score (p<.001) in prognostic information. Filipits et al (2019) reported longer follow-up of the cohort from the ABCSG-6 and ABCSG-8 trials.^{63,} Overall, 1386 women were distant recurrence-free at 5 years: 976 of these (764 EPclin low, 212 EPclin high) were node-negative. The DR rates are shown in Table 21. The authors also reported a multivariable Cox analysis showing that the EPclin score was a predictor of late recurrence (5- to 15-year period) after adjusting for the CTS5 score in the node-negative cohort.

EP and EPclin appear to be able to identify a group at low-risk of distant recurrence from years 5 to 10 in this prospective-retrospective study (Simon et al [2009] category B) of patients untreated with adjuvant chemotherapy enrolled in the ABCSG-6 and -8 trials. However, in the Filipits et al (2019) study, the lower-bound of the 95% CI for the distant recurrence rate in the high-risk group falls within a range that may be clinically meaningful for decision-making about avoiding extended ET both at 5-10 years (5.9%; 95% CI, 2.2% to 9.5%) and at 5-15 years (15.1%; 95% CI, 4.0% to 24.9%). These results suggest the possibility that a proportion of high-risk patients may still have been unnecessarily treated with extended ET based on a gene expression profiling result. ROC statistics (area under the receiver operating characteristic curve) were reported to support incremental improvement with the EP or EPclin over Adjuvant! Online or nodal status, tumor size, or grade. However, they appeared to include EP and EPclin as continuous variables and not threshold cutoffs for those tests that would inform decisions.

Sestak et al (2018) analyzed 535 TransATAC samples and reported a 5- to 10-year distant recurrence rate of 4.3% (95% CI, 2.6% to 7.1%) for those classified as low-risk by EPclin (n=393).

Two studies provided evidence for clinical validity. One of the studies (Sestak et al, 2018) provided evidence for clinical validity with tight precision, which would allow for the identification of women who can safely forgo extended ET. The second study (Filipits et al, 2019) also reported a low point estimate for the low-risk group; however, it did not adequately discriminate low-risk from high-risk. This is because the 5-10 year DR rate in the high-risk group was low (5.9%; 95% CI, 2.2% to 9.5%) and its 95% CI overlapped highly with that of the low-risk group (2.1%; 95% CI, 0.9% to 3.3%). Although the DR rate for the high-risk group was higher at 5-15 years (15.1%; 95% CI, 4.0% to 24.9%), as the 95% CI was wide and included the threshold of 10%, it also had insufficient precision to discriminate low-risk from high-risk.

BREAST CANCER INDEX

Breast Cancer Index Prognosis

The prognostic component of BCI is based on the combination of an endocrine response biomarker H/I and a proliferation biomarker (Molecular Grade Index). These indices are used to categorize patients into groups of high- and low-risk for distant recurrence.

Incorporating the BCI as a continuous variable, Zhang et al (2013) developed an "optimized model" to predict early and late distant recurrences. 50, Patient samples from 2 studies were used: the STO-3 trial (Simon et al [2009] category B), which compared 2 or 5 years of tamoxifen with no treatment in early-stage breast cancer; and a cohort (Simon et al [2009] category C) of estrogen receptor-positive lymph node-negative patients retrospectively identified from a U.S. university medical center and a hospital (patients were treated between 1990 and 2000). Most patients were HER2-negative, with 5% of the STO-3 trial HER2-positive, and 10% of the cohort HER2-positive. Data from patients in the untreated arm of the STO-3 trial were used for model development; the tamoxifen arm of the trial and the 2-institution cohort were used for validation. The primary endpoint was distant recurrence-free survival (censoring for any cause of death). The STO-3 trial enrolled postmenopausal women who did not receive adjuvant chemotherapy; the 2-institution cohort included premenopausal and postmenopausal women of whom one-third received adjuvant chemotherapy (see Table 20). A median follow-up of 10 years was analyzed with distant recurrences occurring in 16% of all patients over 10 years. In the validation tamoxifen-treated arm of the STO-3 trial, there were 20 late distant recurrences and 65% of patients were classified as low-risk; in the 2-institution cohort, there were 23 late distant recurrences, and 58% of patients were classified as low-risk.

In years 5 to 10, distant recurrence rates were low in the low-risk groups of the validation samples (see Table 22). The results support the prognostic value of the BCI for late recurrences in node-negative patients. About one-third (32%) of the cohort received adjuvant chemotherapy, but whether any of those patients were at low BCI risk was not noted. However, the authors reported chemotherapy was not associated with a lower risk of late recurrence.

Sgroi et al (2013) examined late distant recurrences among 597 estrogen receptorpositive, *HER2*-negative, node-negative patients from the ATAC trial (Simon et al [2009] category B) not treated with adjuvant chemotherapy. Patients who died were censored in the analysis of distant recurrences. In the analytic sample, distant recurrences occurred among 4% of patients in years 0 to 5 and among 7% in years 5 to 10. From years 5 to 10, in the BCI low-, intermediate-, and high-risk groups' distant recurrence rates were 3.5% (95% CI, 2.0% to 6.1%), 13.4% (95% CI, 8.5% to 20.5%), and 13.3% (95% CI, 7.4% to 23.4%), respectively. But when examined as a continuous predictor for late recurrence (using the model developed by Zhang et al [2013]^{50,}), at a value of 5 (which is categorized as low-risk), the predicted distant recurrence rate was 6.8% (95% CI, 4.7% to 9.1%) (CIs were provided by the manufacturer in October 2017).

The authors concluded: "...our results suggest that BCI might have the potential to influence 2 important decisions in the management of postmenopausal patients with estrogen-receptor-positive, N0 breast cancer: first at the time of diagnosis and second at 5-year disease-free follow-up." These results would suggest that the BCI has prognostic value for late distant recurrences in the 5- to 10-year period. Among the higher-risk patients, none received adjuvant chemotherapy or therapy not consistent with test results; the accuracy of late recurrence predictions in those patients is uncertain.

Schroeder et al (2017)^{84,} calculated distant recurrence-free survival rates following 5 years of ET among the subset of patients with clinically low-risk (T1N0) breast cancer from the 2 populations studied by Zhang et al (2013). The STO-3 trial had 237 patients, and the U.S. medical center cohort contributed 210 patients who were T1N0. The BCI classified 68% (160/237) and 64% (135/210) of the STO-3 population and the medical center population as low-risk, respectively. Median follow-up was 17 years for the STO-3 study and 10 years for the medical center cohort. Table 22 lists the 5- to 15-year distant recurrence-free survival rates (as categorized by BCI risk) for the 2 trial populations.

Table 25. Five to 15-Year DRFS by Breast Cancer Index Risk Stratification After 5

Years of Endocrine Therapy

Study	Population	N	Low- Risk, % (95% CI)	High-Risk, % (95% CI)
Schroeder et al (2017) ^{84,}	Stockholm T1N0 total	23 7	95.4 (92.1 to 98.8)	86.7 (78.9 to 95.3)
	Stockholm T1N0 HER2-negative	22 5	95.2 (91.9 to 98.8)	86.9 (78.8 to 95.9)
	Stockholm T1N0 <i>HER2</i> -negative, G1 & G2	20 4	95.7 (92.5 to 99.1)	90.4 (82.8 to 98.8)
	Multi-institutional T1N0 total	21 0	98.4 (96.3 to 100)	89.6 (82.4 to 97.4)
	Multi-institutional T1N0 HER2-negative	19 0	98.4 (96.1 to 100)	87.5 (79.1 to 96.9)
	Multi-institutional T1N0 <i>HER2</i> -negative, G1 & G2	17 3	98.2 (95.8 to 100)	87.6 (78.5 to 97.7)

CI: confidence interval; DRFS: distant recurrence-free survival; *HER2*: human epidermal growth factor receptor 2.

Evidence for clinical validity has shown that the BCI is able to identify women who can safely forgo extended ET with tight precision, and thereby avoid negative effects of the therapy. However, no studies comparing genetic test classifications with clinical risk prediction tools were identified. The ability of the test to reclassify patients assessed with a clinical prediction tool was not reported.

Breast Cancer Index Prediction

The endocrine predictive component of the BCI is based on the H/I ratio alone, in which a high H/I ratio predicts the likelihood of benefit from extended ET.

Clinically Valid

Four studies using data from patients randomized in previous trials have examined the ability of the Breast Cancer Index to predict likelihood of benefit from extended ET (Table 24). Three of the studies included a mix of patients with node-positive and node-negative breast cancer. Results were similar across studies and in subsets of women with node-positive breast cancer. 81,50,82,83,

Sgroi et al (2013) conducted a prospective-retrospective, nested case-control study within the MA.17 trial that compared extended ET (letrozole) with placebo in postmenopausal women who had hormone receptor-positive cancers. ⁸¹, The trial randomized 5157 women recurrence-free at 5 years to letrozole or placebo. A case-control design was adopted owing to challenges in obtaining archived tumor samples. An eligible case (319 of which 83 were examined) was one that experienced a local, regional, or distant recurrence and had an available tumor sample. Two controls free of recurrence longer than cases were matched to each case based on age, tumor size, node status, and prior chemotherapy. Any recurrence (locoregional or distant) was used as the endpoint; patients with contralateral or unknown recurrences were excluded. Using the 2-gene expression H/I ratio, which is obtained from the BCI, there was a 42% relative risk reduction in the low-risk group versus a 77% reduction in the high-risk group. Although statistical significance was lacking in the low-risk group, the CIs were wide and included values consistent with those observed in the high-risk group (see Table 23). There was a quantitative interaction between H/I and letrozole treatment that was statistically significant for recurrence-free survival at 5 years (p=.03).

