

## Medical Policy



### Title: Treatment for Duchenne Muscular Dystrophy

#### Professional

Original Effective Date: January 19, 2017  
Revision Date(s): January 19, 2017;  
December 29, 2017; March 13, 2019;  
April 20, 2020; September 18, 2020;  
May 21, 2021; June 21, 2021  
Current Effective Date: June 21, 2021

#### Institutional

Original Effective Date: January 19, 2017  
Revision Date(s): January 19, 2017;  
December 29, 2017; March 13, 2019;  
April 20, 2020; September 18, 2020;  
May 21, 2021; June 21, 2021  
Current Effective Date: June 21, 2021

**State and Federal mandates and health plan member contract language, including specific provisions/exclusions, take precedence over Medical Policy and must be considered first in determining eligibility for coverage. To verify a member's benefits, contact [Blue Cross and Blue Shield of Kansas Customer Service](#).**

**The BCBSKS Medical Policies contained herein are for informational purposes and apply only to members who have health insurance through BCBSKS or who are covered by a self-insured group plan administered by BCBSKS. Medical Policy for FEP members is subject to FEP medical policy which may differ from BCBSKS Medical Policy.**

**The medical policies do not constitute medical advice or medical care. Treating health care providers are independent contractors and are neither employees nor agents of Blue Cross and Blue Shield of Kansas and are solely responsible for diagnosis, treatment and medical advice.**

**If your patient is covered under a different Blue Cross and Blue Shield plan, please refer to the Medical Policies of that plan.**

Populations	Interventions	Comparators	Outcomes
Individuals: <ul style="list-style-type: none"> <li>With a confirmed variant of the Duchenne muscular dystrophy gene that is amenable to exon 51 skipping</li> </ul>	Interventions of interest are: <ul style="list-style-type: none"> <li>Eteplirsen</li> </ul>	Comparators of interest are: <ul style="list-style-type: none"> <li>Continued medical management (e.g., glucocorticoids)</li> </ul>	Relevant outcomes include: <ul style="list-style-type: none"> <li>Disease-specific survival</li> <li>Change in disease status</li> <li>Functional outcomes</li> <li>Health status measures</li> <li>Quality of life</li> <li>Treatment-related mortality</li> <li>Treatment-related morbidity</li> </ul>
Individuals: <ul style="list-style-type: none"> <li>With a confirmed variant of the Duchenne muscular dystrophy gene that is amenable to exon 53 skipping</li> </ul>	Interventions of interest are: <ul style="list-style-type: none"> <li>Golodirsen</li> </ul>	Comparators of interest are: <ul style="list-style-type: none"> <li>Continued medical management (e.g., glucocorticoids)</li> </ul>	Relevant outcomes include: <ul style="list-style-type: none"> <li>Disease-specific survival</li> <li>Change in disease status</li> <li>Functional outcomes</li> <li>Health status measures</li> <li>Quality of life</li> <li>Treatment-related mortality</li> <li>Treatment-related morbidity</li> </ul>

Populations	Interventions	Comparators	Outcomes
Individuals: <ul style="list-style-type: none"> <li>With a confirmed variant of the Duchenne muscular dystrophy gene that is amenable to exon 53 skipping</li> </ul>	Interventions of interest are: <ul style="list-style-type: none"> <li>Viltolarsen</li> </ul>	Comparators of interest are: <ul style="list-style-type: none"> <li>Continued medical management (e.g., glucocorticoids)</li> </ul>	Relevant outcomes include: <ul style="list-style-type: none"> <li>Disease-specific survival</li> <li>Change in disease status</li> <li>Functional outcomes</li> <li>Health status measures</li> <li>Quality of life</li> <li>Treatment-related mortality</li> <li>Treatment-related morbidity</li> </ul>
Individuals: <ul style="list-style-type: none"> <li>With a confirmed variant of the Duchenne muscular dystrophy gene that is amenable to exon 45 skipping</li> </ul>	Interventions of interest are: <ul style="list-style-type: none"> <li>Casimersen</li> </ul>	Comparators of interest are: <ul style="list-style-type: none"> <li>Continued medical management (e.g., glucocorticoids)</li> </ul>	Relevant outcomes include: <ul style="list-style-type: none"> <li>Disease-specific survival</li> <li>Change in disease status</li> <li>Functional outcomes</li> <li>Health status measures</li> <li>Quality of life</li> <li>Treatment-related mortality</li> <li>Treatment-related morbidity</li> </ul>

## DESCRIPTION

Duchenne muscular dystrophy is an inherited disorder that results in progressive muscle weakness and loss of muscle mass, primarily affecting males. Duchenne muscular dystrophy results from non-sense or frame-shifting variant(s) in the dystrophin gene, which is responsible for producing dystrophin, a cohesive protein essential for maintaining muscle support and strength. Antisense oligonucleotides are short, synthetic, single-stranded oligodeoxynucleotides that selectively bind to specific exons of the dystrophin pre-messenger RNA causing the exon to be skipped and thereby repairing the mutated reading frame resulting in production of an internally truncated, yet functional, dystrophin protein. Four antisense oligonucleotides—eteplirsen, golodirsen, viltolarsen, and casimersen have been approved by the FDA for the treatment of Duchenne muscular dystrophy. Each targets a specific exon. For example, eteplirsen targets skipping of exon 51, golodirsen and viltolarsen target skipping of exon 53, and casimersen targets skipping of exon 45.

## Objective

The objective of this evidence review is to determine whether use of antisense oligonucleotides such as eteplirsen, golodirsen, viltolarsen, and casimersen compared with continued medical management improves the net health outcome of individuals with a confirmed variant of the Duchenne muscular dystrophy gene that is amenable to specific exon skipping.

## Background

### Duchenne Muscular Dystrophy

Duchenne muscular dystrophy is an X-linked, recessive disorder that occurs in approximately 1 in every 3500 to 5000 males.<sup>1</sup> It primarily affects males. However, a small number of girls are also affected, but they are usually asymptomatic, and even when symptomatic, only present with a mild form of the disease. According to U.S. epidemiologic data, the first signs or symptoms of Duchenne muscular dystrophy are noted at a mean age of 2.5 years (range, 0.2-1 years), and the mean age at definitive diagnosis is 4.9 years (range, 0.3-8.8 years).<sup>2</sup> Symptoms include motor difficulties such as running, jumping, walking upstairs, and an unusual waddling gait. Some improvement in symptoms may be seen from 3 to 6 years of age, though gradual deterioration resumes and most patients lose ambulation by age 12 and require noninvasive

ventilation by the late teenage years. Patients progress from needing noninvasive ventilation only during night sleeping, followed by noninvasive ventilation during day and night sleeping, and then noninvasive ventilation during day and night over the course of 5 to 10 years.

Duchenne muscular dystrophy occurs as a result of variant(s) in the gene responsible for producing dystrophin, a cohesive protein that is essential for maintaining muscle support and strength. *Duchenne muscular dystrophy* is the longest known human gene, and several variants can cause Duchenne muscular dystrophy. Most deletion variants disrupt the translational reading frame in the dystrophin messenger RNA resulting in an unstable, nonfunctional dystrophin molecule. As a result, there is progressive muscle degeneration leading to loss of independent ambulation, as well as other complications, including respiratory and cardiac complications.<sup>3</sup> Genetic testing is required to determine the specific *Duchenne muscular dystrophy* gene variant(s) for a definitive diagnosis, even when the absence of dystrophin protein expression has been confirmed by muscle biopsy. There are over 4700 variants in the Leiden Duchenne muscular dystrophy mutation database, and the most common variants are concentrated between exons 45 and 53.

## REGULATORY STATUS

### Eteplirsen

In September 2016, eteplirsen (Exondys 51™; Sarepta Therapeutics) was approved by the U.S. Food and Drug Administration (FDA) for treatment of Duchenne muscular dystrophy patients who have a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 51 skipping. This indication was approved under accelerated approval based on an increase in dystrophin in skeletal muscle observed in some patients treated with eteplirsen.

The FDA, under the accelerated approval regulations (21 CFR 314.510), requires that Sarepta conduct a confirmatory trial to demonstrate the clinical benefit of eteplirsen. In the preceding 3 years after the FDA approval, there has still been no publication of a trial confirming or refuting a clinical benefit of eteplirsen. The European Medicines Agency rejected marketing approval for eteplirsen in September 2018.<sup>4</sup>

### Golodirsen

In December 2019, golodirsen (Vyondys 53™; Sarepta Therapeutics) was approved by the FDA for treatment of Duchenne muscular dystrophy patients who have a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 53 skipping. This indication was approved under accelerated approval based on an increase in dystrophin in skeletal muscle observed in some patients treated with golodirsen.

The FDA, under the accelerated approval regulations (21 CFR 314.510), requires that Sarepta conduct a randomized double-blind, placebo-controlled trial of 96 weeks with an open-label extension to 144 weeks to verify the clinical benefit of golodirsen with the primary endpoint of a 6-minute walk test. The expected date of trial completion is April 2024 and final report submission to the FDA by October 2024.

### Viltolarsen

In August 2020, viltolarsen (Viltepso™) was approved by the FDA for the treatment of Duchenne muscular dystrophy patients who have a confirmed mutation of the *Duchenne muscular*

*dystrophy* gene that is amenable to exon 53 skipping. This indication was approved under accelerated approval based on an increase in dystrophin production in skeletal muscle observed in patients treated with viltolarsen.

The FDA, under the accelerated approval regulations (21 CFR 314.510), requires that Nippon Shinyaku Co. conduct a randomized, double-blind, placebo-controlled trial over 48 weeks to verify the clinical benefit of viltolarsen with the primary endpoint "time to stand". The expected date of trial completion is July 2024 and final report submission to the FDA by Dec 2024.

### **Casimersen**

In February 2021, casimersen (Amondys45™) was approved by the FDA for the treatment of Duchenne muscular dystrophy patients who have a confirmed mutation of the *Duchenne muscular dystrophy* gene that is amenable to exon 45 skipping. This indication was approved under accelerated approval based on an increase in dystrophin production in skeletal muscle observed in patients treated with casimersen.

The FDA, under the accelerated approval regulations (21 CFR 314.510), requires that Sarepta verify the clinical benefit of casimersen by completing Study 4045-301 (Essence), A Double-Blind, Placebo-Controlled, Multicenter Study with an Open-Label Extension to Evaluate the Efficacy and Safety of SRP-4045 and SRP-4053 in Patients with Duchenne Muscular Dystrophy. The study includes a randomized, double-blind, placebo-controlled period of 96 weeks and concludes after an open label extension period to 144 weeks. The primary endpoint will be the 6-minute walk test. The expected date of trial completion is April 2024 and final report submission to the FDA by October 2024.

## **POLICY**

The use of antisense oligonucleotides (such as viltolarsen, eteplirsen, casimersen and golodirsen) is considered **experimental / investigational** for all indications, including treatment of Duchenne muscular dystrophy.

## **RATIONALE**

The most recent literature update was performed through March 7, 2021.

Evidence reviews assess the clinical evidence to determine whether the use of technology improves the net health outcome. Broadly defined, health outcomes are the length of life, quality of life, and ability to function—including benefits and harms. Every clinical condition has specific outcomes that are important to patients and managing the course of that condition. Validated outcome measures are necessary to ascertain whether a condition improves or worsens; and whether the magnitude of that change is clinically significant. The net health outcome is a balance of benefits and harms.

