



Title: Video Electroencephalogram (EEG) Monitoring

Professional / Institutional

Original Effective Date: February 25, 1986 / February 1, 2007

Latest Review Date: January 9, 2025

Current Effective Date: January 9, 2025

State and Federal mandates and health plan member contract language, including specific provisions/exclusions, take precedence over Medical Policy and must be considered first in determining eligibility for coverage. To verify a member's benefits, contact <u>Blue Cross and Blue</u> <u>Shield of Kansas Customer Service</u>.

The BCBSKS Medical Policies contained herein are for informational purposes and apply only to members who have health insurance through BCBSKS or who are covered by a self-insured group plan administered by BCBSKS. Medical Policy for FEP members is subject to FEP medical policy which may differ from BCBSKS Medical Policy.

The medical policies do not constitute medical advice or medical care. Treating health care providers are independent contractors and are neither employees nor agents of Blue Cross and Blue Shield of Kansas and are solely responsible for diagnosis, treatment and medical advice.

If your patient is covered under a different Blue Cross and Blue Shield plan, please refer to the Medical Policies of that plan.

DESCRIPTION

Electroencephalographic video monitoring is the simultaneous recording of the EEG and video monitoring of patient behavior. This allows for the correlation of ictal and interictal electrical events with demonstrated or recorded seizure symptomatology. This type of monitoring allows the patient's face or entire body to be displayed on a video screen.

POLICY

- A. EEG video monitoring is **medically necessary** for the following indications, where the diagnosis cannot be made by neurological examination, standard EEG studies, and ambulatory cassette EEG monitoring, and non-neurological causes of symptoms (e.g., syncope, cardiac arrhythmias) have been ruled out:
 - 1. To differentiate epileptic events from psychogenic seizures; or
 - 2. To establish the specific type of epilepsy in poorly characterized seizure types where such characterization is medically necessary to select the most appropriate therapeutic regimen; **or**
 - 3. Upon individual case review, to establish the diagnosis of epilepsy in very young children; **or**
 - 4. For identification and localization of a seizure focus in persons with intractable epilepsy who are being considered for surgery; **or**
 - 5. Recurrent seizures when medicated with 2 or more anticonvulsants with therapeutic levels and no concurrent seizure-provoking medications.
- B. Once a diagnosis is determined, continued video EEG monitoring (e.g., for monitoring response to therapy or titrating medication dosages) is considered **not medically necessary**. Response to therapy can be assessed using standard EEG monitoring or ambulatory cassette EEG monitoring. The duration of ambulatory EEG monitoring that is considered medically necessary depends on the frequency of the person's symptoms that are being investigated, and generally can be completed in 3 to 5 days.
- C. Inpatient EEG video monitoring is considered **medically necessary** under the following conditions:
 - 1. The individual is undergoing surgical evaluation planning; or
 - 2. The individual has a known seizure disorder with continued seizures despite antiepileptic medications and no concurrent seizure provoking medications; **or**
 - 3. The plan includes rapid tapering and/or weaning of prescriptive antiepileptic drugs (AEDs); **or**
 - 4. The events under study are potential major motor and sustained life threatening.
- D. Inpatient EEG video monitoring is considered **not medically necessary** for all other indications.
- E. EEG video monitoring is **experimental / investigational** for all other indications.

Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

CODING

The following codes for treatment and procedures applicable to this policy are included below for informational purposes. This may not be a comprehensive list of procedure codes applicable to this policy.

Inclusion or exclusion of a procedure, diagnosis or device code(s) does not constitute or imply member coverage or provider reimbursement. Please refer to the member's contract benefits in effect at the time of service to determine coverage or non-coverage of these services as it applies to an individual member.

The code(s) listed below are medically necessary ONLY if the procedure is performed according to the "Policy" section of this document.