Zhang et al (2013) also reported a larger potential relative risk reduction in the high-risk group of the STO-3 trial, with similar uncertainty reflected in the CIs (see Table 25).^{50,}

Final results of the aTToM trial were reported by Bartlett et al (2022) and Sgroi (2022). ^{85,86,} There was a significant treatment by H/I interaction for recurrence-free interval (p=.037) and DFS (p=.025). ^{85,}

Noordhoek et al (2021) evaluated the BCI H/I ratio assay in participants from the IDEAL trial, an RCT comparing 2.5 versus 5 years of extended letrozole. There was a significant treatment by H/I interaction for recurrence-free interval (p=.045).

Table 26. Predictive Effect of the H/I Index in the BCI for Extended Endocrine Therapy Benefit

Study	N	Comparato rs	Low-Risk		High-Risk		Note
			HR (95% CI)	ARR	HR (95% CI)	ARR	
Sgroi et al (2013) ^{81,}	249	Letrozole vs. placebo	0.58 (0.25 to 1.36)	4%	0.33 (0.15 to 0.73)	16.5 %	Nested matched CC study; 83 recurrences in 166 controls; 5-y ARRs reported

Study	N	Comparato rs	Low-Risk		High-Risk		Note
Zhang et al (2013) ^{50,}	600	Tamoxifen vs. placebo	0.67 (0.36 to 1.24)	4.9 %	0.35 (0.19 to 0.65)	19.6 %	Stockholm trial, 15-y results
Bartlett et al (2019) ^{82,} Bartlett et al (2022) ^{85,}	583	10 vs. 5 years of tamoxifen	1.07 (0.69 to 1.65)	- 0.2 %	0.35 (0.15 to 0.86)	10.2 %	Prospective- retrospective study in patients previously randomized in the aTTom, trial
Noordhoek et al (2021) ^{83,}	908 (664 node- positiv e)	2.5 vs. 5 years of extended letrozole	0.95 (0.58 to 1.56); p=.84 Node positive subset: 0.88 (0.50 to 1.53); p=.644		0.42 (0.21 to 0.84); p=.011 Node positive subset: 0.30 (0.12 to 0.77)	node positiv e subset : 10.8	retrospective study in

ARR: absolute risk reduction; BCI: Breast Cancer Index; CC: case-control; CI: confidence interval; H/I test: HOXB13/IL17BR; HR: hazard ratio.

Four studies provided evidence for the clinical validity of the BCI Prediction. Although there were significant interactions between treatment and H/I risk group, the interactions were quantitative with hazard ratios still favoring treatment in both H/I risk groups in 2 of the 4 trials. The wide CIs in the results do not support the clinical utility of this test in identifying women who can safely forgo extended ET. No studies comparing genetic test classifications with clinical risk prediction tools were identified. The ability of the test to reclassify patients assessed with a clinical prediction tool was not reported.

MammaPrint (70-Gene Signature)

Esserman et al (2017) conducted a secondary analysis of data from women who were node-negative, participating in an RCT of tamoxifen versus no systemic therapy, with over 20 years of follow-up, the STO-3 trial, (see Table 20).^{80,} This is a Simon et al (2009) category B study. A total of 652 tissue samples from the trial underwent MammaPrint risk classification, 313 from the tamoxifen arm and 339 from the no therapy arm. The primary outcome was 20-year BCSS. Initial classification by MammaPrint identified 58% of the patients as low-risk for distant recurrence and 42% as high-risk. Twenty-year BCSS rates were 85% and 74% (p<.001), respectively. Analysis was conducted on a subgroup of the low-risk group, considered ultralow-risk. The tamoxifentreated ultralow-risk group did not experience any deaths at 15 years. Survival rates were high for all patients in the ultralow-risk group, 97% for those treated with tamoxifen and 94% for those untreated. Table 21 details survival rates for the initial low- and high-risk groups, and for the subgroup analysis that separated an ultralow-risk group. This ultralow threshold was further validated by Delahaye et al (2017) using 3 separate cohorts, which reported 100% BCSS at 15 years of follow-up for patients in this ultralow-risk category.^{87,}

Esserman et al (2017) provides evidence for the clinical validity of MammaPrint when a subgroup of the low-risk group (an ultralow-risk group) was identified that can safely forgo extended ET. However, no studies comparing genetic test classifications with clinical risk prediction tools were identified. The ability of the test to reclassify patients assessed with a clinical prediction tool was not reported.

Prosigna

Filipits et al (2014) analyzed data from patients in the ABCSG-8 trial (5 years of adjuvant tamoxifen vs. tamoxifen for 2 years followed by anastrozole).^{77,} Adjuvant chemotherapy was not administered. The PAM50 ROR predecessor test of Prosigna was obtained from archival samples using the NanoString nCounter device. At 5 years, 1246 patients free of recurrence were included in the analyses (74% node-negative). Almost all patients (97%) classified as low-risk were nodenegative. Between years 5 and 15, there were 7 distant recurrences in the low-risk group (n=460) and none recorded among the 12 low-risk node-positive patients. The cumulative risk of late distant recurrence was 2.4% (95% CI, 1.1% to 5.3%). However, as of year 11, 59% of the low-risk group was being followed and at risk, and at year 14 just 11%. The authors also evaluated a clinical linear predictor score (age, grade, nodal status, endocrine treatment) but did not present recurrence rates by clinical risk categories (e.g., low, intermediate, high).

Sestak et al (2013) reported limited results concerning late recurrences obtained from patients in the ATAC trial who received anastrozole with tamoxifen alone or in combination.^{79,} From a subset of women in the monotherapy arms with archived tissue (a sample forming the TransATAC study), a total of 940 U.K. women from the study were analyzed. Distant recurrence was the primary endpoint (censored at death). The sample included patients with node-positive and node-negative cancers but the proportions were not reported. There were 83 distant recurrences in years 5 to 10. A clinical treatment score derived from age, node status, treatment, stage, and grade was examined but its prognostic value not reported. Annualized hazards (distant recurrence rates) were consistent with a lower late recurrence risk for node-negative tumors 2 cm or smaller and among those with a low PAM50 ROR score. From a Kaplan-Meier plot, the late distant recurrence risk in the PAM50 ROR low-risk group was estimated at 4.1% (CIs were not displayed). The absence of CIs and comparison or reclassification of clinical predictors' prognosis limits any conclusions.

A subsequent publication by Sestak et al (2015)^{78,} combined samples of women with hormone receptor-positive, *HER2*-negative cancers from the ABCSG-8 and TransATAC studies included in the 2 prior publications.^{77,79,} Risk was determined using both a Clinical Treatment Score (CTS; treatment received, positive nodes, tumor size, age, and grade) and the PAM50 ROR. As in the prior studies, death was considered a censoring event; women with recurrences through 5 years were excluded, and the median follow-up was 10 years. Approximately 25% of patients had positive nodes. Both the ROR and CTS were prognostic but cumulative event rates reported only for the ROR (see Table 25). In the ROR low-risk group, the distant recurrence rate was 2.4% (95% CI, 1.6% to 3.5%) in all women and 2.0% (95% CI, 1.3% to 3.2%) when only nodenegative patients were examined. Finally, the authors compared the ability of the ROR to reclassify patients with the CTS. From a reclassification analysis (see Table 24), assuming a selective as opposed to a treat-all strategy and that only low-risk women would not be treated: (1) adding the ROR to the CTS would have resulted in 5 (3.4%) fewer of 148 patients experiencing distant recurrence being treated, and (2) 15 (0.7%) of 1989 additional patients not

experiencing a recurrence would have been incorrectly treated. The reclassification results would suggest caution when interpreting prognostic estimates without considering clinical predictors.

Table 27. Classification and Reclassification Achieved by Adding ROR Score to the CTS

Distar	nt Recurrence	CTS					CTS			
		Low	Int	High	Total		Low	Int	High	Total
	Low	18	14	0	32		25	3	0	28
ROR	Intermediate	7	31	7	45	ROR + CTS	8	53	0	61
	High	8	17	46	71		0	6	53	59
	Total	33	62	53	148		33	62	53	148
No Dis	stant Recurrence	CTS					CTS			
		Low	Int	High	Total		Low	Int	High	Total
	Low	837	273	41	1151		1030	136	0	1166
ROR	Intermediate	209	221	63	493	ROR + CTS	76	448	25	549
	High	60	137	148	345		0	47	227	274
	Total	1106	631	252	1989		1106	631	252	1989

CTS: Clinical Treatment Score; Int: intermediate; ROR: risk of recurrence.