To assess whether the evidence is sufficient to draw conclusions about the net health outcome of technology, 2 domains are examined: the relevance, and quality and credibility. To be relevant, studies must represent 1 or more intended clinical use of the technology in the intended population and compare an effective and appropriate alternative at a comparable intensity. For some conditions, the alternative will be supportive care or surveillance. The quality and credibility of the evidence depend on study design and conduct, minimizing bias and confounding that can generate incorrect findings. The randomized controlled trial (RCT) is preferred to assess efficacy; however, in some circumstances, nonrandomized studies may be adequate. Randomized controlled trials are rarely large enough or long enough to capture less common adverse events and long-term effects. Other types of studies can be used for these purposes and to assess generalizability to broader clinical populations and settings of clinical practice.

### **Antisense Oligonucleotides for Treatment of Duchenne Muscular Dystrophy Clinical Context and Therapy Purpose**

The purpose of antisense nucleotides such as eteplirsen, golodirsen, viltolarsen, and casimersen in patients who have a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to specific exon skipping, is to provide a treatment option that is an alternative to or an improvement on existing therapies.

The question addressed in this evidence review is: Does the use of eteplirsen, golodirsen, viltolarsen, and casimersen in patients with a *Duchenne muscular dystrophy* gene variant that is amenable to specific exon skipping improve the net health outcome compared with continued medical management?

The following PICO was used to select literature to inform this review.

### ***Populations***

The relevant population of interest is patients with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to specific exon skipping.

### ***Interventions***

The therapies being considered are antisense oligonucleotides such as eteplirsen, golodirsen, viltolarsen, and casimersen. Phosphorodiamidate morpholino oligomers are stable oligonucleotide analogues that selectively bind to RNA to alter gene expression. In the case of eteplirsen, the phosphorodiamidate morpholino oligomer binds to exon 51 of the dystrophin pre-messenger RNA causing the exon to be skipped and prevents that part of the code from being read during messenger RNA processing, thereby partially repairing the mutated reading frame in the messenger RNA coding sequence. As a result, eteplirsen enables the production of an internally truncated, yet functional, dystrophin protein. Similarly, golodirsen and viltolarsen target skipping of exon 53 and casimersen targets skipping of exon 45.

### ***Comparators***

The following practice is currently being used to treat patients with a confirmed variant of the *Duchenne muscular dystrophy* gene: standard multidisciplinary care including pharmacotherapy. Pharmacotherapy primarily involves corticosteroids (mainly prednisone or deflazacort) for all patients regardless of the genetic variant. Treatment is initiated once patients reach a plateau of motor skill development, generally at ages 4 to 6 years, but before the onset of motor decline. The goal of corticosteroid therapy is to preserve ambulation and minimize respiratory, cardiac, and orthopedic complications. In addition, muscle weakness and pain, cardiac, pulmonary, orthopedic, and endocrine symptoms should be managed.<sup>5</sup>

### ***Outcomes***

The general outcomes of interest are a change in disease status, functional outcomes, quality of life, treatment-related mortality, and treatment-related morbidity. See Table 1 for the description and relevance of specific outcome measures considered in this review.

As per the U.S. Food and Drug Administration (FDA) guidance document for developing drugs for the treatment of dystrophinopathies, the FDA has no defined set of required or recommended clinical outcome measures to be used in clinical studies. The guidance states that manufacturers should propose and, if necessary, develop endpoints that can validly and reliably assess patients with a wide spectrum of symptoms and disease stages. Further, it states, "The sponsor should include an assessment of multiple efficacy endpoints, when feasible, to characterize the breadth of effects on dystrophin-related pathologies, including skeletal, respiratory, and cardiac muscle function, even if the primary endpoint is only 1 of these measures."<sup>6</sup>

**Table 1. Health Outcome Measures That May Be Relevant to Muscular Dystrophinopathies**

<b>Outcome Measure</b>	<b>Description</b>	<b>Scale</b>	<b>Clinically Meaningful Difference/Comment</b>
Griffiths scale of mental development	Comprehensive, child-friendly developmental measure for continuous use from birth to 6 yrs (72 months).	Consists of 2 sets of scales, 1 for each age group 0-2 yrs and 2-8 yrs.	Although used in Duchenne muscular dystrophy, this is a non-specific measure and its appropriateness to measure clinical efficacy for Duchenne muscular dystrophy has not been established.

Outcome Measure	Description	Scale	Clinically Meaningful Difference/Comment
Bayley scales of infant and toddler development (Third edition)	Designed to assess developmental functioning from 1 month to 42 months of age. Covers 5 domains: cognitive, language, motor, adaptive, and social-emotional development.	Composite scores are derived for cognitive, language, and motor development and scaled to a metric, with a mean of 100, standard deviation of 15, and range of 40 to 160.	Although used in Duchenne muscular dystrophy, this is a non-specific measure and its appropriateness to measure clinical efficacy for Duchenne muscular dystrophy has not been established.
North Star Ambulatory Assessment (NSAA) or an age-appropriate modified NSAA	Measures functional motor abilities. Appropriate for ambulatory children ages > 3 yrs of age with Duchenne muscular dystrophy.	17-item scale that grades each activity from 0 (unable to achieve independently) to 2 (normal- no obvious modification of activity). Scores can range from 0 to 34. Higher scores indicate improvement. Also includes recording timed items such as the 10-meter timed walk/run test and time to rise from the floor (Gower's test). These times are not included in the global score	Not reported
6-minute walk test (6MWT) or shorter versions such as the 2-minute walk test	Measures strength and endurance, can be appropriate for patients as young as 5-6 yrs of age. Performance may increase with time in very young patients whereas performance tends to worsen with time in older patients. Floor effect of losing ambulation in older patients with more advanced disease and analyses of change in 6MWT can be strongly influenced by the inclusion or exclusion of patients who lose ambulation during the trial; such patients contribute zero values.	Assesses distance walked in 6 minutes.	Estimates of minimum clinically important difference for Duchenne muscular dystrophy patients of a change of 30 meters have been reported. <sup>7,8</sup> Interpretation of 6MWT results is limited by the variability in testing procedures and patient motivation.

Outcome Measure	Description	Scale	Clinically Meaningful Difference/Comment
Myometric assessments	Appropriate to measure increase or preservation of muscle strength, and it can be used to provide reliable measurements in children ages 5 yrs and older		Clinical meaningfulness of differences in muscle strength should be supported by the magnitude of the effect observed or by the demonstration of a drug effect on an appropriate functional measure
Specific clinical respiratory outcomes	Nocturnal desaturation, aspiration pneumonia, and progression to mechanically assisted ventilation	Varied outcome measure (dichotomous or continuous)	Clinical meaningfulness of differences should be supported by the magnitude of the effect observed or by the demonstration of a drug effect on an appropriate functional measure
Biomarker (such as dystrophin)	Deficiency of functional dystrophin appears to be the proximate cause of the symptomatic and functional consequences of dystrophinopathies, justifying particular interest in dystrophin as a biomarker and as a potential surrogate endpoint for accelerated approval.	Dystrophin levels are measured in muscle fibers by immunohistochemical analysis to detect the presence or absence of dystrophin regardless of the actual quantity of dystrophin present while Western blot analysis quantifies the amount of dystrophin in the muscle tissue sample.	Dystrophin expression can only be viewed as supportive of the proof of principle. It is currently uncertain how predictive of sustained functional improvement the detected dystrophin level could be, and what levels may be required for a meaningful clinical improvement in Duchenne patients to be registered. Further, dystrophin produced by eteplirsen is an internally shortened protein and the clinical effect of the truncated dystrophin is still not fully known.

6MWT: 6-minute walk test; NSAA: North Star Ambulatory Assessment.



## Study Selection Criteria

Methodologically credible studies were selected using the following principles:

- To assess efficacy outcomes, comparative controlled prospective trials were sought, with a preference for RCTs;
- In the absence of such trials, comparative observational studies were sought, with a preference for prospective studies.
- To assess long-term outcomes and adverse effects, single-arm studies that capture longer periods of follow-up and/or larger populations were sought.
- Studies with duplicative or overlapping populations were excluded.

## REVIEW OF EVIDENCE

### Eteplirsen

The clinical development program of eteplirsen includes A Randomized, Double-Blind, Placebo-Controlled, Multiple Dose Efficacy, Safety, Tolerability and Pharmacokinetics Study of AVI-4658 (Eteplirsen), in the Treatment of Ambulant Subjects With Duchenne Muscular Dystrophy and an Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201 (Studies 201/202); An Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201(Study 204); and An Open-Label, Multi-Center, Study With a Concurrent Untreated Control Arm to Evaluate the Efficacy and Safety of Eteplirsen in Duchenne Muscular Dystrophy (Study 301) (Table 2). These studies have been assessed in detail. In addition, exploratory post-hoc analysis from these studies have also been published and are summarized briefly in the section “supporting evidence”. Detailed analysis of such studies including relevance and study design/conduct limitations was not performed.

**Table 2. Summary of the Clinical Development Program for Eteplirsen**

Trial	NCT	Phase	Description	N	Design	Status
STUDY 201/202	NCT01396239	2	Treatment of ambulant subjects with Duchenne muscular dystrophy	12	DBRCT	Completed and published <sup>9</sup>
STUDY 204	NCT01540409	2	Rollover Study of Study 204 with a follow-up of 4 yr	12	Open-label	Completed and published <sup>10</sup>
STUDY 301	NCT02255552 (PROMOVI)	3	Treatment of ambulant subjects aged 7 to 16 yrs with Duchenne muscular dystrophy	109	Open-label with concurrent untreated control arm	Completed and unpublished

DBRCT: double-blind randomized controlled trial; NCT: national clinical trial. NCT01396239: A Randomized, Double-Blind, Placebo-Controlled, Multiple Dose Efficacy, Safety, Tolerability and Pharmacokinetics Study of AVI-4658 (Eteplirsen), in the Treatment of Ambulant Subjects With Duchenne Muscular Dystrophy and Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201. NCT01540409: Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201. NCT02255552: An Open-Label, Multi-Center, Study With a Concurrent Untreated Control Arm to Evaluate the Efficacy and Safety of Eteplirsen in Duchenne Muscular Dystrophy.