CPT/HCPCS		
95700	Electroencephalogram, includes video. Also includes setup and patient education	
95711	Electroencephalogram with video, 2-12 hours; unmonitored	
95712	Electroencephalogram with video, 2-12 hours; with intermittent monitoring and	
	maintenance	
95713	Electroencephalogram with video, 2-12 hours; with continuous, real-time	
	monitoring and maintenance	
95714	Electroencephalogram with video, each increment of 12-26 hours; unmonitored	
95715	Electroencephalogram with video, each increment of 12-26 hours; with intermittent	
	monitoring and maintenance	
95716	Electroencephalogram with video, each increment of 12-26 hours; with continuous,	
	real-time monitoring and maintenance	
95718	Electroencephalogram, continuous recording, 2-12 hours of EEG recording; with	
	video	
95720	Electroencephalogram, each increment of greater than 12 hours, up to 26 hours of	
	EEG recording; with video	
95722	Electroencephalogram (EEG), continuous recording, physician or other qualified	
	health care professional review of recorded events, analysis of spike and seizure	
	detection, interpretation, and summary report, complete study; greater than 36	
	hours, up to 60 hours of EEG recording, with video (VEEG)	
95724	Electroencephalogram (EEG), continuous recording, physician or other qualified	
	health care professional review of recorded events, analysis of spike and seizure	
	detection, interpretation, and summary report, complete study; greater than 60	
0	hours, up to 84 hours of EEG recording, with video (VEEG)	
95726	Electroencephalogram; greater than 84 hours of EEG recording, with video	

REVISIONS	
06-26-2013	Policy reviewed.
	In Coding section:
	 Added CPT codes: 95819 and 95956.
02-20-2014	In Policy section:
	 Added Item E, "Recurrent seizures when medicated with 2 or more anticonvulsants with therapeutic levels and no concurrent seizure-provoking medications."
	In Coding section:

Current Procedural Terminology © American Medical Association. All Rights Reserved. Blue Cross and Blue Shield Kansas is an independent licensee of the Blue Cross Blue Shield Association

REVISIONS	
	 Added ICD-10 Diagnosis (Effective October 1, 2014)
09-15-2016	Policy Reviewed with no changes made.
01-01-2020	Updated Coding section:
	 Added CPT Codes: 95700, 95711, 95712, 95713, 95714, 95715, 95716, 95718,
	95720, 95726
06.07.2021	Removed CPT Code: 95819, 95950, 95951, 95956
06-07-2021	Updated Coding section:
	 Added CPT Codes: 95722, 95724
	 Added ICD-10 Codes: G40.833, G40.834
06-15-2022	Medical policy reviewed with no revisions made
08-08-2023	Updated Coding Section
	Removed ICD-10 Codes
11-20-2024	Medical policy reviewed with no revisions made.
Posted	Updated Policy Section
12-10-2024	 Added Section C and D
Effective 01-09-2025	C. Inpatient EEG video monitoring is considered medically necessary under the following conditions:
	1. The individual is undergoing surgical evaluation planning; or
	2. The individual has a known seizure disorder with continued seizures
	despite antiepileptic medications and no concurrent seizure provoking
	medications; or
	3. The plan includes rapid tapering and/or weaning of prescriptive
	antiepileptic drugs (AEDs); or
	 The events under study are potential major motor and sustained life threatening
	threatening.
	D. Inpatient EEG video monitoring is considered not medically necessary for all
	other indications.

REFERENCES

- 1. Abubakr A, Wambacq I. Seizures in the elderly: Video/EEG monitoring analysis. Epilepsy Behav. 2005;7(3):447-450.
- 2. Alsaadi TM, Marquez AV. Psychogenic nonepileptic seizures. Am Fam Physician. 2005;72(5):849-856.
- 3. Boon PA, Williamson PD. The diagnosis of pseudoseizures. Clin Neurol Neurosurg. 1993;95(1):1-8.
- 4. Bowman ES, Coons PM. The differential diagnosis of epilepsy, pseudoseizures, dissociative identity disorder, and dissociative disorder not otherwise specified. Bull Menninger Clin. 2000;64(2):164-180.
- 5. Cascino GD. Use of routine and video electroencephalography. Neurol Clin. 2001;19(2):271-287.
- 6. Cascino GD. Clinical indications and diagnostic yield of video-electroencephalographic monitoring in patients with seizures and spells. Mayo Clin Proc. 2002;77(10):1111-1120.
- 7. Cascino GD. Video-EEG monitoring in adults. Epilepsia. 2002;43 Suppl 3:80-93.
- Chapell R, Reston J, Snyder D, et al. Management of treatment-resistant epilepsy. Evidence Report/Technology Assessment No. 77. Prepared by the ECRI Evidence-based Practice Center for the Agency for Healthcare Research and Quality (AHRQ). AHRQ Publication Number 03-0028. Rockville, MD: AHRQ; May 2003. Available at: http://www.ahrq.gov/clinic/evrptfiles.htm#trepilep. Accessed May 5, 2004.