Limitations (e.g., lack of reporting recurrence rates by ROR categories, lack of CIs) in the studies that evaluated clinical validity preclude any conclusions for the clinical utility of this test for this indication. One study compared genetic test classifications with a clinical risk prediction tool and reported minimal improvement of the test over the clinical prediction tool.

Table 28. Study Relevance Limitations

Study	Population ^a	Intervention ^b	Comparator	Outcomes ^d	Duration of FU ^e
Dubsky et al (2013) ^{76,}	4. Includes both node-negative and -positive patients			4. Reclassification of diagnostic or risk categories not reported	
Sestak et al (2013) ^{79,}	4. Includes both node-negative and -positive patients			4. Reclassification of diagnostic or risk categories not reported	
Sgroi et al (2013) ^{49,}	4. Includes both node-negative and -positive patients		3. No comparator (standard of care is clinical risk indicators)	1.Incremental improvement in applying risk category over standard is lacking 4. Reclassification of diagnostic or risk categories not reported	
Sgroi et al (2013) ^{81,}	4. Includes both node-negative and -positive patients		3. No comparator (standard of	Incremental improvement in applying risk category over	

Study	Population ^a	Interventionb	Comparatorc	Outcomesd	Duration of FU ^e
			care is clinical risk indicators)	standard is lacking 4. Reclassification of diagnostic or risk categories not reported	
Zhang et al (2013) ^{50,}				4. Reclassification of diagnostic or risk categories not reported	
Filipits et al (2014) ^{77,}	4. Includes both node-negative and -positive patients			4. Reclassification of diagnostic or risk categories not reported	
Esserman et al (2017) ^{80,}	4. Includes both ER-positive and ER-negative patients; some patients had 5 y of TAM and some patients had 2 y of TAM; some patients <i>HER2</i> -positive and some <i>HER2</i> -negative		3. No comparator (standard of care is clinical risk indicators)	1.Incremental improvement in applying risk category over standard is lacking 4. Reclassification of diagnostic or risk categories not reported	
Sestak et al (2015) ^{78,}	4. Includes both node-negative and -positive patients				
Sestak et al (2018) ^{42,}	4. Includes both node-negative and -positive patients			4. Reclassification of diagnostic or risk categories not reported	
Bartlett et al (2019) ^{82,}			3. No comparator (standard of care is clinical risk indicators)	1.Incremental improvement in applying risk category over standard is lacking	
Noordhoek et al (2021) ^{83,}	4. Includes both node-negative and -positive patients		3. No comparator (standard of care is clinical risk indicators)	1.Incremental improvement in applying risk category over standard is lacking	

The study relevance limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

ER: estrogen receptor; FU: follow-up; HER2: human epidermal growth factor receptor 2; TAM: tamoxifen.

^a Population key: 1. Intended use population unclear; 2. Clinical context is unclear; 3. Study population is unclear; 4. Study population not representative of intended use.

^b Intervention key: 1. Classification thresholds not defined; 2. Version used unclear; 3. Not intervention of interest.

^c Comparator key: 1. Classification thresholds not defined; 2. Not compared to credible reference standard; 3. Not compared to other tests in use for same purpose.

^d Outcomes key: 1. Study does not directly assess a key health outcome; 2. Evidence chain or decision model not explicated; 3. Key clinical validity outcomes not reported (sensitivity, specificity, and predictive values); 4.

Reclassification of diagnostic or risk categories not reported; 5. Adverse events of the test not described (excluding minor discomforts and inconvenience of venipuncture or noninvasive tests).

^e Follow-Up key: 1. Follow-up duration not sufficient with respect to natural history of disease (true-positives, true-negatives, false-positives, false-negatives cannot be determined).

Table 29. Study Design and Conduct Limitations

Study	Selection ^a	Blindingb	Delivery of Test ^c	Selective Reporting ^d	Data Completeness ^e	Statistical
Dubsky et al (2013) ^{76,}	2. Sample of women from another study					
Sestak et al (2013) ^{79,}	2. Sample of women from another study					
Sgroi et al (2013) ^{49,}	2.Sample of women from another study					
Sgroi et al (2013) ^{81,}	2. Sample of women from another study					
Zhang et al (2013) ^{50,}	2. Sample of women from another study					
Filipits et al (2014) ^{77,}	2. Sample of women from another study					
Esserman et al (2017) ^{80,}	2. Sample of women from another study					
Sestak et al (2018) ^{42,}	2.Sample of women from another study					
Bartlett et al (2019) ^{82,}	2.Sample of women from another study					
Noordhoek et al (2021) ^{83,}	2.Sample of women from another study					

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

^a Selection key: 1. Selection not described; 2. Selection not random or consecutive (i.e., convenience).

^b Blinding key: 1. Not blinded to results of reference or other comparator tests.

^c Test Delivery key: 1. Timing of delivery of index or reference test not described; 2. Timing of index and comparator tests not same; 3. Procedure for interpreting tests not described; 4. Expertise of evaluators not described.

^d Selective Reporting key: 1. Not registered; 2. Evidence of selective reporting; 3. Evidence of selective publication.

^e Data Completeness key: 1. Inadequate description of indeterminate and missing samples; 2. High number of samples excluded; 3. High loss to follow-up or missing data.

f Statistical key: 1. Confidence intervals and/or p values not reported; 2. Comparison with other tests not reported.

Section Summary: Extended Endocrine Therapy Beyond 5 Years for Oncotype DX, EndoPredict, the Breast Cancer Index, MammaPrint, and Prosigna

At least 3 RCTs have demonstrated survival improvements with extended tamoxifen. Results from trials using AIs after 5 years of ET have reported inconsistent benefits in BCSS and the duration of AI use is uncertain. Recent trials comparing the use of AIs for different durations (2.5 years vs. 5 years and 3 years vs. 6 years) found no significant improvements in breast cancer-specific mortality or overall mortality among the different duration groups.

In the absence of direct evidence demonstrating clinical utility, the following need to be considered: (1) expected absolute benefit and certainty of benefit from extended ET; (2) prognostic or predictive value of the test; and (3) incremental improvement of the test over clinicopathologic parameters:

- 1. Extended tamoxifen therapy provides an absolute reduction in breast cancer mortality of 2.8% between years 5 and 14, with no difference in overall mortality.^{13,} Despite credible studies, there are conflicting reports and uncertainty concerning AIs. Additional sources of uncertainty for extended ET are the optimal combinations of tamoxifen and AIs, the optimal duration of extended therapy.
 - a. Adverse events of ET are significant. The Adjuvant Tamoxifen: Longer Against Shorter trial reported a cumulative risk of endometrial cancer of 3.1% in years 5 to 14 with tamoxifen treatment. The relative risk for pulmonary embolus was 1.9 (95% CI 1.1 to 3.1) in that same follow-up period. AIs have increased cardiovascular and musculoskeletal adverse events compared with tamoxifen.
 - b. In addition, noncompliance rates in women taking ET are as high as 30%.88,
- 2. All molecular tests (Oncotype DX, EPclin, BCI, MammaPrint, and Prosigna) have conducted nonconcurrent prospective studies and reported low distant recurrence rates (range, 1.4%-4.8%) and CIs (range, 0% to 7.9%).
- 3. Currently, physicians and patients use clinicopathologic parameters such as tumor size and nodal status to estimate the risk of breast cancer recurrence while deciding on extended ET. A clinical tool has been validated (CTS5).^{74,75,} The CTS5 i incorporates clinical parameters (tumor size, tumor grade, age, and the number of nodes) that physicians and patients currently use when considering extended ET.

Guidelines recommend that women and their physicians consider extended ET but do not categorically recommend extended ET. Individual risk for adverse events will weigh heavily in women's decisions. Thus it is unclear whether gene expression classification of recurrence risk, especially for low-risk categories, adds sufficient incremental information to alter the calculation of risks and benefits of extended ET therapy.

The ability of the test to reclassify patients assessed with a clinical prediction tool was not reported for any test. Reclassification of patients initially considered high-risk by clinical criteria to a lower risk would allow avoidance of overtreatment of patients with significant side effects. However, it is unclear whether there is consistently improved reclassification of patients to lower risk categories.

Triple-Negative Breast Cancer Considering Neoadjuvant Chemotherapy

Triple-Negative Breast Cancer (TNBC) is a type of cancer that lacks expression of estrogen and progesterone receptors ($\leq 1\%$ per IHC), as well as *HER2* amplification (0 to 1+ by IHC or IHC

2+ and FISH negative [not amplified]). TNBC represents approximately 15% to 20% of all breast cancers and tends to be more aggressive than other breast cancer types. Also compared with other breast cancers, patients with TNBC are not candidates for currently available targeted therapies (i.e., ER-positive, *HER2*-positive-targeted). Standard-of-care management of TNBC is generally similar to that of other breast cancers, but TNBC tends to confer a less favorable prognosis. However, previous research has suggested that the 20%-40% of women with TNBC who achieve pathological complete response following neoadjuvant chemotherapy may achieve a similar long-term survival prognosis as patients with non-TNBC breast cancers^{6,} This heterogeneity suggests that there may be subtypes of women with TNBC that significantly differ in their likelihood of response to neoadjuvant chemotherapy and differ in their risk: benefit treatment considerations. Thus, classification of women based on TNBC subtype may help clarify their likelihood of net health benefits from neoadjunctive chemotherapy and help guide the decisions to receive treatment.