### Pivotal Trials

Study 201 is single-center, double-blind, placebo-controlled trial that randomized 12 males ages 7 to 13 years with Duchenne muscular dystrophy amenable to exon 51 skipping and on stable corticosteroid dose for at least 6 months to eteplirsen (30 or 50 mg/kg/wk) or placebo (4 patients per group) ( Table 3 ). Treatment continued for 24 weeks and then placebo patients switched to eteplirsen 30 or 50 mg/kg (n=2 per group) at week 25. The primary trial endpoint was a measure of the change in dystrophin-positive fibers as measured in muscle biopsy tissue using immunohistochemistry.<sup>11</sup> The results published in 2013 reported a substantial increase (range, 23%-52%) in the percentage of dystrophin-containing fibers in the biopsy specimens at weeks 24 and 48 in the eteplirsen-treated groups.<sup>9</sup> However, immunohistochemistry analysis is not a quantitative measure of dystrophin. This analysis evaluates thin slices of muscle biopsies to assess whether dystrophin is present or absent. Each muscle fiber showing any amount of dystrophin counts as positive, regardless of the actual quantity of dystrophin present. On the other hand, Western blot analyzes how much dystrophin is present in a sample. Results reported in the prescribing label showed that the average dystrophin protein level after 180 weeks of treatment with eteplirsen measured by Western blot analysis of biopsy was 0.93% of the dystrophin level in healthy subjects. A more rigorous and fully blinded reanalysis of the FDA immunohistochemical assay by 3 investigators cast further doubt about the consistency of immunohistochemical analysis because there was little difference in positive fibers between original baseline samples and week 180.<sup>12</sup>

Study 202 was a 4-year open-label trial that enrolled all patients from Study 201. The trial was designed to assess the ongoing efficacy and safety of eteplirsen. Patients continued on the same dose of eteplirsen they received at the end of Study 201 (6 patients on 30 mg/kg and 6 patients on 50 mg/kg ( Table 3 ). The prespecified clinical endpoints for the 6-minute walk test for study 201 (week 24) and study 202 (week 48) were negative.<sup>12</sup> The article reported a 67.3-meter benefit in the 6-minute walk test distance at week 48 in ambulation-evaluable eteplirsen-treated patients (n=6) compared with placebo/delayed patients ( $p < 0.005$ ).<sup>9</sup> However, this was a post-hoc analysis excluding 2 eteplirsen-treated patients who quickly deteriorated while receiving therapy and lost ambulation beginning at week 4 of the trial. The FDA has recommended retraction of the published study due to concerns about the interpretation of its findings.<sup>13</sup> Further, in an exploratory analysis, the FDA found no correlation between dystrophin levels and the 6-minute walk test distance.<sup>12</sup> For example, among the 4 patients with the most preserved 6-minute walk test, 2 had the lowest and 2 had the highest dystrophin levels as determined by Western blot. As per the prescribing label, there was no significant difference in change in 6-minute walk test distance between patients treated with eteplirsen and placebo. The use of the 6-minute walk test as an objective outcome instrument is limited by factors such as influence due to expectation bias, motivation, and coaching. Patients in the pivotal 201/202 trial were aware of treatment assignment for most of the investigation period.

Eteplirsen's manufacturer reported to the FDA Peripheral and Central Nervous System Drugs Advisory Committee meeting a gain of 162 meters on the 6-minute walk test at 4 years after treatment with eteplirsen in 12 patients in study 202 compared with 13 patients from an external control.<sup>11</sup> Results were subsequently published by Medell et al (2016)<sup>10</sup> in a peer-reviewed journal. Data for external controls were extracted from pooled data from an Italian and Belgian registry by matching corticosteroid use at baseline, availability of longitudinal data for the 6-minute walk test, age, and genotype amenable to exon 51 skipping therapy. However, the FDA<sup>11</sup>, and others<sup>14</sup>, have identified several issues related to the use of an external control such

as differences in the use of steroids and physical therapy between the 2 groups. Most importantly, the impact of unknown prognostic factors cannot be ascertained in an externally controlled study.

Published studies suggest a linear annual decline of approximately 5% in the percent predicted forced vital capacity (FVC%) in patients with Duchenne muscular dystrophy, regardless of corticosteroid treatment.<sup>15</sup> Khan et al (2019) summarized the mean annual decline in FVC% of eteplirsen-treated patients from studies 202 and 204, as well as interim results from 42 patients in study 304, and compared the results with a matched control group of glucocorticoid-treated Duchenne muscular dystrophy patients aged 10 to <18 years drawn from a registry with mutations amenable to exon 51 skipping (n=20).<sup>16</sup> Data on matched controls were obtained from prospective natural history studies of more than 400 Duchenne muscular dystrophy patients.<sup>17</sup> The data are summarized in Table 6. Compared to the matched control group, eteplirsen-treated patients had a statistically significant slower decline in the annual rate of FVC%. Use of historical controls is problematic as the results are prone to bias, particularly if there is disease heterogeneity or change in diagnostic abilities or treatment standards over time. The above outcomes require careful evaluation and may not be appropriate evidence for evaluating a therapy even for an ultra-rare condition.

Kinane et al (2018) reported long-term data (240 weeks or approximately 4.6 years) on pulmonary function outcomes of 12 patients from the pivotal study 201/202.<sup>18</sup> Results were compared with a historical natural cohort consisting of 34 patients who participated in the United Dystrophinopathy Project aged 7 to 15.5 years who had undergone pulmonary function testing. The annual decrease in FVC% in the eteplirsen and historical cohort was 2.3% (95% confidence interval [CI], 1.2% to 3.4%) and 4.1% (95% CI, 1.9% to 6.3%) respectively. Alfano et al (2019) reported outcomes from the original cohort of 12 patients from the pivotal study 201/202.<sup>19</sup> It is unclear if the results of these studies provide any incremental information from the previously published studies that could meaningfully alter conclusions about the net health benefit of eteplirsen in patients with Duchenne muscular dystrophy amenable to exon 51 skipping.

The majority of adverse events observed in the clinical trials of eteplirsen were considered to be mild or moderate. Overall, 8 severe adverse events (incision site hemorrhage, hemorrhoids, back pain, cardiomyopathy, nasal congestion, balance disorder, bone pain, and femur fracture) were observed during the clinical trial program of eteplirsen. Except for the cardiomyopathy, which occurred during a dose-ranging trial of eteplirsen, all were considered not to be related to the use of eteplirsen.<sup>11</sup>

**Table 3. Summary of Key Study Characteristics**

Study; Trial	Country	Design	Sites	Duration	Participants	Interventions	
						Active	Comparator
Study 201							
Mendell et al (2013) <sup>9</sup>	U.S.	RCT	1	24 wk	Patients with Duchenne muscular dystrophy ages 7-13 yrs with confirmed deletions amenable	eteplirsen 30 mg/kg/wk (n=4); eteplirsen 50	Placebo (n=4)

Study; Trial	Country	Design	Sites	Duration	Participants	Interventions	
					to skipping exon 51 and ability to walk 200-400 m on a 6MWT and on glucocorticoids for ≥24 wk	mg/kg/wk (n=4)	
Study 202							
Mendell et al (2016) <sup>10</sup> ,	U.S.	Open-label	1	4 yr	All patients from study 201 were enrolled in study 202	eteplirsen 30 mg/kg/wk (n=6); eteplirsen 50 mg/kg/wk (n=6)	None
Study 301							
Khan et al (2019) <sup>16</sup> ,	U.S.	Open-label, ongoing study <sup>a</sup>	37	96 wk	Patients with Duchenne muscular dystrophy ages 7-16 yrs with confirmed deletions amenable to skipping exon 51 and ability to walk >300 m on a 6MWT and on glucocorticoids for ≥24 wk	eteplirsen 30 mg/kg/wk (n=12); target is 80 patients	Untreated controls of patients with Duchenne muscular dystrophy not amenable to exon 51 skipping

6MWT: 6-minute walk test; RCT: randomized controlled trial. NCT01396239; Study 201/202: A Randomized, Double-Blind, Placebo-Controlled, Multiple Dose Efficacy, Safety, Tolerability and Pharmacokinetics Study of AVI-4658 (Eteplirsen), in the Treatment of Ambulant Subjects With Duchenne Muscular Dystrophy and Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201. NCT02255552; Study 301: An Open-Label, Multi-Center, Study With a Concurrent Untreated Control Arm to Evaluate the Efficacy and Safety of Eteplirsen in Duchenne Muscular Dystrophy.

<sup>a</sup> This study is ongoing (PROMOVI; NCT02255552). The FDA asked Sarepta for additional data for review and Sarepta provided information on 13 patients currently enrolled in the PROMOVI trial who had baseline and 48-week data.

**Table 4. Summary of Pivotal Trial Results**

Study	Mean Percent Change in Dystrophin Level From Baseline (SE)			Mean Change in 6MWT (SE), Meters	
	Study 201	Study 201	Study 202	Study 201	Study 202
	Week 12	Week 24	Week 48	Week 24	Week 48
Mendell et al (2013) <sup>9</sup> ,					
All eteplirsen (n=8)	NR	NR	47.3 (3.9) <sup>a</sup>	NR	NR
30 mg (n=4)	NR	22.9 (2.9) <sup>a</sup>	51.7 (3.5) <sup>a</sup>	14.2 (14.4) <sup>b</sup>	31.5 (19.9) <sup>b, c</sup>
50 mg (n=4)	0.8 (3.5)	NR	42.9 (6.7) <sup>a</sup>	-0.3 (31.2)	21.0 (38.2) <sup>c</sup>
Placebo (n=4)	-4.0 (2.9)	-4.0 (2.9)	37.7 (6.3) <sup>a</sup>	-25.8 (30.6)	-68.4 (37.6)

Study	Mean Percent Change in Dystrophin Level From Baseline (SE)			Mean Change in 6MWT (SE), Meters	
	30 mg delayed (n=2)	NR	-7.5 (1.0)	33.6 (5.2)	NR
50 mg delayed (n=2)	-0.6 (5.2)	NR	41.8 (13.3)	NR	NR
	Mean Percent Normal Dystrophin (SD)				
	Baseline		Week 48	p	
Sarepta et al (2016)	0.16 (0.12)		0.44 (0.43)	0.008	

6MWT: 6-minute walk test; NR: not reported; SD: standard deviation; SE: standard error. NCT01396239; Study 201/202: A Randomized, Double-Blind, Placebo-Controlled, Multiple Dose Efficacy, Safety, Tolerability and Pharmacokinetics Study of AVI-4658 (Eteplirsen), in the Treatment of Ambulant Subjects With Duchenne Muscular Dystrophy

and Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201.

a p<0.01 vs. baseline.

b Excluding 2 patients who showed rapid disease progression at week 4 of study.

c p<0.001 vs. delayed eteplirsen group.

**Table 5. Summary of Pivotal Trial Results (Functional Outcomes) Compared to Historical Controls**

	6MWT, mean meters (SD)					Loss of Ambulation, n (%)				
	Baseline	Year 1	Year 2	Year 3	Year 4	Baseline	Year 1	Year 2	Year 3	Year 4
Mendell et al (2016) <sup>10</sup>										
Eteplirsen (n=12)	363.2 (42.2)	305.8 (155.3)	295.9 (149.0)	263.1 (151.7)	196.3 (130.2)	All ambulatory	2 (17)	2 (17)	2 (17)	2 (17)
External control (n=13) <sup>a</sup>	257.6 (66.8)	318.6 (94.2)	223.5 (145.4)	110.3 (136.2)	27.3 (90.3)	-	All ambulatory	3 (23)	6 (46)	10 (77)

Adapted from The Institute for Clinical and Economic Review Evidence Report.

6MWT: 6-minute Walk Test; SD: standard deviation.

<sup>a</sup> Two historical control patients did not have data at all time points; 1 contributed until year 1, and the second contributed until year 2.