- 9. Cossu M, Cardinale F, Colombo N, et al. Stereoelectroencephalography in the presurgical evaluation of children with drug-resistant focal epilepsy. J Neurosurg. 2005;103(4 Suppl):333-343.
- 10. Cragar DE, Berry DT, Fakhoury TA, et al. A review of diagnostic techniques in the differential diagnosis of epileptic and nonepileptic seizures. Neuropsychol Rev. 2002;12(1):31-64.
- 11. Erlichman M. Electroencephalographic (EEG) video monitoring. DHHS Publication No. (PHS) 91-3471. Rockville, MD: Agency for Healthcare Policy and Research (AHCPR); December 1990:1-14.
- 12. Leis AA. Psychogenic seizures. The Neurologist. 1996;2:141-149.
- 13. Meierkord H, Will B, Fish D, Shorvon S. The clinical features and prognosis of pseudoseizures diagnosed using video-EEG telemetry. Neurology. 1991;41(10):1643-1646.
- 14. Ross SD, Estok R, Chopra S, et al. Management of newly diagnosed patients with epilepsy: A systematic review of the literature. Evidence Report/Technology Assessment No. 39. Prepared by MetaWorks, Inc. for the Agency for Healthcare Research and Quality (AHRQ). AHRQ Publication No. 01-E038. Rockville, MD: AHRQ; September 2001. Available at: http://www.ahrq.gov/clinic/evrptfiles.htm#trepilep. Accessed May 5, 2004.
- 15. Scottish Intercollegiate Guidelines Network (SIGN). Diagnosis and management of epilepsy in adults. A national clinical guideline. SIGN Publication No. 70. Edinburgh, Scotland: SIGN; April 2003.
- 16. Scottish Intercollegiate Guidelines Network (SIGN). Diagnosis and management of epilepsies in children and young people. SIGN Publication No. 81. Edinburgh, Scotland: SIGN; March 2005.
- 17. Sheth RD. Intractable pediatric epilepsy: Presurgical evaluation. Semin Pediatr Neurol. 2000;7(3):158-165.
- 18. Sundaram M, Sadler RM, Young GB, et al. EEG in epilepsy: Current perspectives. Can J Neuro Sci. 1999;26:255-262.
- 19. Valente KD, Freitas A, Fiore LA, et al. The diagnostic role of short duration outpatient V-EEG monitoring in children. Pediatr Neurol. 2003;28(4):285-291.
- 20. Wood BL, Haque S, Weinstock A, Miller BD. Pediatric stress-related seizures: Conceptualization, evaluation, and treatment of nonepileptic seizures in children and adolescents. Curr Opin Pediatr. 2004;16(5):523-531.
- 21. Wyllie E, Friedman D, Rothner AD, et al. Psychogenic seizures in children and adolescents: Outcome after diagnosis by ictal video and electroencephalographic recording. Pediatrics. 1990;85(4):480-484.
- 22. Noe, Semin Neurol 2011, 31:54-64.
- 23. Kwan et al., Epilepsia 2010, 51: 1069-77.
- 24. Berg, Neurol Clin 2009, 27: 1003-13.
- Tatum, W. O., Mani, J., Jin, K., Halford, J. J., Gloss, D., Fahoum, F., Maillard, L., Mothersill, I., & Beniczky, S. (2022). Minimum standards for inpatient long-term video-EEG monitoring: A clinical practice guideline of the international league against epilepsy and international federation of clinical neurophysiology. Clinical neurophysiology : official journal of the International Federation of Clinical Neurophysiology, 134, 111–128. <u>https://doi.org/10.1016/j.clinph.2021.07.016</u>.
- 26. Baumgartner, C., & Pirker, S. (2019). Video-EEG. Handbook of clinical neurology, 160, 171–183. https://doi.org/10.1016/B978-0-444-64032-1.00011-4.
- 27. Tatum W. O. (2019). Editorial: Outcome of ambulatory video-EEG monitoring in a ~10,000 patient nationwide cohort. Seizure, 66, 112–113.

https://doi.org/10.1016/j.seizure.2019.02.016.

OTHER REFERENCES

- 1. Blue Cross and Blue Shield of Kansas Internal Medicine Liaison Committee, August 30, 2006 (see Blue Cross and Blue Shield of Kansas Newsletter, Blue Shield Report. MAC–03-06).
- 2. Blue Cross and Blue Shield of Kansas Medical Advisory Committee (MAC) meeting, November 2, 2006 (see Blue Cross and Blue Shield of Kansas Newsletter, Blue Shield Report. MAC–03-06).