Insight TNBCtype Test

The Insight TNBCtype uses next-generation sequencing to classify expression data from 101 genes into 5 molecular subtypes including basal-like 1 (BL1), basal-like 2 (BL2), luminal androgen receptor (LAR), mesenchymal stem-like (MSL), and mesenchymal (M), as well as a complementary immunomodulatory (IM) classifier. The stated purpose of the test is to help direct selection and combination of chemotherapies and to support development of novel TNBC targeted therapeutics and diagnostics.

For individuals who have TNBC considering neoadjuvant chemotherapy who receive gene expression profiling with the Insight TNBCtype test, the evidence includes 2 retrospective cohort studies. ^{89,90,} Neither were Simon et al (2009) category B studies. Specimens were selected from public databases treated with neoadjuvant chemotherapy regardless of TNBC status and were not prospectively designed or powered to specifically address the TNBC population or their specific therapeutic questions. The number of tumor-specific TNBC subtypes varied from 4 to 7. The studies were consistent in demonstrating that the basal-like 1 (BL1) subtype had the highest pathological complete response rate after neoadjuvant chemotherapy (range, 41% to 52%). The lowest pathological complete response rates were consistently associated with the basal-like 2 (BL2) (0% to 18%) and luminal androgen receptor (LAR) (10% to 29%) subtypes. However, important study design and conduct limitations preclude drawing conclusions based on these findings.

Oncotype DX, EndoPredict, Breast Cancer Index, MammaPrint, and Prosigna BCBSA did not identify any studies evaluating the Oncotype DX, EndoPredict, BCI, MammaPrint, or Prosigna tests for patients with TNBC.

Section Summary: Triple-Negative Breast Cancer Considering Neoadjuvant Chemotherapy

Studies identified that evaluated clinical validity of the Insight TNBCtype test for patients with triple-negative breast cancer did not meet Simon et al (2009) category B criteria. Although findings from available studies suggest that TNBC subtypes may differ in response to neoadjuvant chemotherapy, important study design and conduct limitations preclude drawing conclusions based on these findings. Additional Simon et al (2009) category A or B studies are required.

MULTIPLE ASSAYS OF GENETIC EXPRESSION IN TUMOR TISSUE PERFORMED ON THE SAME INDIVIDUAL WITH BREAST CANCER TO DETERMINE PROGNOSIS

Clinical Context and Therapy Purpose

The following PICO was used to select literature to inform this review.

Populations

The relevant population of interest is individuals with breast cancer.

Interventions

The interventions being considered are repeat gene expression profile testing using the same test or a combination of tests on the same individual to guide a single clinical decision (e.g., adjuvant chemotherapy in early-stage, low risk individuals).

Comparators

The comparator of interest is testing using a single assay to determine prognosis.

Outcomes

Outcomes of interest for all assays are disease-specific survival and change in disease status.

- If patients with early-stage invasive breast cancer are classified as low-risk for distant recurrence, they may be able to forgo adjuvant chemotherapy safely.
- If patients with DCIS are classified as low-risk for distant recurrence, they may be able to safely forgo radiotherapy.
- If patients with invasive breast cancer who are recurrence-free for 5 years are classified as low-risk for distant recurrence, they may be able to safely forgo extended endocrine therapy.
- In patients with TNBC, molecular subtype classifications based on likelihood of response to neoadjuvant chemotherapy may inform risk: benefit considerations and aid in shared decision making about whether to undergo or forgo treatment.

REVIEW OF EVIDENCE

Repeat Testing With the Same Assay

Marumoto et al (2021) used data from a prospectively maintained pathology database to identify individuals with 2 or more Oncotype DX RS from multiple ipsilateral primary breast tumors, contralateral tumors, in-breast recurrent tumors, or breast tumors undergoing repeat genomic testing. RS concordance was 100% in the same tumor, 91.7% in multiple ipsilateral tumors, 71.4% in contralateral tumors, and 66.7% in in-breast recurrent tumors. Toole et al. reported that 22% (4 out of 18) had Oncotype Dx score differences that led to changes in management but did not report clinical outcomes. Additionally though, Toole, et al. found that in a small number of cases the histology and grade were the same on ipsilateral lesions yet had significantly different Oncotype Dx scores altering chemotherapy recommendations.

Testing with a Combination of Assays

Several studies were identified that compared the performance of different assays tested on the same samples (e.g., Espinosa et al [2005]⁹³,; Sestack et al [2016, 2018]^{94,42},; Sgroi et al [2013]⁴⁹,), but these studies were not designed to evaluate a strategy of repeat or combination testing in the same individual and are not discussed further.

Section Summary: Multiple Assays of Genetic Expression in Tumor Tissue Performed on the Same Individual with Breast Cancer to Determine Prognosis

There are no studies directly comparing a strategy of repeat or combination testing compared to using a single assay to guide a single clinical decision. Additionally, evidence-based clinical practice guidelines recommend against a strategy of repeat testing. NCCN breast cancer treatment guidelines (v5.2024) state, "Since results of different assays may not be concordant with each other and these assays have not been compared head-to-head prospectively, clinicians should only order one of the available assays for a specific patient and tumor."^{4,} In its 2020 guidance intended for community oncologists, the Breast Cancer Therapy Expert Group (BCTEG) noted "Discordance between available genomic tests is expected because the different tests were developed and validated across a range of patient populations and treatment backgrounds; performing more than one genomic test on a patient should be avoided, as uncertainties in risk assignment may result."^{95,}

MALE BREAST CANCER

Oncotype DX

Davey et al. (2022) conducted a systematic review and meta-analysis of retrospective cohort studies, focusing on 21-gene assay scores (Oncotype Dx) in both female and male patients with ER-positive, HER2-negative early breast cancer. The analysis included six studies encompassing a total of 176,338 patients, with a mean age of 63 years (range: 33-88). Notably, only 1% of the patients had male breast cancer (MBC). Male patients were observed to have higher tumor stages, increased nodal involvement, and a greater incidence of grade 3 disease (all p < 0.001). Overall, the likelihood of male patients having 21-gene assay scores <18 (OR: 1.04, 95% CI: 0.94–1.16) and scores between 18-30 (OR: 1.12, 95% CI: 1.00–1.26) was comparable to that of female patients. The findings of this meta-analysis should be interpreted with caution due to the small number of male patients included in the studies. MBC patients analyzed had a higher tumor burden and grade compared to female patients. Furthermore, without stage matching between male and female breast cancer, drawing meaningful conclusions regarding 21-gene assay scores is challenging. The retrospective nature of the studies contributes to inherent limitations such as ascertainment, confounding, and selection biases. Future research on Oncotype Dx should include its validation in a MBC population to establish its clinical usefulness.

EndoPredict, Breast Cancer Index, MammaPrint, BluePrint, and Prosigna

BCBSA did not identify any studies evaluating the EndoPredict, BCI, MammaPrint, BluePrint, or Prosigna tests for MBC patients.

Section Summary: Male Breast Cancer

For individuals with male breast cancer who receive gene expression profiling with Oncotype DX (21-gene signature), EndoPredict, Breast Cancer Index, MammaPrint (70-gene signature), and Prosigna, the evidence includes 1 systematic review and meta-analysis of retrospective cohort studies, focused on Oncotype DX in both female and male patients with ER-positive, HER2-negative early breast cancer. Only 1% of the patients had male breast cancer. The likelihood of male patients having 21-gene assay scores was comparable to that of female patients. Drawing meaningful conclusions regarding Oncotype DX scores is challenging given the inherent study limitations such as ascertainment, confounding, and selection biases. No studies were identified evaluating the EndoPredict, Breast Cancer Index, MammaPrint/BluePrint, or Prosigna tests in

male breast cancer patients. This evidence is insufficient, as it did not meet Simon et al (2009) category A or B criteria.

Supplemental Information

The purpose of the following information is to provide reference material. Inclusion does not imply endorsement or alignment with the evidence review conclusions.

Clinical Input From Physician Specialty Societies and Academic Medical Centers While the various physician specialty societies and academic medical centers may collaborate with and make recommendations during this process, through the provision of appropriate reviewers, input received does not represent an endorsement or position statement by the physician specialty societies or academic medical centers, unless otherwise noted.

Practice Guidelines and Position Statements

Guidelines or position statements will be considered for inclusion in 'Supplemental Information' if they were issued by, or jointly by, a US professional society, an international society with US representation, or National Institute for Health and Care Excellence (NICE). Priority will be given to guidelines that are informed by a systematic review, include strength of evidence ratings, and include a description of management of conflict of interest.

American Society of Clinical Oncology

In June 2022, the American Society of Clinical Oncology (ASCO) published updated clinical practice guidelines on the use of breast cancer biomarker assay results to guide adjuvant endocrine and chemotherapy decisions in early-stage breast cancer. The recommendations related to the interventions and populations included in this evidence opinion are listed in Table 30.⁹⁷,

The guidelines do not address the use of assays such as Oncotype DCIS or DCISionRT to guide decisions about radiation therapy in individuals with DCIS.