**Table 6. Summary of Key Study Results (Pulmonary Outcomes) Using Historical Controls**

Matched Control/Trials <sup>17</sup>	Number of observations	Baseline Mean	Mean Annual Change (SE) in FVC%	Diff in annual change vs. Control, 95% CI	P-value
Matched Control (n=20)	88	79.6 (13.3)	-6.00 (0.41)	Reference	-
Study 201/202 (n=12)	132	96.9 (14.0)	-2.19 (0.71)	3.81 (2.19 to 5.42)	<0.001

Matched Control/Trials <sup>17</sup> ,	Number of observations	Baseline Mean	Mean Annual Change (SE) in FVC%	Diff in annual change vs. Control, 95% CI	P-value
Study 204 (n=20)	117	65.9 (16.6)	-3.66 (0.68)	2.34 (0.77 to 3.90)	0.004
Study 301 (n=42)	184	78.5 (15.7)	-3.79 (0.82)	2.21	0.017

Adapted from The Institute for Clinical and Economic Review Evidence Report.

CI: confidence interval; FVC%: percent predicted forced vital capacity; SE: standard error.

The purpose of limitations tables ( Tables 7 and 8) is to display notable limitations identified in each study. This information is synthesized as a summary of the body of evidence following each table and provides the conclusions on the sufficiency of the evidence supporting the position statement.

**Table 7. Study Relevance Limitations**

Study; Trial	Population <sup>a</sup>	Intervention <sup>b</sup>	Comparator <sup>c</sup>	Outcomes <sup>d</sup>	Follow-Up <sup>e</sup>
Mendell et al (2013) <sup>9</sup> ·Study 201				2. Primary endpoint was a physiologic measure (dystrophin level) and correlation with clinical benefit is unknown. 4. Dystrophin measured by IHC staining which only reports presence or absence, vs. Western blot which measures quantity of dystrophin. 6. Clinical significant difference not supported.	
Mendell et al (2016) <sup>10</sup> ·Study 202				5. Clinical significant difference for 6MWT was not pre-specified. 6. Clinical significant difference not supported.	
Khan et al (2019) <sup>16</sup> ·Study 301				5. Clinical significant difference for percent predicted forced vital capacity was not pre-specified. 6. Clinical significant difference not supported.	

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

6MWT: 6-minute Walk Test; IHC: immunohistochemical. NCT01396239; Study 201/202: A Randomized, Double-Blind, Placebo-Controlled, Multiple Dose Efficacy, Safety, Tolerability and Pharmacokinetics Study of AVI-4658 (Eteplirsen), in the Treatment of Ambulant Subjects With Duchenne Muscular Dystrophy and Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201.

NCT02255552; Study 301: An Open-Label, Multi-Center, Study With a Concurrent Untreated Control Arm to Evaluate the Efficacy and Safety of Eteplirsen in Duchenne Muscular Dystrophy.

<sup>a</sup> Population key: 1. Intended use population unclear; 2. Clinical context is unclear; 3. Study population is unclear; 4. Study population not representative of intended use.

<sup>b</sup> Intervention key: 1. Not clearly defined; 2. Version used unclear; 3. Delivery not similar intensity as comparator; 4. Not the intervention of interest.

<sup>c</sup> Comparator key: 1. Not clearly defined; 2. Not standard or optimal; 3. Delivery not similar intensity as intervention; 4. Not delivered effectively.

<sup>d</sup> Outcomes key: 1. Key health outcomes not addressed; 2. Physiologic measures, not validated surrogates; 3. No CONSORT reporting of harms; 4. Not establish and validated measurements; 5. Clinical significant difference not prespecified; 6. Clinical significant difference not supported.

<sup>e</sup> Follow-Up key: 1. Not sufficient duration for benefit; 2. Not sufficient duration for harms.

**Table 8. Study Design and Conduct Limitations**

<b>Study</b>	<b>Allocation<sup>a</sup></b>	<b>Blinding<sup>b</sup></b>	<b>Selective Reporting<sup>c</sup></b>	<b>Data Completeness<sup>d</sup></b>	<b>Power<sup>e</sup></b>	<b>Statistical<sup>f</sup></b>
Mendell et al (2013) <sup>9</sup> Study 201	3. No description of randomization procedure or subsequent concealment	1. Not blinded to treatment assignment 2. Not blinded outcome assessment 3. Outcome assessed by treating physician		5. Inappropriate exclusions (2 of 8 patients in treatment arms who lost ambulation were excluded from 6MWT analysis)	1. Small sample size (each arm had 4 patients)	
Mendell et al (2016) <sup>10</sup> Study 202	1. Participants not randomly allocated 4. Inadequate control for selection bias	1. Not blinded to treatment assignment 2. Not blinded outcome assessment 3. Outcome assessed by treating physician			1. Small sample size (arms had 2 or 4 patients)	
Khan et al (2019) <sup>16</sup> Study 301	1. Participants not randomly allocated 4. Inadequate control for selection bias	1. Not blinded to treatment assignment 2. Not blinded outcome assessment 3. Outcome assessed by treating physician		1. High loss to follow-up or missing data (preliminary results of an ongoing study—results from 42 of an expected 109 patients)		

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

6MWT: 6-minute Walk Test.

NCT01396239; Study 201/202: A Randomized, Double-Blind, Placebo-Controlled, Multiple Dose Efficacy, Safety, Tolerability and Pharmacokinetics Study of AVI-4658 (Eteplirsen), in the Treatment of Ambulant Subjects With Duchenne Muscular Dystrophy and Open-Label, Multiple-Dose, Efficacy, Safety, and Tolerability Study of Eteplirsen in Subjects With Duchenne Muscular Dystrophy Who Participated in Study 4658-US-201.

NCT02255552; Study 301: An Open-Label, Multi-Center, Study With a Concurrent Untreated Control Arm to Evaluate the Efficacy and Safety of Eteplirsen in Duchenne Muscular Dystrophy.

<sup>a</sup> Allocation key: 1. Participants not randomly allocated; 2. Allocation not concealed; 3. Allocation concealment unclear; 4. Inadequate control for selection bias.

<sup>b</sup> Blinding key: 1. Not blinded to treatment assignment; 2. Not blinded outcome assessment; 3. Outcome assessed by treating physician.

<sup>c</sup> Selective Reporting key: 1. Not registered; 2. Evidence of selective reporting; 3. Evidence of selective publication.

<sup>d</sup> Data Completeness key: 1. High loss to follow-up or missing data; 2. Inadequate handling of missing data; 3. High number of crossovers; 4. Inadequate handling of crossovers; 5. Inappropriate exclusions; 6. Not intent to treat analysis (per protocol for noninferiority trials).

<sup>e</sup> Power key: 1. Power calculations not reported; 2. Power not calculated for primary outcome; 3. Power not based on clinically important difference.

<sup>f</sup> Statistical key: 1. Analysis is not appropriate for outcome type: (a) continuous; (b) binary; (c) time to event; 2. Analysis is not appropriate for multiple observations per patient; 3. Confidence intervals and/or p values not reported; 4. Comparative treatment effects not calculated.

### **Section Summary: Eteplirsen for Treatment of Duchenne Muscular Dystrophy**

Evidence for the use of eteplirsen for the treatment of Duchenne muscular dystrophy amenable to exon 51 skipping includes a single RCT and an ongoing prospective open-label trial with a concurrent untreated control arm. In addition, multiple post-hoc studies with longer follow-up and use of historical comparators have also been published. For the single pivotal RCT, no formal sample size calculations were conducted. A sample size of 12 total patients was selected with 4 patients in 3 treatment groups. There was no statistically significant difference either in the mean change from baseline in 6-minute walk test distance or change in North Star Ambulatory Assessment total score between eteplirsen-treated patients and placebo-treated patients at week 48. While eteplirsen treatment resulted in dystrophin detection in muscle biopsies suggesting the production of (truncated) dystrophin, the amount of protein produced was very limited according to the Western blot results (0.44% of normal dystrophin at week 48 [Study 301]; 0.93% at week 180 [Study 201/202]). There are no satisfactory data, clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with eteplirsen will translate into a clinical benefit to patients. Multiple analyses of long-term follow-up data from study 201/202 and 301 on functional outcome measures such as 6-minute walk test and pulmonary function suggest that the rate of decline in eteplirsen-treated patients was less as compared to historical controls. However, the post-hoc nature of the analysis and the fact that the cohorts were retrospectively identified within the untreated group of patients is of serious concern (potential selection bias) and undermines the robustness of the data. Particularly, the 6-minute walk test is subject to inter- and intra-subject variability and is influenced by training and motivation making it a less suitable outcome measure for external control group comparison. Thus, the clinical benefit of treating Duchenne muscular dystrophy with eteplirsen, including improved motor function and pulmonary function, has not been demonstrated. A confirmatory, prospective and adequately powered trial is necessary to assess the net health benefit of eteplirsen in patients with Duchenne muscular dystrophy amenable to 51 skipping.



## Golodirsen

The clinical development program of golodirsen for individuals with Duchenne muscular dystrophy includes a 2-part multicenter study, which is summarized in Table 9.

**Table 9. Summary of the Clinical Development Program for Golodirsen**

Trial	NCT	Phase	Description	N	Design	Status
SKIP-NMD <sup>13,20,21,</sup>	NCT02310906	1/2	Dose-finding (part 1) and efficacy and safety (part 2)	39	DBRCT (part 1) and open-label (part 2)	Complete and unpublished

DBRCT: double-blind randomized controlled trial. SKIP-NMD: Safety, Tolerability, and Pharmacokinetics Study (Part 1) Followed by an Open-Label Efficacy and Safety Evaluation (Part 2) of SRP-4053 in Patients With Duchenne Muscular Dystrophy Amenable to Exon 53 Skipping; Long-term Extension: Long-term, Open-label Extension Study for Patients With Duchenne Muscular Dystrophy Enrolled in Clinical Trials Evaluating Casimersen or Golodirsen.

## Pivotal Trial

Trial characteristics and results of the pivotal SKIP-NMD trial are summarized in Tables 10 and 11, respectively. This trial consisted of 2 parts: part 1 of the trial was for 12 weeks with the primary intent to assess safety and tolerability while the primary intent of part 2 was to assess change from baseline in 6-minute walk test at 144 weeks and change in dystrophin protein levels at 48 weeks. Results are summarized in Table 11.<sup>20,21</sup> Results included a pre-planned interim analysis of dystrophin levels, dystrophin intensity, and exon-skipping from paired muscle biopsies of the biceps brachii from 25 patients receiving weekly intravenous infusions of golodirsen 30 mg/kg at baseline and week 48. Biopsies were examined using a Western blot method to quantify dystrophin production (primary biological endpoint). Exon 53 skipping was evaluated using reverse transcription-polymerase chain reaction. An automated image analysis (MuscleMap™) used immunohistochemistry to assess dystrophin localization and sarcolemma fiber intensity.

**Table 10. Summary of Trial Characteristics of a Key Randomized Trial of Golodirsen**

Study	Countries	Sites	Dates	Participants	Description of Interventions	
					Active	Comparator
SKIP-NMD <sup>13,20,21,</sup>	U.S., France, Italy, and U.K.	5	2015-2019	<ul style="list-style-type: none"> <li>Males aged 6 to 15 yrs (N = 25)</li> <li>Diagnosed with DMD, confirmed by a genetic test</li> <li>Stable cardiac and pulmonary function</li> <li>Stable dose of corticosteroids for at least 6 m</li> <li>Major exclusions<sup>a</sup></li> <li>Two-part study<sup>b,c</sup></li> </ul>	Part 1 (12 wks): Golodirsen escalating dose (n = 8) Part 2 (up to 168 wks): (n = 25)	Part 1 (12 wks): Placebo (n=4) Part 2 (up to 168 wks): Untreated group not amenable to exon 53 skipping (n=24)

DMD: Duchenne muscular dystrophy; SKIP-NMD: Safety, Tolerability, and Pharmacokinetics Study (Part 1) Followed by an Open-Label Efficacy and Safety Evaluation (Part 2) of SRP-4053 in Patients With Duchenne Muscular Dystrophy Amenable to Exon 53 Skipping.

