


















COVID-19 vs. Cold vs. Flu

SYMPTOMS IN ADULTS	COVID-19* (Gradual onset)	COLD (Sudden onset)	FLU (Sudden onset)
 Fever	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days
 General aches, pains	Common, sometimes severe	Slight	Common, often severe
 Fatigue, weakness	Common (can lead to unexplained falls in elderly)	Slight	Common, often severe
 Extreme exhaustion	Common	Never	Common (starts early)
 Cough	Common	Mild to moderate	Common, can become severe
 Shortness of breath	Common	Rare	Rare
 Chest pain	Common	Rare	Common
 Poor appetite	Common	Sometimes	Common
 Nausea, vomiting, abdominal pain	Common	Rare	Sometimes
 Diarrhea	Common	No	Sometimes
 Loss of smell or taste	Often	Rare (congestion could impact smell)	No
 Chills	Sometimes	Rare	Common
 Headache	Sometimes	Rare	Intense
 Sore throat	Sometimes	Common	Common
 Runny nose	Sometimes	Common	Sometimes
 Stuffy nose	Rare	Common	Sometimes
 Sneezing	Rare	Common	Sometimes

For more information: coronavirus.kdheks.gov