Table 30. American Society of Clinical Oncology Guidelines on the Use of Biomarker Assays to Guide Adjuvant Endocrine and Chemotherapy Decisions in Early-Stage Breast Cancer- 2022

Interventions	Recommendation	Evidence Quality	Strength of Recommendation
Newly Diagnos	sed ER-Positive, HER2-Negative Breast Cancer		
	1.1. If a patient has node-negative breast cancer, the clinician may use Oncotype DX test to guide decisions for adjuvant endocrine and chemotherapy	High	Strong
Oncotype DX (21-generecurrence score, 21-gene	1.2. In the group of patients in Recommendation 1.1 with Oncotype DX score greater than or equal to 26, the clinician should offer chemoendocrine therapy	High	Strong
RS)	1.3. In the group of patients in Recommendation 1.1 who are 50 years of age or younger with Oncotype DX score 16 to 25, the clinician may offer chemoendocrine therapy	Intermediate	Moderate

Interventions	Recommendation	Evidence Quality	Strength of Recommendation
	1.4. If a patient is postmenopausal and has node- positive breast cancer with 1-3 positive nodes, the clinician may use Oncotype DX test to guide decisions for adjuvant endocrine and chemotherapy	High	Strong
	1.5. In the group of patients in Recommendation 1.4, the clinician should offer chemoendocrine therapy for those whose Oncotype DX score is greater than or equal to 26	High	Strong
	1.6. If a patient is premenopausal and has node- positive breast cancer with 1-3 positive nodes, Oncotype DX test should not be offered to guide decisions for adjuvant systemic chemotherapy	High	Moderate
	Qualifying statement: The genomic assay is prognostic patient-physician treatment decision making	ic and may be	used for shared
	1.7. If a patient has node-positive breast cancer with more than 3 positive nodes, the evidence on the clinical utility of routine Oncotype DX test to guide decisions for adjuvant endocrine and chemotherapy is insufficient to recommend its use	Insufficient	Moderate
MammaPrint (70- genesignature)	1.8. If a patient is older than 50 and has high clinical risk breast cancer, that is node-negative or node-positive with 1-3 positive nodes, the clinician may use MammaPrint test to guide decisions for adjuvant endocrine and chemotherapy	Intermediate	Strong
	1.9. If a patient is 50 years of age or younger and has high clinical risk, node negative or node-positive with 1-3 positive nodes breast cancer, the clinician should not use the MammaPrint test to guide decisions for adjuvant endocrine and chemotherapy	High	Strong
	1.10. If a patient has low clinical risk, regardless of age, the evidence on clinical utility of routine MammaPrint test is insufficient to recommend its use	Intermediate	Moderate
	1.11. If a patient has node-positive breast cancer with more than 3 positive nodes, the evidence on the clinical utility of routine MammaPrint test to guide decisions for adjuvant endocrine and chemotherapy is insufficient to recommend its use	Insufficient	Strong
	Qualifying statement: The genomic assay is prognostic patient-physician treatment decision making	ic and may be	used for shared
EndoPredict (12-generisk score)	1.12. If a patient is postmenopausal and has breast cancer that is node negative or node-positive with 1-3 positive nodes, the clinician may use	Intermediate	Moderate

Interventions	Recommendation	Evidence Quality	Strength of Recommendation
	EndoPredict test to guide decisions for adjuvant endocrine and chemotherapy		
	1.13. If a patient is premenopausal and has breast cancer that is node negative or node-positive with 1-3 positive nodes, the clinician should not use EndoPredict test to guide decisions for adjuvant endocrine and chemotherapy	Insufficient	Moderate
	1.14. If a patient has breast cancer with more than 3 positive nodes, evidence on the clinical utility of routine use of EndoPredict test to guide decisions for adjuvant endocrine and chemotherapy is insufficient	Intermediate	Moderate
Prosigna (PAM50)	1.15. If a patient is postmenopausal and has breast cancer that is node negative, the clinician may use the Prosigna test to guide decisions for adjuvant systemic chemotherapy	Intermediate	Moderate
	1.16. If a patient is premenopausal, and has node- negative or node-positive breast cancer the clinician should not use the Prosigna test to guide decisions for adjuvant systemic chemotherapy	Insufficient	Moderate
	1.17. If a patient is postmenopausal and has node- positive breast cancer with 1-3 positive nodes, the evidence is inconclusive to recommend the use of Prosigna test to guide decisions for adjuvant endocrine and chemotherapy	Intermediate	Moderate
	1.18. If a patient has node-positive breast cancer with more than 3 positive nodes, evidence on the clinical utility of routine use of Prosigna test to guide decisions for adjuvant endocrine and chemotherapy is insufficient to recommend its use	Insufficient	Strong
Extended Endo	ocrine Therapy for ER Receptor-Positive HER2-N	legative Brea	st Cancer
Oncotype DX,EndoPredict, Prosigna	1.23. If a patient has node-negative breast cancer and has had 5 years of endocrine therapy without evidence of recurrence, there is insufficient evidence to use Oncotype DX, EndoPredict, Prosigna, Ki67, or IHC4 tests to guide decisions about extended endocrine therapy	Intermediate	Moderate
Breast Cancer Index(BCI)	1.24. If a patient has node-negative or node- positive with 1-3 positive nodes breast cancer and has been treated with 5 years of primary endocrine therapy without evidence of recurrence, the clinician may offer BCI test to guide decisions about extended endocrine therapy with either tamoxifen, an AI or a sequence of tamoxifen followed by AI	Intermediate	Moderate

Interventions	Recommendation	Evidence Quality	Strength of Recommendation
	1.25. If a patient has node-positive breast cancer with more than 3 positive nodes and has been treated with 5 years of primary endocrine therapy without evidence of recurrence, there is insufficient evidence to use BCI test to guide decisions about extended endocrine therapy with either tamoxifen, an AI or a sequence of tamoxifen followed by AI	Intermediate	Strong
Clinical treatment score post-5 years (CTS5)	1.26. If a patient is postmenopausal and had invasive breast cancer and is recurrence-free after 5 years of adjuvant endocrine therapy, the clinical treatment score post-5 years (CTS5) web tool may be used to calculate the estimated risk of late recurrence (recurrence between years 5-10), which could assist in decisions about extended endocrine therapy	Intermediate	Moderate
HER2-Positive	Breast Cancer or Triple-Negative Breast Cancel	•	
Oncotype DX,EndoPredict, MammaPrint, BCI,Prosigna,	1.27. If a patient has HER2-positive breast cancer or TNBC, the clinician should not use multiparameter gene expression or protein assays (Oncotype DX, EndoPredict, MammaPrint, BCI, Prosigna, Ki67, or IHC4) to guide decisions for adjuvant endocrine and chemotherapy	Insufficient	Strong

Source: adapted from Andre et al (2022) Summary of Recommendations Table (Data Supplement)^{97,}

Breast Cancer Therapy Expert Group

In 2020, the Breast Cancer Therapy Expert Group (BCTEG) published guidance on the use of genomic testing in early breast cancer. ^{95,} The guidance was intended for community oncologists and included the following clinical practice points:

- "Genomic testing is generally only indicated in patients with hormone receptor-positive and HER2 negative tumors, and those with up to 3 positive nodes.
- Genomic testing should generally not be performed for patients with hormone receptor negative disease, > 3 positive nodes, HER2 positivity, or TNBC outside the context of a clinical trial.
- Genomic testing should generally not be performed in patients for whom the results of the testing will not affect the course of treatment.
- Discordance between available genomic tests is expected because the different tests were developed and validated across a range of patient populations and treatment backgrounds; performing more than one genomic test on a patient should be avoided, as uncertainties in risk assignment may result."

National Comprehensive Cancer Network

The current NCCN guidelines for breast cancer are Version 5. 2024.^{4,} Guidelines are updated frequently; refer to the source for most recent guidelines. Recommendations related to the interventions and populations included in this evidence opinion, current as of , 2024, are listed in Table 31.

The guidelines state, "Since results of different assays may not be concordant with each other and these assays have not been compared head-to-head prospectively, clinicians should only order one of the available assays for a specific patient and tumor."

The guidelines do not address the use of assays such as Oncotype DCIS or DCISionRT to guide decisions about radiation therapy in individuals with DCIS.

Table 31. National Comprehensive Cancer Network Recommendations on the Use of Biomarker Assays to Guide Adjuvant Systemic Therapy^{a,b} Decisions in Early-Stage Breast Cancer

Assay	Predictive	Prognostic	NCCN Category of Preference	NCCN Category of Evidence and Consensus
21-gene (Oncotype Dx) (for pN0)	Yes	Yes	Preferred	1
21-gene (Oncotype Dx) for pN1 (1-3	Yes	Yes	Postmenopausal: Preferred	1
positive nodes) ^c			Premenopausal: Other	2A
70-gene (MammaPrint) for pN0 and pN1 (1-3 positive nodes)	Not determined	Yes	Other	1
50-gene (Prosigna) for pN0 and pN1 (1-3 positive nodes)	Not determined	Yes	Other	2A
12-gene (EndoPredict) for pN0 and pN1 (1-3 positive nodes)	Not determined	Yes	Other	2A
Breast Cancer Index (BCI)	Predictive of benefit of extended adjuvant endocrine therapy	Yes	Other	2A

Source: [National Comprehensive Cancer Network]

U.S. Preventive Services Task Force Recommendations Not applicable.