<sup>a</sup> Previous treatment with the experimental agents BMN-195 (SMT C1100) or PRO053; current or previous treatment with any other experimental treatments within 12 weeks prior to study entry; major surgery within the last 3 months;

presence of other clinically significant illness; major change in physical therapy regimen within the last 3 months.

<sup>b</sup> Part 1, primarily assessed safety and tolerability.

<sup>c</sup> Part 2, the primary endpoints were change from baseline in 6MWT at 144 weeks and change in dystrophin protein levels at 48 weeks. Secondary endpoints included drug pharmacokinetics, change from baseline in FVC percent predicted, and change from baseline in dystrophin intensity at 144 weeks.

**Table 11. Summary of Efficacy Results of a Key Randomized Trial of Golodirsen**

Study	% Change in mean normal dystrophin protein	6MWT	Pulmonary Function	Safety
SKIP-NMD <sup>13,20,21,</sup>				
N	25	NR	NR	41
Golodirsen	Baseline: 0.095% Week 48: 1.019% Change: +0.924% <sup>a</sup>	NR	NR	The most common adverse reactions (incidence ≥20% and higher than placebo) were headache, pyrexia, fall, abdominal pain, nasopharyngitis, cough, vomiting, and nausea
Untreated group (non-exon 53)	NR	NR	NR	NR
Diff (95% CI)	Cannot be assessed	Cannot be assessed	Cannot be assessed	-
p-value	Cannot be assessed	Cannot be assessed	Cannot be assessed	-

<sup>a</sup> As per The Institute for Clinical and Economic Review Report, the absolute increase in mean dystrophin levels was from 0.918% to just over 1% of normal in patients treated for 48 weeks.

6MWT: 6-minute walk test; CI: confidence interval; Diff: difference; NR: not reported; SKIP-NMD: Safety, Tolerability, and Pharmacokinetics Study (Part 1) Followed by an Open-Label Efficacy and Safety Evaluation (Part 2) of SRP-4053 in Patients With Duchenne Muscular Dystrophy Amenable to Exon 53 Skipping.

The purpose of limitations tables ( Tables 12 and 13) is to display notable limitations identified in each study. This information is synthesized as a summary of the body of evidence following each table and provides the conclusions on the sufficiency of the evidence supporting the position statement.

**Table 12. Study Relevance Limitations**

Study; Trial	Population <sup>a</sup>	Intervention <sup>b</sup>	Comparator <sup>c</sup>	Outcomes <sup>d</sup>	Follow-Up <sup>e</sup>
SKIP-NMD <sup>13,20,21,</sup>				2. Primary endpoint was a physiologic measure (dystrophin level) and correlation with clinical benefit is unknown	

Study; Trial	Population <sup>a</sup>	Intervention <sup>b</sup>	Comparator <sup>c</sup>	Outcomes <sup>d</sup>	Follow-Up <sup>e</sup>
				6. Clinical significant difference not supported	

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

SKIP-NMD: Safety, Tolerability, and Pharmacokinetics Study (Part 1) Followed by an Open-Label Efficacy and Safety Evaluation (Part 2) of SRP-4053 in Patients With Duchenne Muscular Dystrophy Amenable to Exon 53 Skipping.

<sup>a</sup> Population key: 1. Intended use population unclear; 2. Clinical context is unclear; 3. Study population is unclear; 4. Study population not representative of intended use.

<sup>b</sup> Intervention key: 1. Not clearly defined; 2. Version used unclear; 3. Delivery not similar intensity as comparator; 4. Not the intervention of interest.

<sup>c</sup> Comparator key: 1. Not clearly defined; 2. Not standard or optimal; 3. Delivery not similar intensity as intervention; 4. Not delivered effectively.

<sup>d</sup> Outcomes key: 1. Key health outcomes not addressed; 2. Physiologic measures, not validated surrogates; 3. No CONSORT reporting of harms; 4. Not establish and validated measurements; 5. Clinical significant difference not prespecified; 6. Clinical significant difference not supported.

<sup>e</sup> Follow-Up key: 1. Not sufficient duration for benefit; 2. Not sufficient duration for harms.

**Table 13. Study Design and Conduct Limitations**

Study	Allocation <sup>a</sup>	Blinding <sup>b</sup>	Selective Reporting <sup>c</sup>	Data Completeness <sup>d</sup>	Power <sup>e</sup>	Statistical <sup>f</sup>
SKIP-NMD <sup>13,20,21</sup>	3. No description of randomization procedure or subsequent concealment				1. Power calculations not reported	

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

SKIP-NMD: Safety, Tolerability, and Pharmacokinetics Study (Part 1) Followed by an Open-Label Efficacy and Safety Evaluation (Part 2) of SRP-4053 in Patients With Duchenne Muscular Dystrophy Amenable to Exon 53 Skipping.

<sup>a</sup> Allocation key: 1. Participants not randomly allocated; 2. Allocation not concealed; 3. Allocation concealment unclear; 4. Inadequate control for selection bias.

<sup>b</sup> Blinding key: 1. Not blinded to treatment assignment; 2. Not blinded outcome assessment; 3. Outcome assessed by treating physician.

<sup>c</sup> Selective Reporting key: 1. Not registered; 2. Evidence of selective reporting; 3. Evidence of selective publication.

<sup>d</sup> Data Completeness key: 1. High loss to follow-up or missing data; 2. Inadequate handling of missing data; 3. High number of crossovers; 4. Inadequate handling of crossovers; 5. Inappropriate exclusions; 6. Not intent to treat analysis (per protocol for noninferiority trials).

<sup>e</sup> Power key: 1. Power calculations not reported; 2. Power not calculated for primary outcome; 3. Power not based on clinically important difference.

<sup>f</sup> Statistical key: 1. Analysis is not appropriate for outcome type: (a) continuous; (b) binary; (c) time to event; 2.

Analysis is not appropriate for multiple observations per patient; 3. Confidence intervals and/or p values not reported; 4. Comparative treatment effects not calculated.

### Section Summary: Golodirsen

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 53 skipping who receive golodirsen, the evidence includes a 2-part multicenter study, which consists of a part 1 randomized, double-blind safety and tolerability study and a part 2 open-label efficacy and safety study. Results of an interim analysis were based on 25 patients who received a weekly intravenous infusion of golodirsen 30 mg/kg. At week 48, the mean change in dystrophin protein levels was a 0.924% increase from the baseline (1.019% vs.

0.095%;  $P < 0.001$ ). There are no satisfactory data, clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with golodirsen will translate into a clinical benefit to patients. A confirmatory, prospective and adequately powered trial is necessary to assess the net health benefit of eteplirsen in patients with Duchenne muscular dystrophy amenable to 53 skipping.

### Viltolarsen

The clinical development program of viltolarsen for individuals with Duchenne muscular dystrophy includes a single 2-period, dose-finding study conducted in the United States and Canada summarized in Table 14.

**Table 14. Summary of the Clinical Development Program for Viltolarsen**

Trial	NCT	Phase	Description	N	Design	Status
NS-065/NCNP-01-201	NCT02740972	2	4-week randomized for safety followed by a 20-week open-label treatment period of patients aged 4 to 9 years with DMD	16	DBRCT (part 1) and open-label (part 2)	Complete and published <sup>22</sup> .

DBRCT: double-blind randomized controlled trial; DMD: Duchenne muscular dystrophy; NCT: national clinical trial.

### Pivotal Trial

Trial characteristics and results of the pivotal trial are summarized in Tables 15 and 16, respectively. This trial consisted of 2 parts: part 1 of the trial was of 4 weeks duration with the primary objective of safety and tolerability; part 2 had a primary objective of evaluation of the change in dystrophin protein levels at week 25. As reported in the prescribing label, in patients who received viltolarsen 80 mg/kg once weekly, mean dystrophin levels increased from 0.6% ( $\pm 0.8$ ) of normal at baseline to 5.9% ( $\pm 4.5$ ) of normal by week 25 with a mean change in dystrophin of 5.3% ( $\pm 4.5$ ) of normal levels ( $p=0.01$ ) as assessed by validated Western blot (normalized to myosin heavy chain). The median change from baseline was 3.8%. All patients demonstrated an increase in dystrophin levels over their baseline values. Increases in dystrophin on Western blot were supported by nominally statistically significant increases from baseline in dystrophin on mass spectroscopy after 20 to 24 weeks of treatment with viltolarsen. Mean dystrophin levels increased from 0.6% ( $\pm 0.2$ ) of normal at baseline to 4.2% ( $\pm 3.7$ ) of normal by week 25, with a mean change in dystrophin of 3.7% ( $\pm 3.8$ ) of normal levels; the median change from baseline was 1.9%.

Several timed function and muscle strength tests were evaluated as secondary endpoints including muscle strength, mobility, and functional exercise capacity as measured by time to stand from supine, time to run/walk 10 meters, time to climb 4 Stairs, North Star Ambulatory Assessment, 6-minute walk test, and quantitative muscle testing. A matched natural history group served as a control. In the published paper, several of these outcomes were reported as showing improvement or stabilization in the treated cohort whereas the CINRG DNHS external comparator group exhibited a decline (data not shown).<sup>22</sup> FDA concluded that this analysis did not show an any clinically meaningful difference in clinical function at the end of 24 weeks of treatment with viltolarsen 40 and 80 mg/kg/wk, compared to natural history. Further, given the

variability in the natural history of Duchenne muscular dystrophy , comparisons to a natural history cohort, even when matched controls are utilized, does not appear reliable.<sup>23,</sup>

**Table 15. Summary of Trial Characteristics of a Key Randomized Trial of Viltolarsen**

Study	Countries	Sites	Dates	Participants	Description of Interventions	
					Active	Comparator
Clemens et al (2020) <sup>22,24,</sup>	U.S. and Canada	6 (5 in US and 1 in Canada)	2016-2017	<ul style="list-style-type: none"> <li>Boys 4 to 9 years (median age 7 years) on a stable corticosteroid regimen for at least 3 months</li> <li>Diagnosed with DMD, confirmed by a genetic test with exon 53 skipping</li> <li>Ambulatory, and could complete time to stand from supine, time to run/walk 10 m, and time to climb 4 stairs assessments at screening</li> <li>Major exclusions<sup>a</sup></li> <li>Efficacy assessed based on change from baseline in dystrophin protein level (measured as % of the dystrophin level in healthy subjects, i.e., % of normal) at week 25</li> </ul>	Part 1 (first 4 weeks): randomized double blind phase Part 2: (20 weeks): open-label viltolarsen 40 mg/kg once weekly (N=8) or 80 mg/kg once weekly (N=8)	Placebo for part 1 External comparator group for timed function and strength evaluations provided by CINRG DNHS and was matched for key enrollment criteria, including age, functional status, geographic location, and glucocorticoid treatment status

CINRG: Cooperative International Neuromuscular Research Group; DMD: Duchenne muscular dystrophy; DNHS: Duchenne Natural History Study.