Ongoing and Unpublished Clinical Trials

Current ongoing and unpublished trials that might influence this review are listed in Table 32.

a- Gene expression assays provide prognostic and therapy-predictive information that complements T, N, M and biomarker information. Use of these assays is not required for staging. The 21-gene assay (Oncotype Dx) is preferred by the NCCN Breast Cancer Panel for prognosis and prediction of chemotherapy benefit. Other prognostic gene expression assays can provide prognostic information but the ability to predict chemotherapy benefit is unknown. b- See Special Considerations for Breast Cancer in Males (Sex Assigned at Birth)

c- In the overall study population of the Tx PONDER trial, 10.3% had high-grade disease and 9.2% had 3 involved nodes.

Table 32. Summary of Key Trials

NCT No.	nary of Key Trials Trial Name	Planned Enrollment	Completion Date
Ongoing			
NCT05666258	Gene Expression Profiling to Help Define the Need for Neo-Adjuvant Chemotherapy in HR+, HER- Breast Cancer Patients	20	Nov 2024
NCT03749421 ^a	Prospective Study of the Prosigna Assay on Neoadjuvant Clinical Decision-making in Women With HR+/Her2- Breast Cancer	60	Dec 2024
NCT02889874	A Randomised Phase III Trial of Adjuvant Radiation Therapy Versus Observation Following Breast Conserving Surgery and Endocrine Therapy in Patients With Molecularly Characterised Luminal A Early Breast Cancer	1167	Apr 2026
NCT02400190	The IDEA Study (Individualized Decisions for Endocrine Therapy Alone)	202	May 2026
NCT02653755ª	The PRECISION Trial (Profiling Early Breast Cancer for Radiotherapy Omission): A Phase II Study of Breast-Conserving Surgery Without Adjuvant Radiotherapy for Favorable Risk Breast Cancer	671	Jun 2026
NCT05837455	NeoTAILOR: A Phase II Biomarker-directed Approach to Guide Neoadjuvant Therapy for Patients With Stage II/III ER-positive, HER2-negative Breast Cancer	81	Nov 2027
NCT04875351	Breast Cancer Index (BCI) Registry	3465	Dec 2028
NCT03917082	LA LEAST- Luminal A, Limited Endocrine Adjuvant Systemic Therapy. A Trial of Abbreviated Hormone Therapy for Low Risk Hormone Receptor Positive, HER2 Negative Early Breast Cancer	290	May 2029
NCT02476786	Endocrine Treatment Alone as Primary Treatment for Elderly Patients With Estrogen Receptor Positive Operable Breast Cancer and Low Recurrence Score	50	Jul 2031
NCT01805271	Randomized, Double-Blind, Multicentric Phase III Trial Evaluating the Safety and Benefit of Adding Everolimus to Adjuvant Hormone Therapy in Women With High Risk of Relapse, ER+ and HER2- Primary Breast Cancer Who Remain Free of Disease After Receiving at Least 1 Year of Adjuvant Hormone Therapy	1278	Jun 2030
NCT00310180	Program for the Assessment of Clinical Cancer Tests (PACCT-1): Trial Assigning Individualized Options for Treatment: The TAILORx Trial	10,273	Sep 2030
ISRCTN42400492	Optimal personalised treatment of early breast cancer using multiparameter analysis (OPTIMA)	4500	Dec 2034
NCT03503799	Prospective Assessment of Disease Progression in Primary Breast Cancer Patients Undergoing EndoPredict Gene Expression Testing - a Care Research Study	1191	Oct 2032

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NCT No.	Trial Name	Planned Enrollment	Completion Date
NCT05634889	The T-REX-Trial: Tailored Regional External Beam Radiotherapy in Clinically Node-negative Breast Cancer Patients With 1-2 Sentinel Node Macrometastases; an Open, Multicenter, Randomized Non-inferiority Phase 3- trial	1350	Dec 2033
NCT04916808ª	A Prospective Registry Study to Evaluate the Effect of the DCISionRT Test on Treatment Decisions in Patients With DCIS Following Breast Conserving Therapy	1500	May 2034
NCT04797299	Prospective Evaluation of Breast-Conserving Surgery Alone in Low-Risk Ductal Carcinoma in Situ Defined by a Molecular Expression Assay Combined with Clinico- Pathological Features	526	May 2035
NCT04852887	A Phase III Clinical Trial Evaluating De-Escalation of Breast Radiation for Conservative Treatment of Stage I, Hormone Sensitive, HER-2 Negative, Oncotype Recurrence Score Less Than or Equal to 18 Breast Cancer	1670	Jul 2041
NCT03904173	Establishment of Molecular Profiling for Individual Clinical Routine Treatment Decision in Early Breast Cancer	2300	Dec 2043

NCT: national clinical trial.

^a Denotes industry-sponsored or cosponsored trial.

CODING

The following codes for treatment and procedures applicable to this policy are included below for informational purposes. This may not be a comprehensive list of procedure codes applicable to this policy.

Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

The code(s) listed below are medically necessary ONLY if the procedure is performed according to the "Policy" section of this document.

CPT/HCI	PCS
81518	Oncology (breast), mRNA, gene expression profiling by real-time RT-PCR of 11 genes (7 content and 4 housekeeping), utilizing formalin-fixed paraffin-embedded tissue, algorithms reported as percentage risk for metastatic recurrence and likelihood of benefit from extended endocrine therapy
81519	Oncology (breast), mRNA, gene expression profiling by real-time RT-PCR of 21 genes, utilizing formalin-fixed paraffin embedded tissue, algorithm reported as recurrence score
81520	Oncology (breast), mRNA gene expression profiling by hybrid capture of 58 genes (50 content and 8 housekeeping) utilizing formalin-fixed paraffin-embedded tissue, algorithm reporting as a recurrence risk score
81521	Oncology (breast), mRNA, microarray gene expression profiling of 70 content genes and 465 housekeeping genes, utilizing fresh frozen or formalin-fixed paraffin-embedded tissue, algorithm reported as index related to risk of distant metastasis
81522	Oncology (breast), mRNA, gene expression profiling by RT-PCR of 12 genes (8 content and 4 housekeeping), utilizing formalin-fixed paraffin-embedded tissue, algorithm reported as recurrence risk score
81523	Oncology (breast), mRNA, next-generation sequencing gene expression profiling of 70 content genes and 31 housekeeping genes, utilizing formalin-fixed paraffinembedded tissue, algorithm reported as index related to risk to distant metastasis
0045U	Oncology (breast ductal carcinoma in situ), mRNA, gene expression profiling by real-time RT-PCR of 12 genes (7 content and 5 housekeeping), utilizing formalin-fixed paraffin-embedded tissue, algorithm reported as recurrence score
0153U	Oncology (breast), mRNA, gene expression profiling by next-generation sequencing of 101 genes, utilizing formalin-fixed paraffin-embedded tissue, algorithm reported as a triple negative breast cancer clinical subtype(s) with information on immune cell involvement
0295U	Oncology (breast ductal carcinoma in situ), protein expression profiling by immunohistochemistry of 7 proteins (COX2, FOXA1, HER2, Ki-67, p16, PR, SIAH2), with 4 clinicopathologic factors (size, age, margin status, palpability), utilizing formalin-fixed paraffin-embedded (FFPE) tissue, algorithm reported as a recurrence risk score
S3854	Gene expression profiling panel for use in the management of breast cancer treatment

REVISIONS

11-09-2011

In the Policy section:

• Revised the policy language as indicated below to the current language:

"Patient must meet all the following criteria:

A Gene Expression Survey such as Oncotype DXTM, is a diagnostic test designed to assist in the decision making in regard to chemotherapy treatments based on the possibility of the recurrence of breast cancer in those women with newly diagnosed, early-stage breast cancer. The cancer diagnosis has all of the following characteristics:

- Estrogen-receptor positive (ER+)
- Newly diagnosed
- Node negative
- Stage I or II (based on size only—over 2 cm)"

In the Policy Guidelines section:

Added the following:

"According to the American Society of Clinical Oncology-College of American Pathologists Guideline Recommendations for Human Epidermal Growth Factor Receptor 2 Testing in Breast Cancer, "a positive HER2 result is IHC [immunohistochemistry] staining of 3+ (uniform, intense membrane staining of >30% of invasive tumor cells), a fluorescent in situ hybridization (FISH) result of more than six HER2 gene copies per nucleus or a FISH ratio (HER2 gene signals to chromosome 17 signals) of more than 2.2; a negative result is an IHC staining of 0 or 1+, a FISH result of less than 4.0 HER2 gene copies per nucleus, or FISH ratio of less than 1.8. Equivocal results require additional action for final determination." (1)"

Updated the Rationale section.

Updated the Reference section.

04-12-2013

Updated Description section.

In Policy section:

- In Item D, revised the following "patients who are lymph node positive" to read "patients with positive lymph nodes".
- In Item D, inserted "or patient with bilateral disease" to read "patients with positive lymph nodes or patient with bilateral disease,"
- Added Item E, "Use of a subset of genes from the 21-gene RT-PCR assay for predicting recurrence risk in patients with noninvasive ductal carcinoma in situ (i.e., Oncotype DX DCIS) to inform treatment planning following excisional surgery is considered experimental / investigational."
- In Item F, revised the following "The use of other gene expression assays (e.g., MammaPrint, Mammostrat, or the THEROS Breast Cancer IndexSM) for any indication is considered experimental / investigational." to read "The use of other gene expression assays (e.g., MammaPrint, Mammostrat Breast Cancer Test, the Breast Cancer Index, The BreastOncPx, NexCourse Breast IHC4, or PAM50 Breast Cancer Intrinsic Classifier) for any indication is considered experimental / investigational."

Updated Rationale section.

In Coding section:

Added diagnosis code, 233.0

Updated Reference section.

03-27-2014

Updated Description section.

In Policy section:

 Added new Item D, "The use of gene expression assays in men with breast cancer is considered medically necessary.

REVISIONS In Item G, added "Breast PRS and EndoPredict" to read "...or PAM50 Breast Cancer Intrinsic Classifier, Breast PRS and EndoPredict) for any indication is considered experimental / investigational." Added Item H, "The use of gene expressional assays to molecularly subclassify breast cancer (e.g., BluePrint) is considered experimental / investigational." Added Item I, "The use of gene expression assays for quantitative assessments of ER, PR, and HER2 overexpression (e.g., TargetPrint) is considered experimental / investigational." Updated Rationale section. In Coding section: Added ICD-10 Diagnosis (Effective October 1, 2014) Updated Reference section. 01-01-2015 Policy posted 01-16-2015 In Coding section: Added CPT Codes: 81519 (Effective January 1, 2015), 0008M (Effective July 1, 2014) Added CPT Code: 84999 (applies to applicable services before January 1, 2015) 04-28-2015 Title of Policy changed from "Gene Expression Assay for Breast Cancer Treatment." Updated Description section. In Policy section: In Item A, added "invasive" and "all of", to read, "The use of the 21-gene reverse transcriptase-polymerase chain reaction (RT-PCR) assay (i.e., Oncotype DX®) to determine recurrence risk for deciding whether or not to undergo adjuvant chemotherapy may be considered medically necessary in women with primary, invasive breast cancer meeting all of the following characteristics:" In Item E, added "invasive", to read, "All other indications for the 21-gene RT-PCR assay (i.e., Oncotype DX®), including determination of recurrence risk in invasive breast cancer patients with positive lymph nodes or patient with bilateral disease, are considered experimental / investigational." In Item G, added "70-gene signature" and "Prosigna™" and removed "or PAM50 Breast Cancer Intrinsic Classifier," to read, "The use of other gene expression assays (e.g., MammaPrint® 70-gene signature, Mammostrat® Breast Cancer Test, the Breast Cancer IndexSM, the BreastOncPx[™], NexCourse[®] Breast IHC4, Prosigna[™], BreastPRS[™], and EndoPredict[™]) for any indication is considered experimental / investigational." In Policy Guideline section: In Item 1, added "0.6" and removed "0.3", to read, "Unfavorable features that may prompt testing in tumors from 0.6 to 1 cm in size include the following: angiolymphatic invasion, high histologic grade, or high nuclear grade." In Item 3, removed, "a positive HER2 result is IHC [immunohistochemistry] staining of 3+ (uniform, intense membrane staining of >30% of invasive tumor cells), a fluorescent in situ hybridization (FISH) result of more than six HER2 gene copies per nucleus or a FISH ratio (HER2 gene signals to chromosome 17 signals) of more than 2.2; a negative result is an IHC staining of 0 or 1+, a FISH result of less than 4.0 HER2 gene copies per nucleus, or FISH ratio of less than 1.8. Equivocal results require additional action for final determination.(1)" and added ",(1) defines positive, negative, and equivocal HER2 test results as shown in table 2", to read, "According to the American Society of Clinical Oncology-College of American Pathologists G guideline, "Recommendations for Human Epidermal Growth Factor Receptor 2 Testing in Breast Cancer,"(1) defines positive, negative, and equivocal HER2 test results as shown in Table 2." Added Table 2

REVISIONS	
	Updated Rationale section.
	 In Coding section: Removed " There are no specific CPT codes for these laboratory tests. Effective 1/1/06, an S code was designated for this test: S3854," and added, "Effective 07/01/14, there is a CPT multianalyte assay with algorithmic analysis (MAAA) administrative code specific to the Prosigna test: 0008M. Effective January 1, 2015, there is a specific CPT MAAA code for Oncotype DX: 81519. Effective January 1, 2006, an S code was designated for this test: S3854. The other tests mentioned above would be reported with an unlisted CPT code such as 81599."
	Updated References section.
09-29-2015	 Updated Description section. In Policy section: In Item A, removed "or not", to read "The use of the 21-gene reverse transcriptase-polymerase chain reaction (RT-PCR) assay (i.e., Oncotype DX®) to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in women with primary, invasive breast cancer
	 meeting ALL of the following characteristics:" In Item A 1, removed "non-fixed", to read "unilateral tumor; AND" In Policy Guidelines: In Item 3, removed "According to the", and added "The current (2013)", to read "The current (2013) American Society of Clinical Oncology-College of American Pathologists guideline" Updated Rationale section.
	Updated References section.
01-01-2016	In Coding section: Removed HCPCS code S3854.
07-01-2016	In Coding section: Added HCPCS code S3854. Revising coding bullets.
01-04-2017	 Updated Description section. In Policy section: In Item A, added "Endopredict, the Breast Cancer IndexSM, and Prosigna" to read, "The use of the 21-gene reverse transcriptase-polymerase chain reaction (RT-PCR) assay (i.e., Oncotype DX®), EndoPredict, the Breast Cancer IndexSM, and Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in women with primary, invasive breast cancer meeting ALL of the following characteristics:" In Item F, added "All other indications for the 21-gene RT-PCR", "(i.e., Oncotype DX®)", and "including determination of recurrence risk in invasive breast cancer patients with positive lymph nodes, patients with bilateral disease, or to consider length of treatment with tamoxifen, are" and removed "The use of other gene expression", "e.g., MammaPrint® 70-gene signature, Mammostrat® Breast Cancer Test,", "the BreastOncPx™, NexCourse® Breast IHC4,", "Breast PRS™", and "for any indication is" to read, "All other indications for the 21-gene RT-PCR assay (i.e., Oncytope DX®), Endopredict™, the Breast Cancer IndexSM, and Prosigna®, including determination of recurrence risk in invasive breast cancer patients with positive lymph nodes, patients with bilateral disease, or to consider length of treatment with tamoxifen, are considered experimental / investigational." In Item G, added "Breast" and "Score" to read, "Use of a subset of genes from the 21-gene RT-PCR assay for predicting recurrence risk in patients with noninvasive ductal carcinoma in situ (i.e., Oncotype DX® Breast DCIS Score) to inform

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	treatment planning following excisional surgery is considered experimental / investigational." Added new Item H, "Use of 70-gene signature (MammaPrint®) for any indication is considered experimental / investigational." In new Item I (previous Item H), added "in conjunction with MammaPrint® or alone" and removed "gene expression assays to molecularly subclassify breast cancer (e.g.," to read, "The use of BluePrint® in conjunction with MammaPrint® or alone is considered experimental / investigational." Removed previous Item I, "The use of gene expression assays for quantitative assessment of ER, PR, and HER2 overexpression (e.g., TargetPrint®) is considered experimental / investigational." Updated Rationale section. In Coding section: Added CPT code: 81599. Removed CPT code: 84999. Updated References section.
	Added Appendix section.
10-28-2017	Updated Description section.
	 In Policy section: In Item A, removed "women" and added "individuals" to read, "The use of the 21-gene reverse transcriptase-polymerase chain reaction (RT-PCR) assay (i.e., Oncotype DX®), EndoPredict, the Breast Cancer Index, and Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in individuals with primary, invasive breast cancer meeting ALL of the following characteristics:"
	Updated coding bullets.
	Updated References section.
01-01-2018	 Updated Description section. In Policy section: Removed Item D, "All other indications for the 21-gene RT-PCR assay (i.e., Oncotype DX), including determination of recurrence risk in invasive breast cancer patients with positive lymph nodes or patients with bilateral disease, are considered experimental / investigational."
	Updated Rationale section. In Coding section: Added CPT codes: 81520, 81521. Removed coding bullets.
	 Removed ICD-9 codes. Updated References section.
08-01-2018	Updated Rationale section. Updated References section.
01-01-2019	In Coding section: Added new CPT code: 81518
02-01-2019	Policy published 01-04-2019 with an effective date of 02-01-2019. Updated Description section.