<sup>a</sup> Acute illness as determined by the site investigator (generally upper respiratory tract infection, gastroenteritis, or any febrile illness) 4 weeks prior to first dose, evidence of symptomatic cardiomyopathy, severe allergy or hypersensitivity to study drug, severe behavioral or cognitive problems, any medical findings that would make participation unsafe or impair the assessment of study results or the conduct of the study according to investigator opinion, taking any other investigational drug currently or in the previous 3 months, surgery in the previous 3 months or planned during the study, previous participation in a study that included viltolarsen administration, or positive test results for hepatitis B antigen, hepatitis C antibody, or HIV antibody.

**Table 16. Summary of Efficacy Results of a Key Randomized Trial of Viltolarsen**

Study	Mean dystrophin levels
Clemens et al (2020) <sup>24,</sup>	
N	8
Viltolarsen	Baseline: 0.6% Week 25: 5.9%

Study	Mean dystrophin levels
Diff (95% CI)	+5.3% ( $\pm 4.5$ )
p-value	0.01

CI: confidence interval; Diff: difference.

The purpose of the limitations table ( Table 17 ) is to display notable limitations identified in each study. This information is synthesized as a summary of the body of evidence following each table and provides the conclusions on the sufficiency of the evidence supporting the position statement.

**Table 17. Study Relevance Limitations**

Study; Trial	Population <sup>a</sup>	Intervention <sup>b</sup>	Comparator <sup>c</sup>	Outcomes <sup>d</sup>	Follow-Up <sup>e</sup>
Clemens et al (2020) <sup>22</sup> ,				2. Primary endpoint was a physiologic measure (dystrophin level) and correlation with clinical benefit is unknown 6. Clinical significant difference not supported	

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

<sup>a</sup> Population key: 1. Intended use population unclear; 2. Clinical context is unclear; 3. Study population is unclear; 4. Study population not representative of intended use.

<sup>b</sup> Intervention key: 1. Not clearly defined; 2. Version used unclear; 3. Delivery not similar intensity as comparator; 4. Not the intervention of interest.

<sup>c</sup> Comparator key: 1. Not clearly defined; 2. Not standard or optimal; 3. Delivery not similar intensity as intervention; 4. Not delivered effectively.

<sup>d</sup> Outcomes key: 1. Key health outcomes not addressed; 2. Physiologic measures, not validated surrogates; 3. No CONSORT reporting of harms; 4. Not establish and validated measurements; 5. Clinical significant difference not prespecified; 6. Clinical significant difference not supported.

<sup>e</sup> Follow-Up key: 1. Not sufficient duration for benefit; 2. Not sufficient duration for harms.

### Section Summary: Viltolarsen

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 53 skipping who receive viltolarsen, the evidence includes a 2-part multicenter study, which consists of a part 1 randomized, double-blind safety and tolerability study and a part 2 open-label efficacy and safety study. Results of 8 patients who received a weekly intravenous infusion of viltolarsen 80 mg/kg showed that at week 25, the mean increase in dystrophin protein levels from baseline was 5.3% ( $\pm 4.5$ ) of normal levels ( $p=0.01$ ). There are no satisfactory data clearly establishing the effectiveness of the truncated dystrophin. The minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. Outcomes derived from several timed function and muscle strength tests improved among patients treated with viltolarsen compared to a matched natural history control group. However, given the variability in the natural history of Duchenne muscular dystrophy, comparisons to a natural history cohort is not reliable. Further, the clinical relevance of the observed differences is unknown. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with viltolarsen will translate into a clinical benefit to patients. A confirmatory, prospective and adequately powered trial is necessary to

assess the net health benefit of viltolarsen in patients with Duchenne muscular dystrophy amenable to 53 skipping.

### Casimersen

The clinical development program of casimersen for individuals with Duchenne muscular dystrophy includes a single, ongoing, double-blind, placebo-controlled, multicenter study called ESSENCE, summarized in Table 18.

**Table 18. Summary of the Clinical Development Program for Casimersen**

Trial	NCT	Phase	Description	N	Design	Status
ESSENCE (4045-301)	NCT02500381	2	Efficacy and safety of casimersen	111	DBRCT (part 1) and open-label (part 2)	Ongoing (unpublished)

DBRCT: double-blind randomized controlled trial; NCT: national clinical trial.

### Pivotal Trial

Trial characteristics and results of the pivotal ESSENCE trial are summarized in Tables 19 and 20, respectively. The ESSENCE trial was initiated in 2016 with a planned enrollment of 111 patients. The interim analysis reported data from 43 patients who were randomized to receive a once-weekly intravenous infusion of casimersen dosed at 30 mg/kg (n=27) or placebo (n=16). Interim efficacy was assessed based on change from baseline in the dystrophin protein level (measured as % of the dystrophin level in healthy subjects, i.e., % of normal) at week 48. As with other FDA approved antisense oligonucleotides (such as eteplirsen, golodirsen, and viltolarsen), no specific safety issues were observed in the limited number of patients who were evaluated in the ESSENCE trial. Most reported treatment emergent adverse events were mild in severity; 2 were related to treatment, and no patients discontinued study drug or reduced dosage due to adverse events. No clinically significant laboratory abnormalities or worsening in electrocardiograms and echocardiograms were noted.<sup>25</sup>

**Table 19. Summary of Trial Characteristics of a Key Randomized Trial of Casimersen**

Study	Countries	Sites	Dates	Participants	Description of Interventions	
					Active	Comparator
ESSENCE <sup>25</sup>	Multi-national	66	2016-present	<ul style="list-style-type: none"> <li>Males aged 7 to 13 years with DMD and confirmed genetic mutation amenable to exon 45 skipping</li> <li>Stable pulmonary function</li> <li>Stable dose of corticosteroids for ≥6 months</li> <li>Major exclusions<sup>a</sup></li> <li>Primary endpoint: Change in 6MWT from baseline to week 96</li> </ul>	<ul style="list-style-type: none"> <li>Part 1 (96 weeks): Casimersen 30 mg/kg (n = not reported)</li> <li>Part 2 (up to 144 weeks): Casimersen 30 mg/kg (n = not reported)</li> </ul>	<ul style="list-style-type: none"> <li>Part 1 (96 weeks): Placebo (n=not reported)</li> </ul>

Study	Countries	Sites	Dates	Participants	Description of Interventions	
					Active	Comparator
				<ul style="list-style-type: none"> <li>Secondary endpoints: Change in 6MWT at week 144, change in dystrophin protein and dystrophin intensity levels at week 48 or 96, and ability to rise independently from the floor, time to loss of ambulation, change in NSAA scores, and change in FVC% predicted at week 96 and 144</li> </ul>		

6MWT: 6-minute walk distance; DMD: Duchenne muscular dystrophy; FVC: forced vital capacity; NSAA: The North Star Ambulatory Assessment

<sup>a</sup> Treatment with gene therapy at any time; previous treatment with DMD experimental treatments within 24 weeks prior to week 1, current or previous treatment with any other experimental treatment (other than deflazacort) within 12 weeks prior to week 1, major surgery within 3 months prior to week 1, presence of other clinically significant illness.

**Table 20. Summary of Interim Efficacy Results of a Key Randomized Trial of Casimersen**

Study	Placebo	Casimersen
<b>ESSENCE<sup>25</sup>,</b>		
N	16	27
Baseline mean dystrophin levels (% of normal)	0.54 (±0.79)	0.93 (±1.67)
Week 48 mean dystrophin levels (% of normal)	0.76 (±1.15)	1.74 (±1.97)
Change from baseline mean	0.22 (±0.49)	0.81 (±0.70)
P-value change from baseline to week 48	<0.09	<0.001
Between group difference	0.59 (p=0.004)	

Tables 21 and 22 display notable relevance and design and conduct limitations identified in the study.

**Table 21. Study Relevance Limitations**

Study; Trial	Population <sup>a</sup>	Intervention <sup>b</sup>	Comparator <sup>c</sup>	Outcomes <sup>d</sup>	Follow-Up <sup>e</sup>
ESSENCE <sup>25</sup> ,				2. Reported outcome was a physiologic measure (dystrophin level) and correlation with clinical	



Study; Trial	Population <sup>a</sup>	Intervention <sup>b</sup>	Comparator <sup>c</sup>	Outcomes <sup>d</sup>	Follow-Up <sup>e</sup>
				benefit is unknown 6. Clinical significant difference not supported	

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

<sup>a</sup> Population key: 1. Intended use population unclear; 2. Clinical context is unclear; 3. Study population is unclear; 4. Study population not representative of intended use.

<sup>b</sup> Intervention key: 1. Not clearly defined; 2. Version used unclear; 3. Delivery not similar intensity as comparator; 4. Not the intervention of interest.

<sup>c</sup> Comparator key: 1. Not clearly defined; 2. Not standard or optimal; 3. Delivery not similar intensity as intervention; 4. Not delivered effectively.

<sup>d</sup> Outcomes key: 1. Key health outcomes not addressed; 2. Physiologic measures, not validated surrogates; 3. No CONSORT reporting of harms; 4. Not establish and validated measurements; 5. Clinical significant difference not prespecified; 6. Clinical significant difference not supported.

<sup>e</sup> Follow-Up key: 1. Not sufficient duration for benefit; 2. Not sufficient duration for harms.

**Table 22. Study Design and Conduct Limitations**

Study	Allocation <sup>a</sup>	Blinding <sup>b</sup>	Selective Reporting <sup>c</sup>	Data Completeness <sup>d</sup>	Power <sup>e</sup>	Statistical <sup>f</sup>
ESSENCE <sup>25</sup> ,					1. Power calculations not reported; 2. Power not calculated for primary outcome; 3. Power not based on clinically important difference	

The study limitations stated in this table are those notable in the current review; this is not a comprehensive gaps assessment.

<sup>a</sup> Allocation key: 1. Participants not randomly allocated; 2. Allocation not concealed; 3. Allocation concealment unclear; 4. Inadequate control for selection bias.

<sup>b</sup> Blinding key: 1. Not blinded to treatment assignment; 2. Not blinded outcome assessment; 3. Outcome assessed by treating physician.

<sup>c</sup> Selective Reporting key: 1. Not registered; 2. Evidence of selective reporting; 3. Evidence of selective publication.

<sup>d</sup> Data Completeness key: 1. High loss to follow-up or missing data; 2. Inadequate handling of missing data; 3. High number of crossovers; 4. Inadequate handling of crossovers; 5. Inappropriate exclusions; 6. Not intent to treat analysis (per protocol for noninferiority trials).

<sup>e</sup> Power key: 1. Power calculations not reported; 2. Power not calculated for primary outcome; 3. Power not based on clinically important difference.

<sup>f</sup> Statistical key: 1. Analysis is not appropriate for outcome type: (a) continuous; (b) binary; (c) time to event; 2. Analysis is not appropriate for multiple observations per patient; 3. Confidence intervals and/or p values not reported; 4. Comparative treatment effects not calculated.