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	In Policy section:
	 In Item A, added "MammaPrint" and removed "the 21-gene reverse transcriptase-pomymerase chain reaction (RT-PCR) assay" to read, "The use of Oncotype DX, EndoPredict, the Breast Cancer Index, MammaPrint, and Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in individuals with primary, invasive breast cancer meeting ALL of the following characteristics:" In Item D, added "MammaPrint" and removed "the 21-gene RT-PCR assay" to read, "All other indications for Oncotype DX, EndoPredict, the Breast Cancer Index, MammaPrint, and Prosigna, including determination of recurrence risk in invasive breast cancer patients with positive lymph nodes, patients with bilateral disease, or to consider length of treatment with tamoxifen, are considered experimental / investigational." Removed previous Item F, "Use of 70-gene signature (MammaPrint) for any
	indication is considered experimental / investigational."
1	 Removed Policy Guidelines.
	Updated Rationale section.
	Updated References section.
	Removed Appendix section.
07-17-2019	Updated Description section.
1	Updated Rationale section.
1	In Coding section:
	 Added CPT code: 0045U. Deleted termed CPT code: 0008M. (Effective January 1, 2018)
	Updated References section.
01-01-2020	In Coding section:
	• Added CPT Code: 81522
03-29-2021	Updated Description section
	In Policy Section
	Item A: Added "women" and deleted "individuals" Item A: Added "women" and deleted "individuals" Item A: Added "women" and deleted "individuals"
	• Item A 2: Deleted "ER" and "PR"
l	 Item A 3: Deleted "HERS" Item A 4: Deleted conduct testing on
	Item A 4: Deleted conduct testing on Item 5: Added "for 21 gene RT-PCR assay"
	Item 8 Added: "The use of Insight TNBCtype to aid in making decisions regarding
	chemotherapy in women with triple-negative breast cancer is considered
	experimental / investigational."
l	Updated Rationale section
ı	In Coding Section
ı	Removed CPT code 81599 Add Alexander 10 Post 02 Post 03 Post 10 Post 12 Post 03 Post 04 Post 03 Post 04
l	• Added ICD-10 Codes: D05.00, D05.01, D05.02, D05.10, D05.11, D05.12, D05.80,
l	D05.81, D05.90, D05.91, D05.92 Updated Reference section
01-04-2022	Updated Description Section
01-04-2022	Updated Policy Section:
	Section F: changed "tamoxifen" to "endocrine therapy"
	In Coding section:
	Added CPT 81523 (effective 01-01-22), 0295U(effective 01-01-22), 0153U
	Added ICD-10 code Z17.0
	Update Rationale Section

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	Updated References Section		
	Added Appendix Section		
02-09-2023	Updated Description Section		
02-09-2023	Updated Description Section Updated Policy Section: Section A Added: "EndoPredict, the Breast Cancer Index, MammaPrint, or Prosigna" and "node-negative" Section B Removed: "Use of EndoPredict, the Breast Cancer Index, MammaPrint, and Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in women with primary, invasive breast cancer with the same characteristics as considered medically necessary for Oncotype DX." Section C Added Ci: "no distant metastases; AND" Section C Added Ci: "loid distant metastases; AND" Section C Added Ci: "loid distant metastases; AND" Added Section D: "The use of Oncotype Dx to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy may be considered medically necessary in women with primary, invasive, node positive breast cancer meeting ALL of the following characteristics: 1. postmenopausal (defined as previous bilateral oophorectomy or more than 12 months since the last menstrual period and no previous hysterectomy); 2. unilateral tumor; AND 3. hormone receptor-positive (i.e., estrogen receptor-positive or progesterone receptor-positive); AND 4. human epidermal growth factor receptor 2-negative; AND 5. stage T1 or T2 or operable T3 at high clinical risk (see Policy Guidelines); AND 6. 1 to 3 positive nodes (N1); AND 7. no distant metastases; AND 8. who will be treated with adjuvant endocrine therapy (e.g., tamoxifen, aromatase inhibitors); AND 9. eligible for a chemotherapy regimen containing a taxane, an anthracycline, or both; AND 10. when the test result aids the patient in deciding on chemotherapy (i.e., when chemotherapy is a therapeutic option); AND 11. when ordered within 6 months after diagnosis, because the value of the test for making decisions regarding delayed chemotherapy is unknown. Added Section E: "The use of EndoPredict, the Breast Cancer Index, and Prosigna to determine recurrence risk for deciding whether to undergo adjuvant chemotherapy in individuals with prima		
	A. Unilateral Bilateral Premenopausal Most breast cancer is unilateral, occurring in one breast. Bilateral breast cancer, breast cancer in both breasts, can be synchronous or metachronous. Synchronous is generally defined as occurring within 6 months, but other intervals are used (3 months or even 12 months), and overall, inconsistency in the use of the term "bilateral breast cancer" occurs. It is difficult to clearly know if		
	a second breast cancer appearing within months of the first is metastatic spread or a new primary.		

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There are no professional guidelines on use of gene expression assays in bilateral breast cancers, although small studies show Oncotype Dx score discordancy in synchronous bilateral ER-positive HER2-negative breast cancer with associated chemotherapy recommendation changes of 50% to 57%. No health outcomes were reported from the change in chemotherapy recommendations. As such, the position relates only to unilateral breast cancer although at the local level consideration could be given to genetic expression assay in a second cancer in the contralateral breast.

B. Premenopausal

The position on premenopausal women with node positive breast cancer differs from the NCCN guidelines (https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf). The NCCN guidelines have a 2A recommendation for OncotypeDx testing of premenopausal women with 1-3 positive lymph nodes based on the RxPONDER trial (Kalinsky et. al., 2021; PMID 34914339). Based on this test, the NCCN guidelines have a recommendation to "consider chemotherapy followed by endocrine therapy or alternatively, ovarian function suppression combined with either tamoxifen or an Aromatase inhibitor." Note that RxPONDER was not designed to test whether chemotherapy can be replaced by ovarian suppression, and that among premenopausal women, invasive disease—free survival at 5 years was 89.0% with endocrine-only therapy and 93.9% with chemoendocrine therapy (hazard ratio, 0.60; 95% CI, 0.43 to 0.83; P = 0.002), with a similar increase in distant relapse—free survival (hazard ratio, 0.58; 95% CI, 0.39 to 0.87; P = 0.009) indicating benefit of chemoendocrine therapy. While the evidence then is insufficient to support Oncotype DX testing as perhaps all premenopausal women benefit from chemoendocrine therapy regardless of Oncotype DX recurrence score, with the NCCN 2A recommendation for using Oncotype Dx testing for premenopausal women a local decision might need to be made.

- C. Clinical Risk
- D. Multiple Ipsilateral Tumors

Gene expression assay testing on multiple ipsilateral primary tumors could start with assessing the most histologically aggressive, as concordance of Oncotype Dx score with Nottingham score is strong. However, a low Oncotype Dx score indicating no need for adjuvant chemotherapy from the most aggressive appearing tumor might not negate the need for Oncotype Dx testing of other primary tumors. The literature base for this strategy is slim; but, for ipsilateral multiple tumors, Toole, et al. show that 22% (4 out of 18) had Oncotype Dx score differences that led to changes in management. Additionally though, Toole, et al. found that in a small number of cases the histology and grade were the same on ipsilateral lesions yet had significantly different Oncotype Dx scores altering chemotherapy recommendations. Larger, prospective studies are needed including clinical outcomes from management changes. Consideration at the local level could be given to histologically distinct tumors meeting the other criteria for gene expression assay testing, or serial testing. There is no literature assessing the use of one gene expression assay on one tumor and a different gene expression assay on another ipsilateral tumor.

Update Rationale Section

Updated Reference Section

Remove Appendix Section

01-05-2024

Updated Description Section

Updated Policy Guidelines

- Added the following statements:
 - Unfavorable features that may prompt testing in tumors from 0.6 cm to 1 cm in size include the following: angiolymphatic invasion, high histologic grade, or high nuclear grade.
 - The 21-gene reverse transcriptase-polymerase chain reaction assay (Oncotype DX) should not be ordered as a substitute for standard estrogen receptor, progesterone receptor, or human epidermal growth factor receptor 2 (HER2) testing.
 - Current American Society of Clinical Oncology and College of American Pathologists joint guidelines on *HER2* testing in breast cancer (Wolff et al [2013]) have defined positive, negative, and equivocal *HER2* test results.

Update Rationale Section

Updated Coding Section

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REVISIONS	
	Removed ICD-10 Codes
	Updated Reference Section
12-23-2024	Updated Description Section
	 Update Policy Guidelines Section Added: "Male Breast Cancer For the purposes of this evidence review, the terms males and females are used to denote sex assigned at birth. Due to the limited participation of males in breast cancer clinical trials, the recommendations for managing breast cancer in males are predominantly based on extrapolations from data obtained from female breast cancer trials. While there are some biological and clinical differences between breast cancer in males and females, the management of breast cancer in males generally mirrors that of females, with specific considerations for male patients. According to the current NCCN guidelines on breast cancer, there is a scarcity of data on the use of molecular assays for predicting prognosis and chemotherapy benefits in male breast cancer patients. Nonetheless, the NCCN highlights that existing data indicate the 21-gene assay recurrence score (Oncotype DX) offers valuable prognostic insights for males with breast cancer.(https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf)." Update Rationale Section Updated Reference Section

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- American Cancer Society. Breast Cancer Facts & Figures (2024-2025). Link: https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/breast-cancer-facts-and-figures/2024/breast-cancer-facts-and-figures-2024.pdf
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