### Section Summary: Casimersen

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 45 skipping who receive casimersen, the evidence includes a single double-blind, placebo-controlled phase 3 trial. An interim analysis conducted at week 48 with data from

46 patients with exon 45 skipping (casimersen=27 and placebo=16) is available. Compared to those who received placebo, participants who received casimersen demonstrated a statistically significant increase in dystrophin production by 0.59% at week 48 as measured by Western blot. The mean change from baseline to week 48 in dystrophin production was 0.81% versus 0.22% ( $p=0.004$ ) in the casimersen versus placebo arms respectively. There are no satisfactory data clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with casimersen will translate into a clinical benefit to patients.

## SUMMARY OF EVIDENCE

### Eteplirsen

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 51 skipping who receive eteplirsen, the evidence includes 1 RCT, 1 ongoing prospective open-label trial with a concurrent untreated control arm, and multiple post-hoc studies with historical controls. Relevant outcomes are disease-specific survival, change in disease status, functional outcomes, health status measures, quality of life, and treatment-related mortality and morbidity. For the single pivotal RCT, no formal sample size calculations were conducted. A sample size of 12 total patients was selected with 4 patients in 3 treatment groups. There was no statistically significant difference either in the mean change from baseline in the 6-minute walk test distance or change in the North Star Ambulatory Assessment total score between eteplirsen-treated patients and placebo-treated patients at week 48. While eteplirsen treatment resulted in dystrophin detection in muscle biopsies suggesting the production of (truncated) dystrophin, the amount of protein produced was very limited according to the Western blot results (0.44% of normal dystrophin at week 48 [Study 301]; 0.93% at week 180 [Study 201/202]). There are no satisfactory data, clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with eteplirsen will translate into a clinical benefit to patients. Multiple analyses of long-term follow-up data from study 201/202 and 301 on functional outcome measures such as 6-minute walk test and pulmonary function suggest that the rate of decline in eteplirsen-treated patients was less as compared to historical controls. However, the post-hoc nature of the analyses and the fact that the cohorts were retrospectively identified within the untreated group of patients is of serious concern (potential selection bias) and undermines the robustness of the data. Particularly, the 6-minute walk test is subject to inter- and intra-subject variability and is influenced by training and motivation making it a less suitable outcome measure for external control group comparison. Thus, the clinical benefit of treating Duchenne muscular dystrophy with eteplirsen, including improved motor function and pulmonary function, has not been demonstrated. A confirmatory, prospective and adequately powered trial is necessary to assess the net health benefit of eteplirsen in patients with Duchenne muscular dystrophy amenable to 51 skipping. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### Golodirsen

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 53 skipping who receive golodirsen, the evidence includes a 2-part multicenter

study, which consists of a part 1 randomized, double-blind safety and tolerability study and a part 2 open-label efficacy and safety study. Relevant outcomes are disease-specific survival, change in disease status, functional outcomes, health status measures, quality of life, and treatment-related mortality and morbidity. Results of an interim analysis were based on 25 patients who received a weekly intravenous infusion of golodirsen 30 mg/kg. At week 48, the mean change in dystrophin protein levels was a 0.924% increase from the baseline (1.019% vs. 0.095%;  $p < 0.001$ ). There are no satisfactory data, clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with golodirsen will translate into a clinical benefit to patients. A confirmatory, prospective and adequately powered trial is necessary to assess the net health benefit of eteplirsen in patients with Duchenne muscular dystrophy amenable to 53 skipping. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### **Viltolarsen**

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 53 skipping who receive viltolarsen, the evidence includes a 2-part multicenter study, which consists of a part 1 randomized, double-blind safety and tolerability study and a part 2 open-label efficacy and safety study. Relevant outcomes are disease-specific survival, change in disease status, functional outcomes, health status measures, quality of life, and treatment-related mortality and morbidity. In 8 patients who received a weekly intravenous infusion of viltolarsen 80 mg/kg, the mean increase in dystrophin protein levels from baseline was 5.3% ( $\pm 4.5$ ) of normal levels ( $p = 0.01$ ) at week 25. There are no satisfactory data clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established. Outcomes derived from several timed function and muscle strength tests improved among patients treated with viltolarsen compared to a matched natural history control group. However, given the variability in the natural history of Duchenne muscular dystrophy, comparison to a natural history cohort has limited reliability. Further, the clinical relevance of the observed differences is unknown. In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with viltolarsen will translate into a clinical benefit to patients. A confirmatory, prospective and adequately powered trial is necessary to assess the net health benefit of viltolarsen in patients with Duchenne muscular dystrophy amenable to 53 skipping. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### **Casimersen**

For individuals with a confirmed variant of the *Duchenne muscular dystrophy* gene that is amenable to exon 45 skipping who receive casimersen, the evidence includes a single double-blind, placebo-controlled phase 3 trial. An Interim analysis conducted at week 48 with data for 46 patients with exon 45 skipping (casimersen=27 and placebo=16) is available. Compared to those who received placebo, participants who received casimersen demonstrated a statistically significant increase in dystrophin production by 0.59% at week 48 as measured by Western blot. The mean change from baseline to week 48 in dystrophin production was 0.81% versus 0.22% ( $p = 0.004$ ) in the casimersen versus placebo arms, respectively. There are no satisfactory data clearly establishing the effectiveness of the truncated dystrophin. Further, the minimum beneficial amount of dystrophin expression to be translated into a clinical benefit has yet to be established.

In the absence of clinical data convincingly demonstrating a clinical effect, it cannot be concluded that the amount of dystrophin expressed with casimersen will translate into a clinical benefit to patients. A confirmatory, prospective and adequately powered trial is necessary to assess the net health benefit of casimersen in patients with Duchenne muscular dystrophy amenable to 45 skipping. The evidence is insufficient to determine that the technology results in an improvement in the net health outcome.

### **SUPPLEMENTAL INFORMATION**

The purpose of the following information is to provide reference material. Inclusion does not imply endorsement or alignment with the evidence review conclusions.

#### **Practice Guidelines and Position Statements**

Guidelines or position statements will be considered for inclusion in 'Supplemental Information' if they were issued by, or jointly by, a US professional society, an international society with US representation, or National Institute for Health and Care Excellence (NICE). Priority will be given to guidelines that are informed by a systematic review, include strength of evidence ratings, and include a description of management of conflict of interest.

#### **Centers for Disease Control and Prevention**

In 2010, the U.S. Centers for Disease Control and Prevention convened a Duchenne muscular dystrophy Care Considerations Working Group. In 2010, the Working Group developed care recommendations<sup>5</sup>, and updated them in 2018.<sup>26</sup> Their recommendations focus on the overall perspective on care, pharmacologic treatment, psychosocial management, rehabilitation, orthopedic, respiratory, cardiovascular, gastroenterology and nutrition, and pain issues, as well as general surgical and emergency room precautions. The Centers for Disease Control and Prevention recommended the use of corticosteroids to slow the decline in muscle strength and function in Duchenne muscular dystrophy. The Working Group did not make recommendations on the use of eteplirsen. However, eteplirsen is discussed briefly under the section on "Emerging treatments."<sup>27</sup> In 2016, the Working Group stated that eteplirsen was approved by the U.S. Food and Drug Administration (FDA) for males with the dystrophin gene variant amenable to exon 51 skipping, which is about 13% of the males with Duchenne muscular dystrophy.

#### **American Heart Association**

In 2017, a statement from the American Heart Association addressed the treatment of cardiac issues in individuals with any of several neuromuscular diseases, including Duchenne muscular dystrophy.<sup>28</sup> For patients with Duchenne muscular dystrophy, the Association recommended the use of glucocorticoids, among other medications. The statement does not address the use of eteplirsen. One of the statement's co-authors disclosed being an industry-supported investigator for the drug.

#### **American Academy of Neurology**

In 2016, the American Academy of Neurology published an updated practice guideline on the use of corticosteroids for the treatment of Duchenne muscular dystrophy.<sup>29</sup> The Academy does not discuss the use of eteplirsen for Duchenne muscular dystrophy.

#### **U.S. Preventive Services Task Force Recommendations**

Not applicable.

### Institute for Clinical and Economic Review

The Institute for Clinical and Economic Review is assessing the comparative clinical effectiveness and value of golodirsen for Duchenne muscular dystrophy.<sup>15</sup> The Report concludes, "Data on patient-important outcomes with eteplirsen are extremely limited, and studies of dystrophin levels show increases that are of uncertain clinical/biologic importance. There is no high- or moderate-quality evidence demonstrating improvements in function with eteplirsen, as the available long-term data showing potential clinical benefits are observational with matched or historical controls and need to be confirmed in larger, ongoing trials. Furthermore, the main outcome reported, 6-minute walk test, is subject to patient effort, which may lead to less precision in the outcome measure and affect the results of a small, unblinded study. There are no particularly concerning safety signals with eteplirsen but given the small number of patients and short follow-up times, harms could be missed. We consider the evidence to be insufficient ("I"), as certainty of net benefit based on currently available evidence is low."

### Ongoing and Unpublished Clinical Trials

Some currently ongoing and unpublished trials that might influence this review are listed in Table 23.

**Table 23. Summary of Key Trials**

<b>NCT No.</b>	<b>Trial Name</b>	<b>Planned Enrollment</b>	<b>Completion Date</b>
<b>Eteplirsen</b>			
<i>Ongoing</i>			
NCT03218995 <sup>a</sup>	An Open-Label Safety, Tolerability, and Pharmacokinetics Study of Eteplirsen in Young Patients with Duchenne Muscular Dystrophy Amenable to Exon 51 Skipping	12	Mar 2021
NCT03992430 <sup>a</sup>	A Study to Compare Safety and Efficacy of a High Dose of Eteplirsen in Duchenne Muscular Dystrophy (DMD) Patients (MIS51ON)	152	Feb 2026
<i>Unpublished</i>			
NCT02420379 <sup>a</sup>	An Open-Label, Multi-Center Study to Evaluate the Safety, Efficacy, and Tolerability of Eteplirsen in Early Stage Duchenne Muscular Dystrophy	33	Dec 2018
NCT02255552 <sup>a</sup>	Study of Eteplirsen in DMD Patients (PROMOVI)	109	July 2020
<b>Golodirsen</b>			
<i>Ongoing</i>			
NCT04708314	An Open-Label Study of Golodirsen in Non-Ambulant Patients With Duchenne Muscular Dystrophy	12	Oct 2023
NCT03532542	An Extension Study to Evaluate Casimersen or Golodirsen in Patients With Duchenne Muscular Dystrophy	260	Aug 2026
<b>Viltolarsen</b>			
NCT04687020	Long-term Use of Viltolarsen in Boys With Duchenne Muscular Dystrophy in Clinical Practice (VILT-502)	16	Nov 2031

NCT04060199	Study to Assess the Efficacy and Safety of Viltolarsen in Ambulant Boys With DMD (RACER53)	74	Dec 2024
<b>Casimersen</b>			
NCT04179409	A 48-Week, Open Label, Study to Evaluate the Efficacy and Safety of Casimersen, Eteplirsen and Golodirsen in Subjects With Duchenne Muscular Dystrophy Carrying Eligible DMD Duplications	6	Sep 2022
NCT02500381	Study of SRP-4045 and SRP-4053 in DMD Patients (ESSENCE)	222	May 2023
NCT03532542	An Extension Study to Evaluate Casimersen or Golodirsen in Patients with Duchenne Muscular Dystrophy	260	Aug 2026

NCT: national clinical trial.

Planned enrollment and completion date were changed according to [clinicaltrials.gov](https://clinicaltrials.gov)

<sup>a</sup> Denotes industry sponsorship or co-sponsorship.

## CODING

**The following codes for treatment and procedures applicable to this policy are included below for informational purposes. Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.**

### CPT/HCPCS

96365	Intravenous infusion, for therapy, prophylaxis, or diagnosis (specify substance or drug); initial, up to 1 hour
J1427	Injection, viltolarsen, 10 mg
J1428	Injection, eteplirsen, 10mg
J1429	Injection, golodirsen, 10 mg
J3490	Unclassified drugs

### ICD-10 DIAGNOSES

Experimental / Investigational for all diagnoses related to this medical policy.

## REVISIONS

01-19-2017	Policy added to bcbsks.com web site 12-20-2016. Policy effective 01-19-2017.
12-29-2017	Description section updated
	Rationale section updated
	In Coding section: <ul style="list-style-type: none"> <li>▪ Removed HCPCS Codes: J3490, J3590</li> <li>▪ Added HCPCS Code: J1428 (Effective 01-01-2018)</li> </ul>
	References updated
03-13-2019	Description section updated
	Rationale section updated
	References updated
04-20-2020	Policy published 03-20-2020. Policy effective 04-20-2020.

	Title revised from "Eteplirsen (Exondys 51) for Duchenne Muscular Dystrophy" to "Eteplirsen (Exondys 51) and Golodirsen (Vondys 53)"
	Description section updated
	In Policy section: <ul style="list-style-type: none"> <li>▪ Added Item B "The use of Golodirsen is considered experimental / investigational for all indications, including but not limited to Duchenne muscular dystrophy."</li> <li>▪ Policy Guidelines removed</li> </ul>
	Rationale section updated
	In Coding section: <ul style="list-style-type: none"> <li>▪ Added HCPCS Code: J3490</li> </ul>
	References updated
09-18-2020	Title Changed from "Eteplirsen (Exondys 51) and Golodirsen (Vondys 53) for Duchenne Muscular Dystrophy" to "Treatment for Duchenne Muscular Dystrophy"
	Description section updated
	In Policy section: <ul style="list-style-type: none"> <li>▪ Revised the policy statement to one E/I statement from two E/I statements, which does not change the intent of the policy.</li> </ul> <p>TO: "The use of eteplirsen and golodirsen is considered experimental / investigational for all indications, including treatment of Duchenne muscular dystrophy."</p> <p>FROM: "A. The use of eteplirsen is considered experimental / investigational for all indications, including, but not limited to the treatment of Duchenne muscular dystrophy B. The use of Golodirsen is considered experimental / investigational for all indications, including but not limited to Duchenne muscular dystrophy."</p> <ul style="list-style-type: none"> <li>▪ Policy Guidelines removed.</li> </ul>
	Rationale section updated
	References updated
05-21-2021	Description Section updated
	In the Policy section <ul style="list-style-type: none"> <li>• Added "antisense oligonucleotides (such as viltolarsen,"</li> </ul>
	Rationale Section updated
	In Coding Section Added HCPCS codes J1427 and J1429
	Updated References
06-21-2021	Description Section updated
	In the Policy section <ul style="list-style-type: none"> <li>• Added "casimersen"</li> </ul>
	Rationale Section updated
	Updated References

## REFERENCES

1. Bushby K, Finkel R, Birnkrant DJ, et al. Diagnosis and management of Duchenne muscular dystrophy, part 1: diagnosis, and pharmacological and psychosocial management. *Lancet Neurol*. Jan 2010; 9(1): 77-93. PMID 19945913
2. Center for Disease Control and Prevention. Muscular Dystrophy: MD STARnet Data and Statistics. 2016; <http://www.cdc.gov/ncbddd/muscular dystrophy/data.html>. Accessed January 25, 2021.
3. Falzarano MS, Scotton C, Passarelli C, et al. Duchenne Muscular Dystrophy: From Diagnosis to Therapy. *Molecules*. Oct 07 2015; 20(10): 18168-84. PMID 26457695
4. Committee for Medicinal Products for Human Use (CHMP) Assessment Report: Exondys. Published September 20, 2018, Available at

- [https://www.ema.europa.eu/en/documents/assessment-report/exondys-epar-refusal-public-assessment-report\\_en.pdf](https://www.ema.europa.eu/en/documents/assessment-report/exondys-epar-refusal-public-assessment-report_en.pdf). Accessed January 25, 2021.
5. Bushby K, Finkel R, Birnkrant DJ, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: implementation of multidisciplinary care. *Lancet Neurol*. Feb 2010; 9(2): 177-89. PMID 19945914
  6. Duchenne Muscular Dystrophy and Related Dystrophinopathies: Developing Drugs for Treatment Guidance for Industry. Published February 2018. <https://www.fda.gov/media/92233/download>. Accessed January 25, 2021.
  7. McDonald CM, Henricson EK, Abresch RT, et al. The 6-minute walk test and other endpoints in Duchenne muscular dystrophy: longitudinal natural history observations over 48 weeks from a multicenter study. *Muscle Nerve*. Sep 2013; 48(3): 343-56. PMID 23681930
  8. Henricson E, Abresch R, Han JJ, et al. The 6-Minute Walk Test and Person-Reported Outcomes in Boys with Duchenne Muscular Dystrophy and Typically Developing Controls: Longitudinal Comparisons and Clinically-Meaningful Changes Over One Year. *PLoS Curr*. Jul 08 2013; 5. PMID 23867975
  9. Mendell JR, Rodino-Klapac LR, Sahenk Z, et al. Eteplirsen for the treatment of Duchenne muscular dystrophy. *Ann Neurol*. Nov 2013; 74(5): 637-47. PMID 23907995
  10. Mendell JR, Goemans N, Lowes LP, et al. Longitudinal effect of eteplirsen versus historical control on ambulation in Duchenne muscular dystrophy. *Ann Neurol*. Feb 2016; 79(2): 257-71. PMID 26573217
  11. Food and Drug Administration. FDA Briefing Document: Peripheral and Central Nervous System Drugs Advisory Committee Meeting, April 25, 2016. NDA 206488. Eteplirsen. 2016; <https://www.fda.gov/media/97306/download>. Accessed January 25, 2021.
  12. Woodcock J, Dunn B. FDA Presentations for the April 25, 2016 Meeting of the Peripheral and Central Nervous System Drugs Advisory Committee. 2016; <https://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/PeripheralandCentralNervousSystemDrugsAdvisoryCommittee/UCM500821.pdf>. Accessed January 25, 2021.
  13. Center for Drug Evaluation and Research. Application Number: 206488orig1s000. Summary Review. 2016; [http://www.accessdata.fda.gov/drugsatfda\\_docs/nda/2016/206488\\_summary%20review\\_Redacted.pdf](http://www.accessdata.fda.gov/drugsatfda_docs/nda/2016/206488_summary%20review_Redacted.pdf). Accessed January 25, 2021.
  14. Kesselheim AS, Avorn J. Approving a Problematic Muscular Dystrophy Drug: Implications for FDA Policy. *JAMA*. Dec 13 2016; 316(22): 2357-2358. PMID 27775756
  15. Deflazacort, Eteplirsen, and Golodirsen for Duchenne Muscular Dystrophy: Effectiveness and Value. Institute for Clinical and Economic Review. [https://icer-review.org/wp-content/uploads/2018/12/ICER\\_DMD-Final-Report\\_081519-1.pdf](https://icer-review.org/wp-content/uploads/2018/12/ICER_DMD-Final-Report_081519-1.pdf). Accessed January 25, 2021.
  16. Khan N, Eliopoulos H, Han L, et al. Eteplirsen Treatment Attenuates Respiratory Decline in Ambulatory and Non-Ambulatory Patients with Duchenne Muscular Dystrophy. *J Neuromuscul Dis*. 2019; 6(2): 213-225. PMID 30856119
  17. McDonald CM, Henricson EK, Abresch RT, et al. Long-term effects of glucocorticoids on function, quality of life, and survival in patients with Duchenne muscular dystrophy: a prospective cohort study. *Lancet*. Feb 03 2018; 391(10119): 451-461. PMID 29174484
  18. Kinane TB, Mayer OH, Duda PW, et al. Long-Term Pulmonary Function in Duchenne Muscular Dystrophy: Comparison of Eteplirsen-Treated Patients to Natural History. *J Neuromuscul Dis*. NA 2018; 5(1): 47-58. PMID 29278896



19. Alfano LN, Charleston JS, Connolly AM, et al. Long-term treatment with eteplirsen in nonambulatory patients with Duchenne muscular dystrophy. *Medicine (Baltimore)*. Jun 2019; 98(26): e15858. PMID 31261494
20. Prescribing Label: VYONDYS 53 (golodirsen) injection, for intravenous use. [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2019/211970s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2019/211970s000lbl.pdf). Accessed January 25, 2021.
21. Frank DE, Schnell FJ, Akana C, et al. Increased dystrophin production with golodirsen in patients with Duchenne muscular dystrophy. *Neurology*. May 26 2020; 94(21): e2270-e2282. PMID 32139505
22. Clemens PR, Rao VK, Connolly AM, et al. Safety, Tolerability, and Efficacy of Viltolarsen in Boys With Duchenne Muscular Dystrophy Amenable to Exon 53 Skipping: A Phase 2 Randomized Clinical Trial. *JAMA Neurol*. Aug 01 2020; 77(8): 982-991. PMID 32453377
23. Center for Drug Evaluation and Research. Application Number: 212154Orig1s000. Summary Review. Available at [https://www.accessdata.fda.gov/drugsatfda\\_docs/nda/2020/212154Orig1s000SumR.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/nda/2020/212154Orig1s000SumR.pdf). Accessed on January 25, 2021.
24. Prescribing label VILTEPSO (viltolarsen) injection, for intravenous use. Initial U.S. Approval: 2020. Available at <https://www.vilteps.com/prescribing-information>. Accessed January 25, 2021
25. Prescribing Label: Amondys 45 (casimersen) injection, for intravenous use. Available at [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2021/213026lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2021/213026lbl.pdf). Accessed on March 10, 2021
26. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 2: respiratory, cardiac, bone health, and orthopaedic management. *Lancet Neurol*. Apr 2018; 17(4): 347-361. PMID 29395990
27. Birnkrant DJ, Bushby K, Bann CM, et al. Diagnosis and management of Duchenne muscular dystrophy, part 1: diagnosis, and neuromuscular, rehabilitation, endocrine, and gastrointestinal and nutritional management. *Lancet Neurol*. Mar 2018; 17(3): 251-267. PMID 29395989
28. Feingold B, Mahle WT, Auerbach S, et al. Management of Cardiac Involvement Associated With Neuromuscular Diseases: A Scientific Statement From the American Heart Association. *Circulation*. Sep 26 2017; 136(13): e200-e231. PMID 28838934
29. Gloss D, Moxley RT, Ashwal S, et al. Practice guideline update summary: Corticosteroid treatment of Duchenne muscular dystrophy: Report of the Guideline Development Subcommittee of the American Academy of Neurology. *Neurology*. Feb 02 2016; 86(5): 465-72. PMID 26833937